

ASSISTED LIVING

Merry Heart Assisted Living

118 Main Street
Succasunna, NJ 07876

DECEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Activity Calendar is Subject to Change & Subject to Covid 19 Precautions!	Video Calls Can Be Scheduled through MH Website	1 9:00 Meet & Greet 10:00 Yoga-Chi B 10:45 Thoughtful Thursday Crafts G 2:00 Bingo! G 3:30 Fall Social B	2 9:00 Meet & Greet 10:00 Music & Motion B 10:30 Blackjack Time! L 1:00 TGIF- Ed Clark L 2:00 Bingo! G 3:15 Divine Mercy 3:15 Friday Snack Shack Christmas Boutique in Lobby 10am	3 9:00 Meet & Greet 10:00 Exercise B 10:30 Word Games B 1:00 Music/50's 591 2:00 Bingo! G 3:15 Snack & Chat B 4:00 Nail Flair B
4 9:00 Meet & Greet 10:30 Catholic Mass L 2:00 Bingo! G 3:15 Sunday Social B 3:30 Dominoes B 	5 9:00 Meet & Greet 10:00 Sit & Be Fit B 1:00 Sharing Memories 2:00 Bingo! G 3:15 Snack & Chat B 3:30 Table Games L	6 9:00 Meet & Greet 10:00 Worship with Chaplain Sue B 11:00 Morning Stretch B 2:00 Albert Mulad's Christmas Violin Concerto L 3:30 Happy Hour B	7 Hairdresser 8 am 9:00 Meet & Greet 10:00 Sit & Be Fit B 10:30 Black Jack L 1:00 Travelogue 2:00 Bingo! G 3:15 Snacks B 3:45 Catholic Mass L Shopping Day	8 9:00 Meet & Greet 10:00 Yoga-Chi B 10:30 Food Committee Meeting B 2:00 Bingo! G 3:30 Cookie Social B 5:30 Fun & Games L	9 9:00 Meet & Greet 10:00 Music & Motion B 11:30 Blackjack Time L 1:00 TGIF- Ed Clark L 2:00 Bingo! G 3:15 Divine Mercy 3:15 Friday Snack Shack	10 9:00 Meet & Greet 10:00 Exercise 10:30 Bible Study B 1:00 Classical Music 591 2:00 Bingo! G 3:15 Snack & Chat B
11 9:00 Meet & Greet 10:30 Catholic Mass L 1:00 Bible Study 591 2:00 Bingo! G 3:15 Ice Cream Social.B 3:30 Dominoes B	12 9:00 Meet & Greet 10:00 Sit & Be Fit B 10:45 Tunes & Trivia P 1:00 Joyful Memories P 2:00 Bingo! G 3:15 Snack & Chat B	13 9:00 Meet & Greet 10:00 Worship with Chaplain Sue B 11:00 Resident Council Meeting B 2:00 Bingo! G 3:30 Happy Hour B	14 Hairdresser 8 am 9:00 Meet & Greet 10:00 Sit & Be Fit B 10:30 Blackjack! L 1:00 Travelogue 2:00 Bingo! G 3:45 Catholic Mass L	15 9:00 Meet & Greet 10:00 Yoga-Chi B 10:45 Thoughtful Thursday Crafts G 2:00 Bingo! G 3:30 Fall Social B	16 Barber 9:00 Meet & Greet 10:00 Music & Motion B 10:30 Blackjack Time! L 1:00 TGIF- Ed Clark 2:00 Bingo G 3:15 Friday Snack Shack	17 9:00 Meet & Greet 10:00 Exercise B 10:30 Word Games B 1:00 Jazz Music 591 2:00 Bingo! G 3:15 Snack & Chat B 4:00 Nail Flair B
18 9:00 Meet & Greet 10:30 Catholic Mass L 1:00 Bible Study 591 2:00 Bingo! G 3:15 Sunday Social B 3:30 Dominoes B 	19 9:00 Meet & Greet 10:00 Sit & Be Fit B 10:45 Tunes & Trivia P 1:00 Sharing Memories 2:00 Bingo! G 3:15 Snack & Chat B 3:30 Table Games L	20 9:00 Meet & Greet 10:00 Worship with Chaplain Sue B 11:00 Morning Stretch 2:00 Bingo! G 3:30 Happy Hour B	21 Hairdresser 8 am 9:00 Meet & Greet 10:00 Sit & Be Fit B 10:30 Blackjack! L 1:00 Travelogue 2:00 Bingo! G 3:15 Snacks B 3:45 Catholic Mass L	22 9:00 Meet & Greet 10:00 Yoga-Chi B 10:45 Thoughtful Thursday Crafts G 2:00 Bingo! G 3:00 Christmas Party W/ DJ Bernie	23 9:00 Meet & Greet 10:00 Music & Motion B 10:30 Blackjack Time! L 1:00 TGIF- Ed Clark L 2:00 Bingo! G 3:15 Divine Mercy 3:15 Friday Snack Shack	Christmas Eve 24 9:00 Meet & Greet 10:00 Exercise B 10:30 Bible Study B 1:00 Music/40s 591 2:00 Bingo! G 3:15 A Snack & Chat B 
25 9:00 Meet & Greet 10:30 Catholic Mass L 12:00 Christmas Lunch 1:00 Bible Study 591 2:00 Bingo! G 3:15 Sunday Social B 3:30 Dominoes B 	26 9:00 Meet & Greet 10:00 Sit & Be Fit B 10:45 Tunes & Trivia P 1:00 Sharing Memories 2:00 Bingo! G 3:15 Snack & Chat B 3:30 Table Games L	27 9:00 Meet & Greet 10:00 Worship with Chaplain Sue B 11:00 Morning Stretch B 2:00 Bingo G 3:30 Happy Hour B 	28 Hairdresser 8 am 9:00 Meet & Greet 10:00 Sit & Be Fit B 10:30 Blackjack! L 1:00 Travelogue 2:00 Bingo! G 3:15 Snacks B 3:45 Catholic Mass L	29 New Year's Party 29 9:00 Meet & Greet 10:00 Yoga-Chi B 10:45 Thoughtful Thursday Crafts G 2:00 Bingo! G 3:00 New Year's Party W/ John Diaz	30 9:00 Meet & Greet 10:00 Music & Motion B 10:30 Blackjack Time! T 1:00 TGIF- Ed Clark L 2:00 Bingo! G 3:15 Divine Mercy 3:15 Friday Snack Shack	New Year's Eve 31 9:00 Meet & Greet 10:00 Exercise B 10:30 Word Games B 1:00 Music/50's 591 2:00 Bingo! G 3:15 Snack & Chat B 4:00 Nail Flair B 