

MEMORY LANE MHAL

Merry Heart Assisted Living

118 Main Street
Succasunna, NJ 07876

MARCH 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Happy St. Patrick's Day</p>						<p>Video Calls can be scheduled through the MH Website Activity Calendar is Subject to Change</p> <p>9:30 Weekend Workout 10:30 Trivia 1:00 Sing along 2:00 Bingo! 3:15 Snack & Chat</p>
2	3	4	5	6	7	8
<p>9:00 Sunday Café 10:30 Catholic Mass 1:00 Game Toss 2:00 Bingo 3:15 Snack & Chat 3:45 Storytime</p>	<p>9:30 Morning Stretch 10:30 Word Games 1:00 Meditation Monday 2:00 Bingo 3:00 Snacks 3:45 Nail Flair</p>	<p>9:30 Sit & Be Fit 10:30 Worship on TV 1:00 Christmas Trivia 2:00 Basketball Fun! 3:00 Snacks 3:15 Group Sing Along in Lobby</p>	<p>Ash Wednesday Hairdresser Sam 9:30 Balloon Toss 10:30 Board Games 1:00 Relaxation Time 2:00 Bingo Fun! 3:45 Catholic Mass</p>	<p>A & L Sales 9:30 Chair Exercises 10:30 Let's Play Cards! 1:00 Relaxation Time 2:00 Instrumental Fun 3:00 Musical Social</p>	<p>9:30 Friday Fitness 10:30 Brain Games TGIF - Ed Clark 1:00 2:00 Bingo! 3:15 Snack Shack</p>	<p>9:30 Weekend Workout 10:30 Trivia 1:00 Word Games 2:00 Bingo! 3:15 Snack & Chat</p>
9	10	11	12	13	14	15
<p>9:00 Sunday Café 10:30 Catholic Mass 1:00 Game Toss 2:00 Bingo 3:15 Snack & Chat 3:30 Music w/ Albert Mulad</p>	<p>9:30 Morning Stretch 10:30 Word Games 1:00 Meditation Monday 2:00 Nail Flair 3:00 Snacks 3:45 Meditation</p>	<p>9:30 Game Room! 10:30 Sit & Be Fit 1:00 St. Patrick Craft 2:00 Balloon Toss 3:00 Snacks 3:30 Sing Along</p>	<p>Hairdresser Sam 9:30 Balloon Toss 10:30 Board Games 1:00 Relaxation Time 2:00 Bingo Fun! 3:45 Catholic Mass</p>	<p>9:30 Chair Exercises 10:30 Let's Play Cards! 1:00 Relaxation Time 2:00 Instrument Fun 3:00 Irish Songs</p>	<p>9:30 Friday Fitness 10:30 Leaf Trivia TGIF - Ed Clark 1:00 2:00 Bingo! 3:15 Snack Shack</p>	<p>9:30 Weekend Workout 10:30 Trivia 1:00 Sing along 2:00 Bingo! 3:15 Snack & Chat</p>
16	17	18	19	20	21	22
<p>9:00 Sunday Café 10:30 Catholic Mass 1:00 Game Toss 2:00 Bingo 3:15 Snack & Chat 3:45 Storytime</p>	<p>St. Patrick's Day 9:30 Morning Stretch 10:30 Word Games 1:00 Meditation Monday 2:00 Nail Flair 3:00 Snacks 3:45 Meditation</p>	<p>9:30 Sit & Be Fit 10:30 Worship on TV 2:00 Balloon Toss 1:00 Resident Council 2:00 Balloon Toss 3:00 Snacks 3:30 Music w/ Kris Phiphany</p>	<p>Hairdresser Sam 9:30 Balloon Toss 10:30 Word Game 2:00 Movie Matinee 3:45 Catholic Mass</p>	<p>9:30 Chair Exercises 10:30 Let's Play Cards! 1:00 Relaxation Time 2:00 Bingo Fun Live Music w/ DJ Bernie 3:00</p>	<p>9:30 Friday Fitness 10:30 Thanksgiving Trivia TGIF - Ed Clark 1:00 2:00 Bingo! 3:15 Snack Shack</p>	<p>9:30 Weekend Workout 10:30 Trivia 1:00 Word Games 2:00 Bingo! 3:15 Snack & Chat</p>
23/30	24/31	25	26	27	28	
<p>9:00 Sunday Café 10:30 Catholic Mass 1:00 Game Toss 2:00 Bingo 3:15 Snack & Chat 3:45 Storytime</p>	<p>9:30 Morning Stretch 10:30 Word Games 1:00 Meditation Monday 2:00 Bingo 3:00 Snacks 3:45 Nail Flair</p>	<p>9:30 Game Room! 10:30 Sit & Be Fit 1:00 Spring Craft 2:00 Balloo Toss 3:00 Snacks 3:30 Sing Along</p>	<p>Hairdresser Sam 9:30 Balloon Toss 10:30 Board Games 1:00 Relaxation Time 2:00 Bingo Fun! 3:45 Catholic Mass</p>	<p>9:30 Chair Exercises 10:30 Let's Play Cards! 1:00 Relaxation Time 2:00 Instrument Fun 3:00 Musical Social</p>	<p>9:30 Friday Fitness 10:45 Boomers Playtime Entertainment TGIF - Ed Clark 1:00 2:00 Bingo! 3:15 Snack Shack</p>	<p>9:30 Weekend Workout 10:30 Trivia 1:00 Word Games 2:00 Bingo! 3:15 Snack & Chat</p>