







LONG TERM CARE

Merry Heart Nursing Home

200 Main Street
Succasunna, NJ 07876

Third Flr. CALENDAR

FEBRUARY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Meet & Greet 10:30 Morning Exercise 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Hangman 3:00 Balloon Toss	2 <u>Groundhog Day</u> 9:30 Meet & Greet 10:15 Yoga Exercise 11:00 Meditation Time 1:15 Sing Along 2:00 Catholic Mass/ Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo	3 <u>Barber 9am</u> 9:30 Meet & Greet 10:15 Tune Up Tuesday 11:00 Meditation Time 1:30 B & B Dogs 2:00 Hangman 3:00 Guess the Word 7:00 Evening Snacks 	4 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 11:45 Sing Along 1:00 Valentine Trivia 2:00 Worship w/ Pastor Fred 3:00 Tabletop Game 7:00 Activities w/ Kim	5 <u>Hairdresser 9am</u> 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Restorative Fun 2:00 Music w/ Rich Stillman 3:30 Trivia 7:00 Activities w/ Kim 	6 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Valentine Lanterns 3:00 Trivia 4:00 Hangman 6:00 Activities with Kim	7 9:30 Meet & Greet 10:30 Exercises 11:00 Nail Flair W/ Music 1:30 Restorative Fun 2:00 Bingo 4:15 Coloring 7:00 Evening Snacks
8 <u>Superbowl Sunday</u> 9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Build A Word 3:00 Balloon Games	9 9:30 Meet & Greet 10:15 Pilates Exercises 11:00 Meditation Time 1:15 Tabletop Games 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor	10 9:30 Meet & Greet 10:15 Tune up Tuesday 11:00 Meditation Time 1:30 Worship w/ Pastor Jerome 2:00 Hangman 3:00 Seasonal Coloring 7:00 Evening Snacks	11 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 11:45 Sing Along 1:00 Tabletop Games 2:00 Valentine Craft 3:00 Tabletop Games 7:00 Activities w/ Kim	12 <u>Hairdresser 9am</u> 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Group Puzzles 2:00 Bingo 3:30 Trivia 7:00 Activities w/ Kim	13 9:30 Meet and Greet 10:00 Sing Along 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Valentine Coloring 3:00 Trivia 4:00 Hangman 6:00 Activities with Kim	Valentine's Day 14 9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Valentine Social 7:00 Evening Snacks 
15 9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Hangman 3:00 Balloon Games	16 <u>Presidents Day</u> 9:30 Meet & Greet 10:15 Morning Exercises 11:00 Meditation Time 1:15 Tabletop Games 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo 	17 9:30 Meet & Greet 10:15 Tune up Tuesday 11:00 Meditation Time 1:30 B & B Dogs 2:00 Hangman 3:00 Mardi Gras Social 7:00 Evening Snacks 	18 <u>Ash Wednesday</u> 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 1:00 Tabletop Games 2:00 Guess the Animal 3:00 Afternoon Coloring 3:00 Worship w/ Helen 7:00 Activities w/ Kim 	19 <u>Hairdresser 9am</u> 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Restorative Fun 2:00 Bingo 3:00 Music w/ DJ Bernie 3:30 Trivia 	20 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Cooking w/ Ying 3:00 Trivia 4:00 Snack Time 6:00 Activities with Kim	21 9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks
22 9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Build A Word 3:00 Balloon Games	23 9:30 Meet & Greet 10:15 Pilates Exercises 11:00 Meditation Time 1:15 Sing Along 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo	24 9:30 Meet & Greet 10:15 Tune up Tuesday 11:00 Meditation Time 1:30 Sing Along 2:00 Music w/ Alexander & Reema 3:00 Guess the Word 7:00 Evening Snacks 	25 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 11:45 Sing Along 1:00 Tabletop Games 2:00 Guess the Animal 3:00 Concentration Game 7:00 Activities w/ Kim	26 <u>Hairdresser 9am</u> 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Group Puzzles 2:00 Bingo 3:30 Trivia 7:00 Activities w/ Kim	27 9:30 Meet and Greet 10:00 Sing Along 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Men's Club 2:00 Resident Council 3:00 Hangman 6:00 Activities with Kim	28 9:30 Meet & Greet 10:30 Exercises 11:00 Nail Flair W/ Music 1:30 Restorative Fun 2:00 Bingo 3:15 Coloring Fun! 7:00 Evening Snacks-