

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

January 2021

Merry Heart Assisted Living

					<p>9:00 Zumbacise Ch591 10:00 Refreshments and Individual Activities 11:00 Relaxing Meditation 1:00 Reminiscing with the Songs of the 50's and 60's 2:00 Virtual Bingo 3:00 Divine Mercy</p> <p style="text-align: center;">New Year's Day</p>	<p>9:30 Yogacise Ch591 10:00 Refreshments and Individual Activities 1:00 Piano w/ Ed Clark 2:00 Virtual Bingo 3:00 Divine Mercy 4:00 Phone a Friend</p>
<p>9:00Catholic Mass 9:30 Yogacise Ch 591 10:15 Refreshments and Individual Activities 1:00 Piano w/ Ed Clark 2:00 Virtual Bingo 3:00 Divine Mercy</p>	<p>9:00 Zumbacise Ch591 10:00 Refreshments and Individual Activities 11:00 Relaxing Meditation 1:00 Reminiscing with the Songs of the 50's and 60's 2:00 Virtual Bingo 3:00 Divine Mercy 3:30 Happy Hour</p>	<p>9:30 Yogacise Ch591 10:00 Refreshments and Individual Activities 11:00 Virtual Bird Watching 2:00 Virtual Bingo 3:00 Divine Mercy 4:00 National Bird Day/chan.591.</p> 	<p>9:30 Zumbacise Ch591 10:00 Refreshments and Individual Activities 11:00 Relaxing Meditation 1:00 Reminiscing with the Songs of the 50's and 60's 2:00 Virtual Bingo 3:00 Charlie Brown Day/ Valerie's brownies.</p>	<p>9:30 Zumbacise Ch591 10:00 Refreshments and Individual Activities 11:00 Virtual Bird Watching 11:30 expoza travel/cha.591 2:00 Virtual Bingo 3:00 Divine Mercy 4:00 Phone a Friend</p>	<p>9:00 Zumbacise Ch591 10:00 Refreshments and Individual Activities 11:00 Relaxing Meditation 1:00 Reminiscing with the Songs of the 50's and 60's 2:00 Virtual Bingo 3:00 Elvis Lives Day/ Elvis music. Cha.591.</p>	<p>9:30 Yogacise Ch591 10:00 Refreshments and Individual Activities 1:00 Piano w/ Ed Clark 2:00 Virtual Bingo 3:00 Divine Mercy 4:00 Phone a Friend</p>
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<p>9:00Catholic Mass 9:30 Yogacise Ch 591 10:15 Refreshments and Individual Activities 1:00 Piano w/ Ed Clark 2:00 Virtual Bingo 3:00 Divine Mercy</p>	<p>9:00 Zumbacise Ch591 10:00 Refreshments and Individual Activities 11:00 Relaxing Meditation 1:00 Reminiscing with the Songs of the 50's and 60's 2:00 Virtual Bingo 3:00 Martin Luther King Jr. Day and happy hour <small>Martin Luther King Day</small></p>	<p>9:30 Yogacise Ch591 10:00 Refreshments and Individual Activities 11:00 Virtual Bird Watching 2:00 Virtual Bingo 3:00 Divine Mercy 4:00 Phone a Friend</p>	<p>9:30 Zumbacise Ch591 10:00 Refreshments and Individual Activities 11:00 Relaxing Meditation 1:00 Reminiscing with the Songs of the 50's and 60's 2:00 Virtual Bingo 3:00 Divine Mercy</p>	<p>9:30 Zumbacise Ch591 10:00 Refreshments and Individual Activities 11:00 Virtual Bird Watching 11:30 expoza travel/cha.591 2:00 Virtual Bingo 3:00 Divine Mercy 4:00 Phone a Friend</p>	<p>9:00 Zumbacise Ch591 10:00 Refreshments and Individual Activities 11:00 Relaxing Meditation 1:00 Reminiscing with the Songs of the 50's and 60's 2:00 Virtual Bingo 3:00 Divine Mercy</p>	<p>9:30 Yogacise Ch591 10:00 Refreshments and Individual Activities 1:00 Piano w/ Ed Clark 2:00 Virtual Bingo 3:00 Divine Mercy 4:00 Phone a Friend</p>
<p>9:00Catholic Mass 9:30 Yogacise Ch 591 10:15 Refreshments and Individual Activities 1:00 Piano w/ Ed Clark 2:00 Virtual Bingo 3:00 Hooray! It's Peanut Butter Day! <small>Activity Professionals Week</small></p>	<p>9:00 Zumbacise Ch591 10:00 Refreshments and Individual Activities 11:00 Relaxing Meditation 1:00 Reminiscing with the Songs of the 50's and 60's 2:00 Virtual Bingo 3:00 Divine Mercy 3:30 Happy Hour</p>	<p>9:30 Yogacise Ch591 10:00 Refreshments and Individual Activities 11:00 Virtual Bird Watching 2:00 Virtual Bingo 3:00 Divine Mercy 4:00 Phone a Friend</p> <p style="text-align: center;"><small>Australia Day (observed)</small></p>	<p>9:30 Zumbacise Ch591 10:00 Refreshments and Individual Activities 11:00 Relaxing Meditation 1:00 Reminiscing with the Songs of the 50's and 60's 2:00 Virtual Bingo 4:00 Wintertime Memories Day/chan.591</p>	<p>9:30 Zumbacise Ch591 10:00 Refreshments and Individual Activities 11:00 Virtual Bird Watching 11:30 expoza travel/cha.591 2:00 Virtual Bingo 3:00 Divine Mercy 4:00 Phone a Friend</p>	<p>9:00 Zumbacise Ch591 10:00 Refreshments and Individual Activities 11:00 Relaxing Meditation 1:00 Reminiscing with the Songs of the 50's and 60's 2:00 Virtual Bingo 3:00 National Puzzle Day/puzzle time.</p>	<p>9:30 Yogacise Ch 591 10:00 Refreshments and Individual Activities 1:00 Piano w/ Ed Clark 2:00 Virtual Bingo 3:00 Divine Mercy 4:00 Phone a Friend</p>
<p>9:00Catholic Mass 9:30 Yogacise Ch 591 10:15 Refreshments and Individual Activities 1:00 Piano w/ Ed Clark 2:00 Virtual Bingo 4:00 Enjoy Some Hot Chocolate Day</p>	<p style="text-align: center;">ACTIVITY CALENDAR IS SUBJECT TO CHANGE AND SUBJECT TO COVID-19 RESTRICTIONS.</p> <p style="text-align: center;">Note: Refreshments and individual activities at 10:00am and 3:15pm on all floors. Please observe social distancing.</p> 