








LONG TERM CARE

Merry Heart Nursing Home
200 Route 10 West
Succasunna, NJ 07876
Third Fl. CALENDAR

DECEMBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 Meet & Greet/Updates 11:00 Tune Up Tuesday 1:00 Afternoon Talk 2:00 Rosary/ Divine Mercy 2:30 Balloon Games 4:00 Relaxing 1:1 6:00 Evening Activities	Fritters Day 2 9:00 Meet & Greet/Morning Discussions 10:45 Balloon Games 1:00 After Lunch Relaxation 2:00 Hallway Worship 2:30 Making Fritters 3:30 Trivia	3 <i>9:00 Meet & Greet/Newspaper Reading</i> <i>11:00 Hallway Stretching</i> <i>1:00 Fun In The Hall</i> <i>2:00 Trivia</i> <i>3:30 Hallway Bingo</i> <i>6:00 Evening Activities</i>	4 9:00 Meet & Greet/Receive Mails/News 1:00 Lunchbreak Social 2:30 3:00 Zoom Friends 6:00 Evening Activities	5 9:00 Meet & Greet 10:30 Morning Exercise/Balloon Games 11:00 Trivia 1:00 1:1 Visits 2:00 Hallway Bingo 3:15 Nail Flair & Music
6 9:00 Meet & Greet 10:30 Ball Toss, Stretching/Exercises 11:00 Inspirational Readings/Stories 1:00 1:1 Visits 2:00 Word Games/Trivia 3:00 Music Appreciation 6:00 Late Activities	7 9:00 Meet & Greet/News/Mails 10:45 Moving Monday 1:00 Relaxing Music 2:00 Catholic Mass 3:00 Bingo 6:00 Late Activities	Immaculate Conception 8 9:00 Meet & Greet/Updates 11:00 Tune Up Tuesday 1:00 Afternoon Talk 2:00 Rosary/ Divine Mercy 2:30 Categories Game 6:00 Evening Activities 	Christmas Card Day 9 9:00 Meet & Greet/Morning Discussions 10:45 Balloon Games 1:00 After Lunch Relaxation 2:00 Hallway Worship 2:30 Christmas Arts & Crafts 3:30 Trivia	10 <i>9:00 Meet & Greet/Newspaper Reading</i> <i>11:00 Hallway Stretching</i> <i>1:00 Fun In The Hall</i> <i>2:00 Hallway Bingo</i> <i>3:30 Trivia</i> <i>6:00 Late Activities</i>	Hanukkah 11 9:00 Meet & Greet/Receive Mails/News 10:45 Exercises.... 1:00 Lunchbreak social 2:00 Word Game 3:00 Zoom Friends 6:00 Evening Activities	Art of Dance 12 9:00 Meet & Greet 10:30 Morning Exercise/Balloon Games 11:00 Trivia 1:00 1:1 Visits 2:00 Virtual Art of Dance Concert 3:00 Hallway Bingo 3:15 Nail Flair & Music
13 9:00 Meet & Greet 10:30 Ball Toss, Exercise 11:00 Inspirational Readings 1:00 1:1 Visits 2:00 Word Games/Trivia 3:00 Music Appreciation 6:00 Late Activities	14 9:00 Meet & Greet/News/Mails 10:45 Moving Monday 1:00 Quiet Time 2:00 Catholic Mass 2:30 Hallway Bingo 4:00 Trivia 6:00 Evening Activities	15 9:00 Meet & Greet/Updates 11:00 Tune Up Tuesday 1:00 Afternoon Talk 2:00 Rosary/ Divine Mercy 2:30 Balloon Games 4:00 Relaxing 1:1 6:00 Evening Activities	Gingerbread House 16 9:00 Meet & Greet/Morning Discussions 10:45 Balloon Games 1:00 After Lunch Relaxation 2:00 Hallway Worship 2:30 Making Gingerbread House 4:00 Finishing Phrases	17 <i>9:00 Meet & Greet/Newspaper