

SEPTEMBER

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 Meet & Greet 9:30 Range of Motion 11:30 Lunch 2:00 Balloon Toss 5:00 Dinner	2 9:00 Meet & Greet 11:30 Lunch 2:30 Wednesday Bingo! 3:30 Fall Trivia 5:00 Dinner 6:00 Movie Matinee	3 9:00 Meet & Greet 9:30 Morning Stretch 11:30 Lunch 2:00 Tabletop Games 2:45 Hidden Words 3:30 Karaoke 5:00 Dinner	4 9:00 Meet & Greet 9:30 Exercises 11:30 Lunch 2:00 Ball Games 4:00 Game Shows 5:00 Dinner	5 9:00 Meet & Greet 9:30 Morning Exercises 11:30 Lunch 2:00 Karaoke Sing Along 4:00 Hand Massages 5:00 Dinner
	6 9:00 Meet & Greet 11:30 Lunch 2:00 Sing Along 5:00 Dinner	7 9:00 Meet & Greet 10:00 Move & Groove 11:30 Lunch 2:00 Color Art 3:00 Hand Massages 5:00 Dinner	8 9:00 Meet & Greet 9:30 Range of Motion 11:30 Lunch 2:00 Balloon Toss 5:00 Dinner	9 9:00 Meet & Greet 11:30 Lunch 2:30 Wednesday Bingo! 3:30 Football Trivia 5:00 Dinner	10 9:00 Meet & Greet 9:30 Morning Stretch 11:30 Lunch 2:00 Tabletop Games 2:45 Hidden Words 3:30 Karaoke 5:00 Dinner	11 9:00 Meet & Greet 9:30 Exercises 11:30 Lunch 2:00 Ball Game 4:00 Game Shows 5:00 Dinner
12 9:00 Meet & Greet 9:30 Morning Exercises 11:30 Lunch 2:00 Karaoke Sing Along 4:00 Hand Massages 5:00 Dinner						
13 NATIONAL GRANDPARENTS' DAY 9:00 Meet & Greet 11:30 Lunch 2:00 Sing Along 5:00 Dinner 	14 9:00 Meet & Greet 10:00 Move & Groove 11:30 Lunch 2:00 Color Art 3:00 Hand Massages 5:00 Dinner	15 9:00 Meet & Greet 9:30 Range of Motion 11:30 Lunch 2:00 Balloon Toss 5:00 Dinner	16 9:00 Meet & Greet 11:30 Lunch 2:30 Wednesday Bingo! 3:30 Sunflower Trivia 5:00 Dinner 6:00 Movie Matinee	17 9:00 Meet & Greet 9:30 Morning Stretch 11:30 Lunch 2:00 Tabletop Games 2:45 Hidden Words 3:30 Karaoke 5:00 Dinner	18 9:00 Meet & Greet 9:30 Exercises 11:30 Lunch 2:00 Ball Games 4:00 Game Shows 5:00 Dinner	19 9:00 Meet & Greet 9:30 Morning Exercises 11:30 Lunch 2:00 Karaoke Sing Along 4:00 Hand Massages 5:00 Dinner
20 9:00 Meet & Greet 11:30 Lunch 2:00 Sing Along 5:00 Dinner	21 9:00 Meet & Greet 10:00 Move & Groove 11:30 Lunch 2:00 Color Art 3:00 Hand Massages 5:00 Dinner	22 9:00 Meet & Greet 9:30 Range of Motion 11:30 Lunch 2:00 Balloon Toss 5:00 Dinner	23 9:00 Meet & Greet 11:30 Lunch 2:30 Wednesday Bingo! 3:30 Pumpkin Trivia 5:00 Dinner 6:00 Movie Matinee	24 9:00 Meet & Greet 9:30 Morning Stretch 11:30 Lunch 2:00 Tabletop Games 2:45 Hidden Words 3:30 Karaoke 5:00 Dinner	25 9:00 Meet & Greet 9:30 Exercises 11:30 Lunch 2:00 Ball Game 4:00 Game Shows 5:00 Dinner	26 9:00 Meet & Greet 9:30 Morning Exercises 11:30 Lunch 2:00 50's Sing Along 4:00 Hand Massages 5:00 Dinner
27 9:00 Meet & Greet 11:30 Lunch 2:00 Sing Along 5:00 Dinner	28 9:00 Meet & Greet 10:00 Move & Groove 11:30 Lunch 2:00 Color Art 3:00 Hand Massages 5:00 Dinner	29 9:00 Meet & Greet 9:30 Range of Motion 11:30 Lunch 2:00 Balloon Toss 5:00 Dinner	30 9:00 Meet & Greet 11:30 Lunch 2:30 Wednesday Bingo! 3:30 Fall Trivia 5:00 Dinner 6:00 Movie Matinee	Activity Calendar is Subject to Change & Subject to Covid 19 Precautions!	 'TIS THE SEASON	