

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST						
JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE SCRAMBLED EGGS & CHEESE ASSTD. TOAST BREAD BUTTER COFFEE OR TEA MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE EGGS SAUSAGE PATTY ENGLISH MUFFIN BUTTER & JELLY COFFEE OR TEA MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE PANCAKES EGGS BUTTER COFFEE OR TEA MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE FRENCH TOAST Scrambled Egg BACON BUTTER COFFEE OR TEA MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE HARD BOILED EGGS TOAST BREAD BUTTER COFFEE OR TEA MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE SCRAMBLED EGG TOAST BREAD BUTTER COFFEE OR TEA MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE SCRAMBLED EGG DANISH Bacon COFFEE OR TEA MILK
LUNCH						
CHICKEN Piccata BUTTERED BOWTIES GLAZED CARROTS TOSSED SALAD BROWNIE COFFEE or TEA BEVERAGE OF CHOICE MILK	OVEN BAKED FIEH SWEET POTATOES SEASONED BROCCOLI BUTTER MANDARIN ORANGE COFFEE or TEA BEVERAGE OF CHOICE MILK	PEPPER STEAK EGG NOODLES CAL. BLEND VEGGIE PEACH Cobbler COFFEE or TEA BEVERAGE OF CHOICE MILK	Herb Pork Loin Calico Rice Sliced Zucchini TOSSED SALAD Honey Pears BEVERAGE OF CHOICE MILK	Chicken Dijon Roasted new potatoes Green Beans Cheesecake COFFEE or TEA BEVERAGE OF CHOICE MILK	Shrimp Fettucine Seasoned Spinach Jello Coffee or Tea Beverage of Choice Milk	ROAST TURKEY W/ GRAVY BAKED POTATO PARSLIED CARROTS TOSSED SALAD BUTTER ITALIAN ICE BEVERAGE OF CHOICE MILK
DINNER						
ITALIAN WEDDING SOUP HAMBURGER ON BUN RELISH PLATE FRENCH FRIES CINNAMON APPLES BEVERAGE OF CHOICE MILK	CHICKEN NOODLE SOUP CHICKEN SALAD PLATTER 4 BEAN SALAD DINNER ROLL ICE CREAM BEVERAGE OF CHOICE MILK	CREAM OF MUSHROOM EGG SALAD PLATTER Dinner Roll CUCUMBER SALAD CHOCOLATE CHIP COOKIES BEVERAGE OF CHOICE MILK	Egg Drop SOUP Pastrami Sandwich Cole Slaw Salad Lettuce & Tomato Ambrosia de luxe BEVERAGE OF CHOICE MILK	Split Pea Soup Parmesan Fish Rice Pilaf California Blend Veg Chocolate Pudding BEVERAGE OF CHOICE Coffee or Tea MILK	New England Clam Chowder Pork Chops baked in BBQ Sauce Buttered Bow Tie Noodles Mixed Vegetable Fruit Cocktail COFFEE or TEA BEVERAGE OF CHOICE MILK	CHICKEN BARLEY SOUP MEATLOAF W GRAVY MIXED VEGGIE YELLOW RICE FRESH FRUIT BEVERAGE OF CHOICE MILK

ALWAYS AVAILABLE AT YOUR REQUEST!

HOT ENTREES

- . SPAGHETTI
- . OVEN FRIED CHICKEN
- . BAKED FILLET of FISH
- . HAMBURGER
- . HOTDOG
- . CHICKEN NOODLE SOUP
- . TOMATO SOUP

COLD ENTREES

- . HAM SANDWICH
- . TURKEY SANDWICH
- . FRUIT & COTTAGE CHEESE PLATTERS
- . TUNA SALAD SANDWICH
- . CHICKEN SALAD
- . EGG SALAD
- . WHITE, WHOLE WHEAT or RYE BREAD

Good Nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well balance diet. Your daily menu may vary slightly due to the special diet ordered by your physician. Please feel free to ask any questions you may have regarding your menu, diet, or service.

