

ASSISTED LIVING

Merry Heart Assisted Living

118 Main Street
Succasunna, NJ 07876

SEPTEMBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 Morning Stretch 10:30 Blackjack 1:00 Concentration Games 2:00 Bingo! 3:30 Happy Hour	2 <u>Hairdresser 8am</u> <u>Wellness Wednesday</u> 10:00 Exercise 10:45 Smoothies 1:15 Dice Game 2:00 Bingo! 3:45 Catholic Mass	3 10:00 Sit & Be Fit 10:30 Blackjack 10:45 What's my % 1:15 What's My Line 1:45 Bingo! 2:45 Snack & Chat 🎵 3:30 Music w/ Alex & Reema	4 10:00 Music in Motion 10:45 Casino Fun <u>1:00 Ed Clark-Piano</u> 2:00 Bingo! 3:00 Find My Card 3:15 Snack & Chat 3:30 Poker	5 10:00 Exercise 10:30 Blackjack 10:45 Crafts 1:00 Match Game 2:00 Bingo Plus 3:15 Snack & Chat 3:45 Poker
6 10:30 Catholic Mass 12:00 Wine and Dine 1:15 Rebus 2:00 Bingo Plus 3:30 Find the Difference	7 10:00 Yoga-Chi 10:30 Find the Difference 1:15 Dice Game 2:00 Bingo! 3:30 Trivia 4:00 Nail Flair	8 <u>Barber 9am</u> 10:00 Morning Stretch 10:30 Bingo 1:00 Concentration Games 2:00 Bingo! 3:30 Happy Hour	9 <u>Hairdresser 8am</u> 10:00 Aromatherapy Hand Massages 10:45 Word Games 1:15 Dice Game 2:00 Bingo! 3:45 Catholic Mass	10 10:00 Sit & Be Fit 10:30 Blackjack 10:45 Hollywood Moments 1:00 What's My Line 2:00 Bingo! 3:15 Snack & Chat 3:30 Poker	11 10:00 Worship w/ Chaplain Sue 10:00 Music in Motion 10:45 Casino Fun <u>1:00 Ed Clark-Piano</u> 2:00 Bingo! 3:00 Find My Card 3:30 Poker	12 10:00 Exercise 10:30 Blackjack 10:45 Crafts 1:00 Match Game 2:00 Bingo Plus 3:15 Snack & Chat 3:45 Poker
13 <u>NATIONAL GRANDPARENTS DAY</u> 10:30 Catholic Mass 12:00 Wine and Dine 1:15 Rebus 2:00 Bingo Plus 3:30 Find the Difference 	14 <u>ASSISTED</u> 10:00 Yoga-Chi 10:30 Find the Difference 1:15 Dice Game 2:00 Bingo! 3:30 Trivia 4:00 Nail Flair	15 <u>LIVING</u> 10:00 Morning Stretch 10:30 Blackjack 1:00 Concentration Games 2:00 Bingo! 3:30 Happy Hour	16 <u>WEEK</u> <u>Hairdresser 8am</u> 10:00 Sit & Be Fit 10:45 Word Games 1:15 Dice Game 2:00 Bingo! 3:45 Catholic Mass	17 10:00 Sit & Be Fit 10:30 Blackjack 10:45 What's my % 1:15 What's My Line 2:00 Bingo! 3:15 Snack & Chat 3:30 Poker	18 10:00 Music in Motion 10:45 Casino Fun <u>1:00 Ed Clark-Piano</u> 1:30 Bingo! 3:15 Snack & Chat 3:30 Poker	19 <u>SUCKASUNNY DAY</u> 10:00am-3:00pm  3:30 Snack & Chat 3:45 Poker
20 10:30 Catholic Mass 12:00 Wine and Dine 1:15 Bingo 2:00 MOVIE MATINEE 4:00 Find the Difference	21 10:00 Yoga-Chi 10:30 Find the Difference 1:15 Dice Game 2:00 Bingo! 3:30 Trivia 4:00 Nail Flair	22 10:00 Morning Stretch 10:30 Town Hall/Food Comitee 1:15 Concentration Games 2:00 Bingo! 3:30 Happy Hour	23 <u>Hairdresser 8am</u> 10:00 Sit & Be Fit 10:45 Paint & Sip 1:15 Dice Game 2:00 Bingo! 3:45 Catholic Mass	24 10:00 Sit & Be Fit 10:30 Blackjack 10:45 What's my % 1:30 Bingo! 🎵 3:00 Birthday Celebrants w/ DJ Bernie	25 10:00 Worship w/ Chaplain Sue 10:00 Music in Motion 10:45 Casino Fun <u>1:00 Ed Clark-Piano</u> 2:00 Bingo! 3:00 Find My Card 3:30 Poker	26 10:00 Cooking w/ Bernadette 10:30 Blackjack 10:45 Kingo 1:00 Match Game 2:00 Bingo Plus 3:15 Snack & Chat 3:30 Poker-Game Room
27 10:30 Catholic Mass 12:00 Wine and Dine 1:15 Rebus 2:00 Bingo Plus 3:30 Find the Difference	28 10:00 Yoga-Chi 10:30 Find the Difference 1:15 Dice Game 2:00 Bingo! 3:30 Trivia 4:00 Nail Flair	29 10:00 Morning Stretch 10:30 Blackjack 1:00 Concentration Games 2:00 Bingo! 3:30 Happy Hour	30 <u>Hairdresser 8am</u> 10:00 Sit & Be Fit 11:00 Music w/ Albert Mulad 🎵 1:15 Dice Game 2:00 Bingo! 3:45 Catholic Mass	Activity Calendar is Subject to Change		 'TIS THE SEASON