



# ASSISTED LIVING

## Merry Heart Assisted Living

118 Main Street  
Succasunna, NJ 07876

# AUGUST 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>1</b></p> <p>9:00 Meet &amp; Greet <b>10:00 Worship W/ Chaplain Sue B</b> 11:00 Morning Stretch B 1:00 Sharing Memories 2:00 Bingo! G 3:15 Snack &amp; Chat B 3:30 Table Games</p>	<p><b>2</b></p> <p>9:00 Meet &amp; Greet 10:00 Sit &amp; Be Fit B 10:45 Tunes &amp; Trivia B 2:00 Bingo! G <b>3:30 Happy Hour B</b> 5:30 Fun &amp; Games L</p>	<p><b>3</b></p> <p><b>Hairdresser 8 am</b> 9:00 Meet &amp; Greet 10:00 Sit &amp; Be Fit B <b>10:30 Blackjack! T</b> 10:45 Word Wise B 1:00 Travelogue 2:00 Bingo! G 3:15 Snacks B <b>4:00 Catholic Mass B</b></p>	<p><b>4</b></p> <p>9:00 Meet &amp; Greet 10:00 Yoga-Chi B 10:45 Thoughtful Thursday Crafts G 1:00 Fun in the Sun P 2:00 Bingo! G 3:30 Summer Social B</p>	<p><b>5</b></p> <p><b>Root Beer Float Day</b> 9:00 Meet &amp; Greet 10:00 Music &amp; Motion B <b>10:30 Blackjack Time! T</b> <b>12:00 BBQ Lunch</b> <b>1:00 TGIF- Ed Clark L</b> 2:00 Bingo! G 3:15 Divine Mercy 3:15 Friday Snack Shack</p>	<p><b>6</b></p> <p>9:00 Meet &amp; Greet 10:00 Exercise B 10:30 Word Games B 1:00 Music/50's 591 2:00 Bingo! G 3:15 Snack &amp; Chat B 4:00 Nail Flair B</p>	
<p><b>7</b></p> <p>9:00 Meet &amp; Greet 9:30 Bible Study 591 <b>10:30 Catholic Mass L</b> 2:00 Bingo! G 3:15 Sunday Social B 3:30 Dominoes B</p> 	<p><b>8</b></p> <p>9:00 Meet &amp; Greet 11:00 Morning Stretch B 1:00 Sharing Memories 2:00 Bingo! G 3:15 Snack &amp; Chat B 3:30 Table Games</p>	<p><b>9</b></p> <p>9:00 Meet &amp; Greet 10:00 Sit &amp; Be Fit B 10:45 Tunes &amp; Trivia B 2:00 Bingo! G <b>3:30 Happy Hour B</b> 5:30 Fun &amp; Games L</p>	<p><b>10</b></p> <p><b>Hairdresser 8 am</b> 9:00 Meet &amp; Greet 10:00 Sit &amp; Be Fit B 10:45 Word Games B 1:00 Travelogue 2:00 Bingo! G 3:15 Snacks B <b>4:00 Catholic Mass B</b></p>	<p><b>11</b></p> <p>9:00 Meet &amp; Greet 10:00 Yoga-Chi B 10:45 Thoughtful Thursday Crafts G 2:00 Bingo! G 3:30 Cookie Social B 5:30 Fun &amp; Games L</p>	<p><b>12</b></p> <p>9:00 Meet &amp; Greet 10:00 Music &amp; Motion B <b>10:30 Blackjack Time! T</b> <b>12:00 BBQ Lunch</b> 2:00 Bingo! G 3:15 Divine Mercy 3:15 Friday Snack Shack</p>	<p><b>13</b></p> <p>9:00 Meet &amp; Greet 10:00 Exercise B 10:30 Bible Study B 1:00 Classical Music 591 2:00 Bingo! G 3:15 Snack &amp; Chat B 4:00 Nail Flair B</p>
<p><b>14</b></p> <p>9:00 Meet &amp; Greet 9:30 Bible Study 591 <b>10:30 Catholic Mass L</b> 1:00 Bible Study 591 2:00 Bingo! G 3:15 Sunday Social B 3:30 Dominoes B</p>	<p><b>15</b></p> <p>9:00 Meet &amp; Greet <b>10:00 Worship with Chaplain Sue B</b> 11:00 Morning Stretch B 1:00 Sharing Memories 2:00 Bingo! G 3:15 Snack &amp; Chat B 3:30 Table Games</p>	<p><b>16</b></p> <p>9:00 Meet &amp; Greet 10:00 Sit &amp; Be Fit B 10:45 Tunes &amp; Trivia