Appropriate substitutions as approved by Dietitian*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST						
JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE EGGS MUFFIN GLAZED HAM BUTTER COFFEE OR TEA MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE SCRAMBLED EGG TOAST BREAD BUTTER COFFEE OR TEA MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE CORNED BEEF HASH EGGS BISCUIT BUTTER COFFEE OR TEA MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE CHEESY SCRAMBLED EGGS TOAST BREAD COFFEE OR TEA MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE HARD BOILED EGG MINI MUFFIN BACON BUTTER COFFEE OR TEA MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE SCRAMBLED EGGS FRENCH TOAST BUTTER COFFEE OR TEA MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE EGGS FRUITED YOGURT ASSORTED TOAST BUTTER JELLY COFFEE OR TEA MILK
LUNCH						
HERB ROAST CHICKEN WHIPPED SWEET POTATOES CAULIFLOWER TOSSED SALAD ASST DESSERT BEVERAGE OF CHOICE MILK	PULLED PORK ONION RINGS GLAZED CARROTS TOSSED SALAD BUTTER BANANA PUDDING BEVERAGE OF CHOICE MILK	SWEDISH MEATBALLS GRAVY PASTA NOODLES TOSSED SALAD BROCCOLI FLORETS BUTTER JELLO BEVERAGE OF CHOICE COFFEE OR TEA MILK	BAKED FISH MASHED POTATOES SCANDINAVIAN VEG TOSSED SALAD BUTTER MANDARIN ORANGES BEVERAGE OF CHOICE COFFEE OR TEA MILK	LEMON CHICKEN STEAMED RICE SEASONED SPINACH TOSSED SALAD BUTTER APPLE PIE BEVERAGE OF CHOICE MILK	TILAPIA W/ CREAM SAUCE OVEN BROWN POTATOES STEAMED CARROTS TOSSED SALAD BUTTER ICE CREAM COFFEE OR TEA BEVERAGE OF CHOICE MILK	ROAST PORK LOIN GRAVY PARSLIED NOODLES PEAS W/ MUSHROOMS CHOCOLATE MOUSSE BEVERAGE OF CHOICE COFFEE OR TEA MILK
DINNER						
LENTIL SOUP CRACKERS EGG SALAD PLATTER Dinner Roll PICKLED BEETS ICE CREAM BEVERAGE OF CHOICE MILK	BEEF RICE SOUP CRACKERS BAKED MANICOTTI ITALIAN VEGETABLE FRESH FRUIT BEVERAGE OF CHOICE COFFEE OR TEA MILK	CHICKEN NOODLE SOUP CRACKERS CHEESE PIZZA 3 Bean Salad TROPICAL FRUIT BUTTER BEVERAGE OF CHOICE MILK	NAVY BEAN SOUP CRACKERS PASTRAMI SANDWICH COLESLAW BUTTERSCOTCH PUDDING COFFEE OR TEA BEVERAGE OF CHOICE MILK	MUSHROOM SOUP CRACKERS MEAT LASAGNA GARLIC BREAD BAKED SLICED PEACHES BEVERAGE OF CHOICE COFFEE or TEA MILK	CREAM OF BROCCOLI SOUP HOT TURKEY OPEN FACE SAND. GRAVY BEET PERFECTION SALAD MIXED FRESH FRUIT BEVERAGE OF CHOICE COFFEE OR TEA MILK	CHICKEN NOODLE SOUP CHICKEN SALAMI ON BUN CUCUMBER SALAD BROWNIE COFFEE OR TEA BEVERAGE OF CHOICE MILK

ALWAYS AVAILABLE AT YOUR REQUEST!

HOT ENTREES

- . SPAGHETTI
- . OVEN FRIED CHICKEN
- . BAKED FILLET of FISH
- . HAMBURGER ON BUN
- . HOTDOG ON BUN
- . CHICKEN NOODLE SOUP
- . TOMATO SOUP

COLD ENTREES

- . HAM SANDWICH
- . TURKEY SANDWICH
- . FRUIT & COTTAGE CHEESE PLATTERS
- . TUNA SALAD SANDWICH
- . CHICKEN SALAD SANDWICH
- . EGG SALAD SANDWICH
- . WHITE, WHOLE WHEAT or RYE BREAD