Reading</i> <i>11:00 Hallway Stretching</i> <i>1:00 Fun In The Hall</i> <i>2:00 Hallway Sing along</i> <i>3:30 Hallway Bingo</i> <i>4:00 Reminiscing</i> <i>6:00 Late Activities</i>	Christmas Boutique 18 9:00 Meet & Greet/Receive Mails/News 10:45 Hallway Exercises 1:00 Lunchbreak Social 2:00 Christmas Boutique on the Go 3:00 Zoom Friends 6:00 Evening Activities	19 9:00 Meet & Greet 10:30 Morning Exercise/Balloon Games 11:00 Trivia 1:00 1:1 Visits 2:00 3:15 Nail Flair & Music
20 9:00 Meet & Greet 10:30 Ball Toss, Stretching/Exercises 11:00 Inspirational Readings/Stories 1:00 1:1 Visits 2:00 Word Games/Trivia 3:00 Music Appreciation 6:00 Late Activities	Winter Begins 21 9:00 Meet & Greet/News/Mails 10:45 Moving Monday 1:00 Quiet Time 2:00 Catholic Mass 2:30 Hallway Bingo 4:00 Simple Math/Spelling 6:00 Evening Activities	22 9:00 Meet & Greet/Updates 11:00 Tune Up Tuesday 1:00 Afternoon Talk 2:00 Rosary/ Divine Mercy 2:30 ABC Games 4:00 Relaxing 1:1 6:00 Evening Activities	23 9:00 Meet & Greet/Morning Discussions 10:45 Morning Exercises 1:00 After Lunch Relaxation 2:00 Hallway Worship 2:30 Nutcracker Day 	Christmas Eve 24 9:00 Morning Meet & Greet 10:30 Christmas Exercises 2:00 Christmas Gift Giving 3:30 Christmas Eve Caroling and Dancing 6:00 Late Activities 	Merry Christmas 25 9:00 Christmas Morning Meet & Greet 10:45 Christmas Musicals 12:30 Christmas Luncheon 2:00 Christmas Carols 3:30 Christmas Trivia 6:00 Christmas Movie 	26 9:00 Meet & Greet 10:30 Morning Exercise/Balloon Games 11:00 Trivia 1:00 1:1 Visits 2:00 Hallway Bingo 3:15 Nail Flair & Music
27 9:00 Meet & Greet 10:30 Ball Toss, Stretching/Exercises 11:00 Inspirational Readings/Stories 1:00 1:1 Visits 2:00 Word Games/Trivia 3:00 Music Appreciation 6:00 Late Activities	28 9:00 Meet & Greet; Yogacise 10:45 Moving Monday 1:00 Relaxing Music 2:00 Catholic Mass 2:30 Hallway Bingo 4:00 Word Games 6:00 Evening Activities	29 9:00 Meet & Greet/Updates 11:00 Tune Up Tuesday 1:00 Afternoon Talk 2:00 Rosary/ Divine Mercy 2:30 Word Game 4:00 Relaxing 1:1 6:00 Evening Activities	30 9:00 Meet & Greet/Updates 11:00 Tune Up Tuesday 1:00 Afternoon Talk 2:00 Hallway Worship 2:30 Hangman 4:00 Relaxing 1:1 6:00 Evening Activities	New Year's Eve 31 <i>9:00 Meet & Greet/Newspaper Reading</i> <i>11:00 Hallway Stretching</i> <i>1:00 Fun In The Hall</i> <i>2:00 New Year's Resolution</i> <i>3:30 Hallway Bingo</i> <i>6:00 Evening Activities</i> 	Facetime or Zoom Family Meetings Can Be Scheduled through Activity Dir./Staff or through MH Website Snacks at 10/2/7	Activity Calendar is Subject To Change & Subject to Covid 19 Precautions. Please observe social distancing! Outdoor Family Visits scheduled through Concierge.