

LONG TERM CARE

Merry Heart Nursing Home
200 Main Street
Succasunna, NJ 07876
Third Fl. CALENDAR

JANUARY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			NEW YEARS DAY 1 9:30 Meet & Greet 10:00 Morning Stretch 11:00 Balloon Toss 1:00 New Year Resolutions 2:00 New Years Trivia 3:00 Concentration Game 7:00 Evening Snacks	2 9:30 Meet & Greet 10:15 Meditation Time 11:00 Exercise Class 1:00 Group Puzzles 2:00 Bingo 3:30 Trivia 7:00 Evening Snacks	3 9:30 Meet and Greet 10:00 Worship Time 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Hangman 3:00 Snack Time 6:00 Activities with Kim	4 9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks
5 9:30 Meet & Greet 10:30 Morning Exercise 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Build A Word 7:00 Evening Snacks	6 9:30 Meet & Greet 10:15 Meditation Time 11:00 Moving Monday 2:00 Catholic Mass/ Communion 2:30 Bingo 4:00 Worship w/ 7:00 Evening Snacks Pastor Leo	7 9:30 Meet & Greet 10:15 Meditation Time 11:00 Tune up Tuesday 1:30 B & B Dogs 2:00 Hangman 3:00 Owl Coloring 7:00 Evening Snacks	8 Barber 9:00am 9:30 Meet & Greet 10:15 Meditation Time 11:00 Morning Stretch 11:45 Sing Along 1:30 American Trivia Snowbird Painting 2:30 7:00 Evening Snacks 	9 Hairdresser 9am 9:30 Meet & Greet 10:15 Meditation Time 11:00 Exercise Class 1:00 Restorative Fun 2:00 Bingo 3:30 YouTube Fun 7:00 Evening Snacks	10 9:30 Meet and Greet 10:00 Worship Time 11:00 Friday Fitness 1:00 Relaxation Time Music w/ the Gypsy Sisters! 2:00 3:00 Hangman 6:00 Activities with Kim	11 9:30 Meet & Greet 10:30 Exercises 11:00 Nail Flair W/ Music 1:30 Restorative Fun 2:00 Bingo 4:15 Coloring Fun! 7:00 Evening Snacks-
12 9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 2:00 Hangman 3:00 Balloon Games 7:00 Evening Snacks	13 9:30 Meet & Greet 10:15 Meditation Time 11:00 Moving Monday 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ 7:00 Evening Snacks Pastor Leo	14 9:30 Meet & Greet 10:45 Tune up Tuesday 1:30 Worship with Pastor Jerome 2:00 Hangman 3:15 Winter Coloring 7:00 Evening Snacks	15 9:30 Meet & Greet 10:00 Morning Stretch 11:00 Balloon Toss 1:30 Tabletop Games 2:30 Worship with Helen 3:00 Concentration Game 7:00 Evening Snacks	16 Hairdresser 9am 9:30 Meet & Greet 10:15 Meditation Time 11:00 Exercise Class 1:00 Group Puzzles 2:00 Bingo 3:30 Trivia 7:00 Evening Snacks	PAJAMA DAY 17 9:30 Meet and Greet 10:00 Worship Time 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Music w/ Christene  3:00 Snack Time 6:00 Activities with Kim	18 9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks
19 9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 2:00 Hangman 3:00 Balloon Games 7:00 Evening Snacks	20 9:30 Meet & Greet 10:15 Meditation Time 11:00 Moving Monday 2:00 Catholic Mass/ Communion 2:30 Bingo 4:00 Worship w/ 7:00 Evening Snacks Pastor Leo	21 9:30 Meet & Greet 10:15 Meditation Time 11:00 Tune up Tuesday 1:30 B & B Dogs 2:00 Hangman 3:00 Snowflake Coloring 7:00 Evening Snacks	22 9:30 Meet & Greet 10:15 Meditation Time 11:00 Morning Stretch 11:45 Sing Along to Christmas Music 2:00 Star Craft  7:00 Evening Snacks	23 Hairdresser 9am 9:30 Meet & Greet 10:45 Exercise Class 11:00 Music in Motion 1:00 Restorative Fun 2:00 Hangman B-Day Party w/ DJ Bernie 3:00 	24 9:30 Meet and Greet 10:00 Worship Time 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Squeezer Craft for Hand Exercises! 3:00 Snack Time 6:00 Activities with Kim	25 9:30 Meet & Greet 10:30 Exercises 11:00 Nail Flair W/ Music 1:30 Restorative Fun 2:00 Bingo 3:15 Coloring Fun! 7:00 Evening Snacks-
26 9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 2:00 Hangman 3:00 Balloon Games 7:00 Evening Snacks	27 9:30 Meet & Greet 10:15 Meditation Time 11:00 Moving Monday 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ 7:00 Evening Snacks Pastor Leo	28 9:30 Meet & Greet 10:15 Meditation Time 11:00 Tune up Tuesday 1:30 Test Your Animal Knowledge 2:00 Hangman 3:00 Animal Coloring 7:00 Evening Snacks	29 9:30 Meet & Greet 10:00 Morning Stretch 11:00 Balloon Toss 1:30 Tabletop Games 2:00 Frosty the Snowman Movie  3:00 Concentration Game 7:00 Evening Snacks	30 Hairdresser 9am 9:30 Meet & Greet 10:15 Meditation Time 11:00 Exercise Class 1:00 Group Puzzles 2:00 Bingo 3:30 Trivia 7:00 Evening Snacks	31 9:30 Meet and Greet 10:00 Worship Time 11:00 Friday Fitness 1:30 Men's Club! 2:00 Resident Council 3:00 Happy Hour 6:00 Activities with Kim	Activity Calendar is Subject to Change & Subject to Covid 19 Precautions!