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BREAKFAST						
JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE HARD BOILED EGG BACON ENGLISH MUFFIN COFFEE OR TEA BEVERAGE OF CHOICE MILK	JUICE OF CHOICE FRESH FRUIT CEREAL OF CHOICE EGGS w/ CHEESE TOAST BREAD BEVERAGE OF CHOICE COFFEE OR TEA MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE EGGS COFFEE CAKE BUTTER COFFEE OR TEA BEVERAGE OF CHOICE MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE HARD BOILED EGGS CROISSANT COFFEE OR TEA BEVERAGE OF CHOICE MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE SAUSAGE LINK EGGS WAFFLES COFFEE OR TEA BEVERAGE OF CHOICE MILK	JUICE OF CHOICE FRESH BANANA YOGURT CEREAL OF CHOICE EGGS Assorted Toast Bread COFFEE OR TEA BEVERAGE OF CHOICE MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE Scrambled Eggs Breakfast Potatoes BACON BUTTER COFFEE OR TEA MILK
LUNCH						
BBQ PORK RIBS BAKED BEANS GREEN BEANS SHERBET COFFEE OR TEA BEVERAGE OF CHOICE MILK	BAKED ROSEMARY CHICKEN & GRAVY YELLOW RICE BREADED TOMATO Tossed Salad JELLO COFFEE OR TEA BEVERAGE OF CHOICE MILK	PANSIT SUNNY PEARS TOSSED SALAD BEVERAGE OF CHOICE MILK	PORK & VEG STIR FRY STEAMED RICE TOSSED SALAD APPLE PIE COFFEE OR TEA BEVERAGE OF CHOICE MILK	LEMON PEPPER FISH RICE PILAF FRENCH CUT GREEN BEANS STRAWBERRY CREAM PIE COFFEE OR TEA BEVERAGE OF CHOICE MILK	BAKED PORK CHOPS W/ BBQ SAUCE WARM POTATO SALAD TOSSED SALAD ICE CREAM COFFEE OR TEA BEVERAGE OF CHOICE MILK	VEAL MARSALA SEASONED RICE MIXED VEGETABLE BLEND TOSSED SALAD BUTTER ASSTD. DESSERT BEVERAGE OF CHOICE MILK
DINNER						
VEGETABLE SOUP CRACKERS PASTA RAVIOLI / RED SAUCE HARVARD BEETS ITALIAN ICE COFFEE OR TEA BEVERAGE OF CHOICE MILK	EGG DROP SOUP BAKED STUFFED SHELLS CALIFORNIA VEGETABLE DICED PEACHES COFFEE OR TEA BEVERAGE OF CHOICE MILK	PASTA FAGIOLI SOUP MEATLOAF MASHED POTATOES CUCUMBER SALAD JELLO CRACKERS BEVERAGE OF CHOICE MILK	CHICKEN GUMBO SOUP SPAGHETTI W/ MEAT SAUCE ZUCCHINI PINEAPPLE TIDBITS COFFEE OR TEA BEVERAGE OF CHOICE MILK	TOMATO FLORENTINE SOUP CHICKEN FRITTERS FRENCH FRIES RED CABBAGE ICE CREAM COFFEE OR TEA BEVERAGE OF CHOICE MILK	VEGETABLE CHICKEN SOUP SWEET & SOUR CHICKEN STEAMED RICE ORIENTAL BLEND VEGGIE TOSSED SALAD FRESH FRUIT BEVERAGE OF CHOICE COFFEE OR TEA	VEGETABLE SOUP MEAT LASAGNA GARLIC BREAD SPINACH JELLO COFFEE OR TEA BEVERAGE OF CHOICE MILK

ALWAYS AVAILABLE AT YOUR REQUEST

HOT ENTREES

- . SPAGHETTI
- . OVEN FRIED CHICKEN
- . BAKED FILLET OF FISH
- . HAMBURGER ON BUN
- . HOTDOG ON BUN
- . CHICKEN NOODLE SOUP
- . TOMATO SOUP

COLD ENTREES

- . TURKEY SANDWICH
- . HAM SANDWICH
- . FRUIT & COTTAGE CHEESE PLATTERS
- . TUNA SALAD SANDWICH
- . CHICKEN SALAD SANDWICH
- . EGG SALAD SANDWICH
- . WHITE , WHOLE WHEAT or RYE BREAD