B 2:00 Bingo! G <b>3:30 Happy Hour B</b></p> 	<p><b>17</b></p> <p><b>Hairdresser 8 am</b> 9:00 Meet &amp; Greet 10:00 Sit &amp; Be Fit <b>10:30 Blackjack! T</b> 10:45 Word Wise B 1:00 Travelogue 2:00 Bingo! G 3:15 Snacks B <b>4:00 Catholic Mass B</b></p>	<p><b>18</b></p> <p>9:00 Meet &amp; Greet 10:00 Yoga-Chi B <b>10:30 Food Committee Meeting B</b> 2:00 Bingo! G <b>3:30 Music Social-DJ Bernie</b></p> 	<p><b>19</b></p> <p>9:00 Meet &amp; Greet 10:00 Music &amp; Motion B <b>10:30 Blackjack Time! T</b> <b>12:00 BBQ Lunch</b> 2:00 Bingo! G 3:15 Divine Mercy 3:15 Friday Snack Shack</p>	<p><b>20</b></p> <p>9:00 Meet &amp; Greet 10:00 Exercise B 10:30 Word Games B 1:00 Jazz Music 591 2:00 Bingo! G 3:15 Snack &amp; Chat B 4:00 Nail Flair B</p>
<p><b>21</b></p> <p>9:00 Meet &amp; Greet 9:30 Bible Study 591 <b>10:30 Catholic Mass L</b> 2:00 Bingo! G 3:15 Sunday Social B 3:30 Dominoes B</p>	<p><b>22</b></p> <p>9:00 Meet &amp; Greet <b>10:00 Worship W/ Chaplain Sue B</b> 11:00 Morning Stretch B 1:00 Sharing Memories 2:00 Bingo! G 3:15 Snack &amp; Chat B 3:30 Table Games</p>	<p><b>34</b></p> <p>9:00 Meet &amp; Greet 10:00 Sit &amp; Be Fit B <b>11:00 Resident Council Meeting B</b> 2:00 Bingo! G <b>3:30 Happy Hour B</b></p>	<p><b>24</b></p> <p><b>Hairdresser 8 am</b> 9:00 Meet &amp; Greet 10:00 Sit &amp; Be Fit B <b>10:30 Blackjack! T</b> 10:45 Word Games B 1:00 Travelogue 2:00 Bingo! G 3:15 Snacks B <b>4:00 Catholic Mass B</b></p>	<p><b>25</b></p> <p>9:00 Meet &amp; Greet 10:00 Yoga-Chi B 10:45 Thoughtful Thursday Crafts G 1:00 Fun in the Sun P 2:00 Bingo! G 3:30 Summer Social B</p>	<p><b>26</b></p> <p>9:00 Meet &amp; Greet 10:00 Music &amp; Motion B <b>10:30 Blackjack Time! T</b> <b>12:00 BBQ Lunch</b> <b>1:00 TGIF- Ed Clark L</b> 2:00 Bingo! G 3:15 Divine Mercy 3:15 Friday Snack Shack</p>	<p><b>27</b></p> <p>9:00 Meet &amp; Greet 10:00 Exercise B 10:30 Bible Study B 1:00 Music/40s 591 2:00 Bingo! G 3:15 A Snack &amp; Chat B</p>
<p><b>28</b></p> <p>9:00 Meet &amp; Greet 9:30 Bible Study 591 <b>10:30 Catholic Mass L</b> 2:00 Bingo! G 3:15 Sunday Social B 3:30 Dominoes B</p>	<p><b>29</b></p> <p>9:00 Meet &amp; Greet <b>10:00 Worship with Chaplain Sue B</b> 11:00 Morning Stretch B 1:00 Sharing Memories 2:00 Bingo! G 3:15 Snack &amp; Chat B 3:30 Table Games</p>	<p><b>30</b></p> <p>9:00 Meet &amp; Greet 10:00 Sit &amp; Be Fit B 10:45 Tunes &amp; Trivia B 2:00 Bingo! G <b>3:30 Happy Hour B</b></p> 	<p><b>31</b></p> <p><b>Hairdresser 8 am</b> 9:00 Meet &amp; Greet 10:00 Sit &amp; Be Fit B <b>10:30 Blackjack! T</b> 10:45 Word Wise B 1:00 Travelogue 2:00 Bingo! G 3:15 Snacks B <b>4:00 Catholic Mass B</b></p>		<p><b>Activity Calendar is Subject to Change &amp; Subject to Covid 19 Precautions!</b></p>	<p><b>Video Calls Can Be Scheduled through MH Website</b></p>

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