

ASSISTED LIVING

Merry Heart Assisted Living

118 Main Street
Succasunna, NJ 07876

January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Video Calls can be scheduled through the MH Website. Activity Calendar is Subject to Change.	1 <u>New Years Day</u> 10:00 Sit & Be Fit 10:30 Blackjack 10:45 Find the Difference 1:15 Categories 2:00 Bingo! 3:30 Beading and Art	2 10:00 Worship w/ Chaplain Sue 10:00 Music in Motion 10:45 Casino Fun 1:00 Ed Clark-Piano 2:00 Bingo! 3:00 Find My Card 3:45 Poker	3 10:00 Exercise 10:30 Pet Therapy 10:30 Blackjack 10:45 Animal Farm Bingo 1:00 Crafts 2:00 Bingo Plus 3:00 My Era
4 10:30 Catholic Mass 12:00 Wine and Dine 1:15 Pinochle 2:00 Bingo Plus 3:30 Tabletop Talk 3:30 Canasta	5 10:00 Yoga-Chi 10:30 Find the Difference 1:15 Dice Game 2:00 Bingo! 3:30 Trivia 4:00 Nail Flair	6 10:00 Morning Stretch 10:30 Blackjack 1:15 Concentration Games 2:00 Bingo! 3:30 Happy Hour	7 <u>Hairdresser 8am</u> 10:00 Sit & Be Fit 10:45 Word Games 1:15 Dice Game 2:00 Bingo 3:45 Catholic Mass	8 10:00 Sit & Be Fit 10:30 Blackjack 10:45 Find the Difference 1:15 Categories 2:00 Bingo! 3:30 Beading and Art	9 <u>Barber 9am</u> 10:00 Music in Motion 10:45 Casino fun in Bistro! <u>TGIF Ed Clark at the Piano L</u> 1:00 2:00 Bingo! 3:45 Poker	10 10:00 Exercise 10:30 Blackjack 10:45 Animal Farm Bingo 1:00 Crafts 2:00 Bingo Plus 3:00 My Era 3:45 Kim Dance Studio Performance 🎵
11 10:30 Catholic Mass 12:00 Wine and Dine 1:15 Pinochle 2:00 Bingo Plus 3:30 Table Talk 3:30 Canasta	12 10:00 Yoga-Chi 10:30 Find the Difference 1:15 Dice Game 2:00 Bingo! 3:30 Trivia 4:00 Nail Flair	13 10:00 Morning Stretch 10:30 BlackJack 1:15 Concentration Games 2:00 Bingo! 3:00 Happy Hour	14 <u>Hairdresser 8am</u> 10:00 Sit & Be Fit 10:45 Word Games 1:15 Dice Game 2:00 Bingo! 3:45 Catholic Mass	15 10:00 Sit & Be Fit 10:30 Blackjack 11:00 Winter Paint & Sip 1:15 Categories 2:00 Bingo! 3:00 Music w/ DJ Bernie 🎵	16 10:00 Worship w/ Chaplain Sue 10:00 Music in Motion 10:45 Casino Fun 1:00 Ed Clark-Piano 2:00 Bingo! 3:00 Find My Card 3:45 Poker	17 10:00 Exercise 10:30 Blackjack 10:45 Animal Farm Bingo 1:00 Crafts 2:00 Bingo Plus 3:00 My Era
18 10:30 Catholic Mass 12:00 Wine and Dine 1:00 Pinochle 1:15 Bingo 2:30 Movie Matinee	19 10:00 Yoga-Chi 10:30 Find the Difference 1:15 Dice Game 2:00 Bingo! 3:30 Trivia 4:00 Nail Flair	20 10:00 Morning Stretch 11:00 Music w/ Albert Mulad 🎵 1:15 Concentration Games 2:00 Bingo! 3:30 Happy Hour	21 <u>Hairdresser 8am</u> 10:00 Sit & Be Fit 10:45 Word Games 1:15 Dice Game 2:00 Bingo 3:45 Catholic Mass	22 10:00 Sit & Be Fit 10:30 Blackjack 10:45 Find the Difference 1:15 Categories 2:00 Bingo! 3:30 Beading and Art	23 10:00 Music in Motion 10:45 Casino Fun <u>TGIF Ed Clark at the Piano L</u> 1:00 2:00 Bingo! 3:00 Find My Card 3:45 Poker	24 10:00 Exercise 10:30 Blackjack 10:45 Animal Farm Bingo 1:00 Crafts 2:00 Bingo Plus 3:00 My Era
25 10:30 Catholic Mass 12:00 Wine and Dine 1:15 Pinochle 2:00 Bingo Plus 3:30 Table Talk 3:30 Canasta	26 10:00 Yoga-Chi 10:30 Find the Difference 1:15 Dice Game 2:00 Bingo! 3:30 Trivia 4:00 Nail Flair	27 10:00 Morning Stretch 10:30 Town Hall/ Food Committee 1:15 Concentration Games 2:00 Bingo! 3:00 Happy Hour	28 <u>Hairdresser 8am</u> 10:00 Sit & Be Fit 10:45 Word Games 1:15 Dice Game 2:00 Bingo! 3:45 Catholic Mass	29 10:00 Sit & Be Fit 10:30 Blackjack 10:45 Find the Difference 1:15 Categories 2:00 Bingo! 3:30 Music w/ Alexander & Rema 🎵	30 10:00 Worship w/ Chaplain Sue 10:00 Music in Motion 10:45 Casino Fun <u>TGIF Ed Clark at the Piano L</u> 1:00 2:00 Bingo!	31 10:00 Exercise 10:30 Blackjack 10:45 Kingo 1:00 Yahtzee & Bananagrams 2:00 Bingo Plus 3:30 Poker-Game Room