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Appropriate substitutions as approved by Dietitian*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST						
JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE WESTERN OMELET DONUT COFFEE OR TEA BEVERAGE OF CHOICE MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE SAUSAGE PATTY Scrambled Eggs Variety Toasted Bread BUTTER COFFEE OR TEA BEVERGAE OF CHOICE MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE EGG CORNED BEEF HASH BISCUIT BUTTER COFFEE OR TEA BEVERAGE OF CHOICE MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE Yogurt EGGS PANCAKE BUTTER BEVERAGE OF CHOICE COFFEE OR TEA MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE Ham & Cheese on Croissant Eggs COFFEE OR TEA BEVERAGE OF CHOICE MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE HARD BOILED EGG FRENCH TOAST BUTTER COFFEE OR TEA MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE CHEESE OMELET MUFFIN BUTTER JELLY COFFEE OR TEA MILK
LUNCH						
BEEF POT ROAST/ GRAVY POTATO PANCAKES RED CABBAGE TOSSED SALAD PEACH COBBLER BEVERAGE OF CHOICE MILK	BAKED SALMON SCANDINAVIAN VEGETABLE CORN CHOCOLATE CHIP COOKIE COFFEE OR TEA BEVERAGE OF CHOICE MILK	SPAGHETTI W/ MEAT SAUCE TOSSED SALAD ZUCCHINI PINEAPPLE TIDBITS COFFEE OR TEA BEVERAGE OF CHOICE MILK	CHICKEN FRICASSEE WHIPPED SWEET POTATOES BROCCOLI SPEARS TOSSED SALAD CHILLED APRICOTS COFFEE OR TEA BEVERAGE OF CHOICE MILK	BRAISED PORK CHOP MASHED POTATOES CARROTS TOSSED SALAD GARLIC TOAST BREAD CHOCOLATE PUDDING COFFEE OR TEA BEVERAGE OF CHOICE MILK	SHRIMP SCAMPI LEMON BUTTER SAUCE FETTUCCINI CALIFORNIA BLEND VEG FRESH FRUIT TOSSED SALAD BEVERAGE OF CHOICE COFFEE OR TEA MILK	TURKEY POT PIE CUCUMBER ONION SALAD ROSEY PEARS TOSSED SALAD FRESH FRUIT BEVERAGE OF CHOICE MILK
DINNER						
ITALIAN WEDDING SOUP BAKED MANICOTTI NORMANDY BLEND VEGETABLE Ice Cream COFFEE OR TEA BEVERAGE OF CHOICE MILK	BEEF NOODLE SOUP HERBED ROASTED CHX QUARTER MAC & CHEESE STEWED TOMATOES FRUIT COCKTAIL COFFEE OR TEA BEVERAGE OF CHOICE MILK	VEGETABLE SOUP PIZZA TOSSED SALAD FRESH SEASONAL FRUIT COFFEE OR TEA BEVERAGE OF CHOICE MILK	CREAMED SPINACH SOUP SLOPPY JOE ON BUN GREEN BEANS SHERBET COFFEE OR TEA BEVERAGE OF CHOICE MILK	SPLIT PEA SOUP EGG SALAD ON BED OF LETTUCE MACARONI SALAD CINNAMON APPLES COFFEE OR TEA BEVERAGE OF CHOICE MILK	MINISTRONE SOUP Pasta Primavera w/ Chicken AMBROSIA DELUXE COFFEE OR TEA BEVERAGE OF CHOICE MILK	CHICKEN NOODLE SOUP EGGPLANT PARMESAN GARLIC BREAD SUGAR COOKIES COFFEE OR TEA BEVERAGE OF CHOICE MILK

ALWAYS AVAILABLE AT YOUR REQUEST!

HOT ENTREES

- . SPAGHETTI
- . OVEN FRIED CHICKEN
- . BAKED FILLET of FISH
- . HAMBURGER
- . HOTDOG
- . CHICKEN NOODLE SOUP
- . TOMATO SOUP

COLD ENTREES

- . HAM SANDWICH
- . TURKEY SANDWICH
- . FRUIT & COTTAGE CHEESE PLATTERS
- . TUNA SALAD SANDWICH
- . CHICKEN SALAD
- . EGG SALAD
- . WHITE, WHOLE WHEAT or RYE BREAD

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Appropriate substitutions as approved by Dietitian*

