

LONG TERM CARE

Merry Heart Nursing Home

200 Main Street
Succasunna, NJ 07876

Third Flr. CALENDAR

January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>Activity Calendar is Subject to Change & Subject to Covid 19 Precautions!</p>	<p><u>Hairdresser 9am</u> 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Group Puzzles 2:00 Bingo 3:30 Trivia 7:00 Activities w/ Kim</p>	<p>1 <u>Barber 9:00am</u> 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Bingo 3:00 Hangman 6:00 Activities with Kim</p>	<p>2 <u>Barber 9:00am</u> 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Bingo 3:00 Hangman 6:00 Activities with Kim</p>
<p>4 9:30 Meet & Greet 10:30 Morning Exercise 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Hangman 3:00 Balloon Toss</p>	<p>5 9:30 Meet & Greet 10:15 Yoga Exercise 11:00 Meditation Time 1:15 Sing Along 2:00 Catholic Mass/ Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo</p>	<p>6 9:30 Meet & Greet 10:15 Tune Up Tuesday 11:00 Meditation Time 1:30 B & B Dogs 2:00 Hangman 3:00 Guess the Word 7:00 Evening Snacks</p>	<p>7 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 11:45 Sing Along 1:00 American Trivia 2:00 Worship w/ Pastor Fred 3:00 Tabletop Game 7:00 Activities w/ Kim</p>	<p>8 <u>Hairdresser 9am</u> 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Restorative Fun 2:00 Bingo 3:30 Trivia 7:00 Activities w/ Kim</p>	<p>9 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Card Games 3:00 Trivia 4:00 Hangman 6:00 Activities with Kim</p>	<p>10 9:30 Meet & Greet 10:30 Exercises 11:00 Nail Flair W/ Music 1:30 Restorative Fun 2:30 Kim Dance Studio Performance 4:15 Coloring 7:00 Evening Snacks</p>
<p>11 9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Hangman 3:00 Balloon Games</p>	<p>12 9:30 Meet & Greet 10:15 Morning Exercises 11:00 Meditation Time 1:15 Tabletop Games 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo</p>	<p>13 9:30 Meet & Greet 10:15 Tune up Tuesday 11:00 Meditation Time 1:30 Worship w/ Pastor Jerome 2:00 Hangman 3:00 Seasonal Coloring 7:00 Evening Snacks</p>	<p>14 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 1:00 Tabletop Games 2:00 Guess the Animal 3:00 Afternoon Coloring 3:00 Concentration Game 7:00 Activities w/ Kim</p>	<p>15 <u>Hairdresser 9am</u> 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Group Puzzles 2:00 Bingo 3:30 Trivia 7:00 Activities w/ Kim</p>	<p>16 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Bingo 3:00 Trivia 4:00 Snack Time 6:00 Activities with Kim</p>	<p>17 9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks</p>
<p>18 9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Build A Word 3:00 Balloon Games</p>	<p>19 9:30 Meet & Greet 10:15 Pilates Exercises 11:00 Meditation Time 1:15 Sing Along 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo</p>	<p>20 9:30 Meet & Greet 10:00 Music w/ Albert Mulad 10:15 Tune Up Tuesday 11:00 Meditation Time 1:30 B & B Dogs 2:00 Hangman 3:00 Guess the Word 7:00 Evening Snacks</p>	<p>21 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 11:45 Sing Along 1:00 Tabletop Games 2:00 Guess the Animal 3:00 Worship w/ Helen 7:00 Activities w/ Kim</p>	<p>22 <u>Hairdresser 9am</u> 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Group Puzzles 2:00 Bingo 3:00 Music w/ DJ Bernie 7:00 Activities w/ Kim</p>	<p>23 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Men's Club 2:00 Resident Council 3:00 Hangman 6:00 Activities with Kim</p>	<p>24 9:30 Meet & Greet 10:30 Exercises 11:00 Nail Flair W/ Music 1:30 Restorative Fun 2:00 Bingo 3:15 Coloring Fun! 7:00 Evening Snacks-</p>
<p>25 9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Hangman 3:00 Balloon Games</p>	<p>26 9:30 Meet & Greet 10:15 Morning Exercises 11:00 Meditation Time 1:15 Tabletop Games 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo</p>	<p>27 9:30 Meet & Greet 10:15 Tune Up Tuesday 11:00 Meditation Time 1:30 Winter Trivia 2:00 Hangman 3:00 Guess the Word 7:00 Evening Snacks</p>	<p>28 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 1:00 Tabletop Games 2:00 Guess the Animal 3:00 Afternoon Coloring 3:00 Concentration Game 7:00 Activities w/ Kim</p>	<p>29 <u>Hairdresser 9am</u> 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Group Puzzles 2:00 Music w/ Alexander & Reema 3:30 Trivia 7:00 Activities with Kim</p>	<p>30 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Bingo 3:00 Trivia 4:00 Snack Time 6:00 Activities with Kim</p>	<p>31 9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks</p>