SUNDAY	MONDAY	Tuesday	Wednesday	Thursday	Friday	SATURDAY
JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE SCRAMBLED EGG BACON BUTTER TOAST BREAD COFFEE OR TEA MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE EGG OMELET DANISH COFFEE OR TEA BEVERAGE OF CHOICE MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE PANCAKES EGGS COFFEE OR TEA BEVERAGE ON CHOICE MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE SCRAMBLED EGGS TOAST BREAD BUTTER COFFEE OR TEA BEVERAGE OF CHOICE MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE SCRAMBLED EGG FRENCH TOAST COFFEE OR TEA BEVERAGE OF CHOICE MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE Scrambled Egg BREAKFAST POTATO SAUSAGE PATTY BUTTER COFFEE OR TEA BEVERAGE OF CHOICE MILK	JUICE OF CHOICE FRESH BANANA CEREAL OF CHOICE WAFFLES HARD BOILED EGG COFFEE OR TEA BEVERAGE OF CHOICE MILK
LUNCH						
BAKED CHICKEN GLAZED SWEET POTATOES TOSSED SALAD BRUSSEL SPROUTS BUTTERSCOTCH PUDDING COFFEE OR TEA BEVERAGE OF CHOICE MILK	PORK VEG. STIR FRY STEAMED RICE TOSSED SALAD BUTTER FRESH FRUIT COFFEE OR TEA BEVERAGE OF CHOICE MILK	MEATLOAF W/ GRAVY MASHED POTATOES GREEN BEANS TOSSED SALAD JELLO BUTTER COFFEE OR TEA BEVERAGE OF CHOICE MILK	CRISPY RANCH CHICKEN CHEESY BROCCOLI RICE Tossed Salad BANANA FRESH COFFEE OR TEA Beverage of Choice MILK	SPAGHETTI W/ MEAT SAUCE CAULIFLOWER TOSSED SALAD TIRAMASU BEVERAGE OF CHOICE COFFEE OR TEA MILK	OVEN FRIED FISH CREAM SAUCE SCALLOPED POTATOES BROCCOLI TOSSED SALAD SHERBET TOSSED SALAD BEVERAGE OF CHOICE MILK	BEEF STROGANOFF EGG NOODLES RED CABBAGE TOSSED SALAD FRESH FRUIT COFFEE OR TEA BEVERAGE OF CHOICE MILK
DINNER						
ITALIAN WEDDING SOUP CRACKERS PHILLY CHEESE STEAK ON BUN PEPPERS & ONIONS MANDARIN ORANGES COFFEE OR TEA BEVERAGE OF CHOICE MILK	YANKEE BEAN SOUP CRACKERS BAKED MANICOTTI ITALIAN BLEND VEG CHOCOLATE PUDDING COFFEE OR TEA BEVERAGE OF CHOICE MILK	CREAM OF MUSHROOM CRACKERS PANSIT BAKED APPLE SLICE COFFEE OR TEA BEVERAGE OF CHOICE MILK	VEGETABLE SOUP CRACKERS CHEESE RAVIOLI PINK SAUCE SEASONED SPINACH SEASONAL FRUIT COFFEE OR TEA MILK	FRENCH ONION SOUP CRACKERS BAKED PORK CHOPS WHIPPED SWEET POTATOES BUTTERED BEETS ITALIAN ICE COFFEE OR TEA BEVERAGE OF CHOICE MILK	SPLIT PEA SOUP CRACKERS ROAST TURKEY W/ GRAVY PARSLIED NOODLES CARROTS ICE CREAM COFFEE OR TEA MILK	VEGETABLE SOUP CRACKERS BBQ RIBBET BUN VEGETABLE SALAD COOKIES COFFEE OR TEA BEVERAGE OF CHOICE MILK

ALWAYS AVAILABLE AT YOUR REQUEST

- . SPAGHETTI
- . OVEN FRIED CHICKEN
- . BAKED FILLET OF FISH
- . HAMBURGER
- . HOTDOG
- . CHICKEN NOODLE SOUP
- . TOMATO SOUP

- . HAM SANDWICH
- . TURKEY SANDWICH
- . FRUIT & COTTAGE CHEESE PLATTERS
- . TUNA SALAD SANDWICH
- . CHICKEN SALAD SANDWICH
- . EGG SALAD
- . WHITE, WHOLE WHEAT or RYE BREAD

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