

# LONG TERM CARE

## Merry Heart Nursing Home

200 Main Street  
Succasunna, NJ 07876

### Third Flr. CALENDAR

# OCTOBER 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 11:45 Sing Along 1:30 American Trivia 2:00 Hangman <b>3:00 Worship w/ Helen Felts</b> 7:00 Activities w/ Kim	<b>2</b> <b>Hairdresser 9am</b> 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Group Puzzles <b>2:00 BINGO!</b> 3:30 Trivia 7:00 Activities w/ Kim	<b>3</b> 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time <b>2:00 Root Beer Float</b>  3:00 Hangman 6:00 Activities with Kim	<b>4</b> 9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks
<b>5</b> 9:30 Meet & Greet 10:30 Morning Exercise <b>11:15 Catholic Mass on the TV</b> 1:30 Restorative Fun 2:00 Build A Word 3:00 Balloon Toss	<b>6</b> 9:30 Meet & Greet 10:15 Yoga Exercise 11:00 Meditation Time 1:15 Sing Along <b>2:00 Catholic Mass/ Communion</b> 2:30 Bingo 4:00 Worship w/ Pastor Leo	<b>7</b> 9:30 Meet & Greet 10:15 Tune Up Tuesday 11:00 Meditation Time <b>1:30 B &amp; B Dogs</b> 3:00 Guess the Word 7:00 Evening Snacks 	<b>8</b> 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 11:45 Sing Along 1:00 American Trivia 2:00 Hangman 3:00 Tabletop Game 7:00 Activities w/ Kim	<b>9</b> <b>Hairdresser 9am</b> 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Restorative Fun <b>2:00 Music w/ The Gypsy Sisters</b>  3:30 YouTube Fun 7:00 Activities w/ Kim	<b>10</b> 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time <b>2:00 Fall Craft</b> 4:00 Hangman 6:00 Activities with Kim	<b>11</b> 9:30 Meet & Greet 10:30 Exercises 11:00 Nail Flair W/ Music 1:30 Restorative Fun 2:00 Bingo 4:15 Coloring Fun! 7:00 Evening Snacks
<b>12</b> 9:30 Meet & Greet 10:30 Table Games/Exercises <b>11:15 Catholic Mass on the TV</b> 1:30 Restorative Fun 2:00 Hangman 3:00 Balloon Games	<b>13</b> 9:30 Meet & Greet 10:15 Morning Exercises 11:00 Meditation Time 1:15 Tabletop Games <b>2:00 Catholic Mass/Communion</b> 2:30 Bingo 4:00 Worship w/ Pastor Leo	<b>14</b> 9:30 Meet & Greet 10:15 Tune up Tuesday 11:00 Meditation Time <b>1:30 Worship w/ Pastor Jerome</b> <b>2:00 Paper Pumpkin</b> 3:00 Seasonal Coloring  7:00 Evening Snacks	<b>15</b> 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 1:30 Tabletop Games <b>2:00 Music w/ Rich Stillman</b>  3:00 Worship with Helen 3:00 Concentration Game 7:00 Activities w/ Kim	<b>16</b> <b>Hairdresser 9am</b> 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Group Puzzles 2:00 Bingo 3:30 Trivia 7:00 Activities w/ Kim	<b>17</b> 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness <b>1:15 Cooking w/ Ying</b> <b>2:00 Men's Club</b> 3:00 Snack Time 6:00 Activities with Kim	<b>18</b> 9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks
<b>19</b> 9:30 Meet & Greet 10:30 Table Games/Exercises <b>11:30 Catholic Mass on the TV</b> 1:30 Restorative Fun 2:00 Build A Word 3:00 Balloon Games	<b>20</b> 9:30 Meet & Greet 10:15 Pilates Exercises 11:00 Meditation Time 1:15 Sing Along <b>2:00 Catholic Mass/Communion</b> 2:30 Bingo 4:00 Worship w/ Pastor Leo	<b>21</b> 9:30 Meet & Greet 10:15 Tune Up Tuesday 11:00 Meditation Time <b>1:30 B &amp; B Dogs</b> 2:00 Hangman 3:00 Guess the Word 7:00 Evening Snacks 	<b>Fine Dining Lunch 22</b> 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 11:45 Sing Along <b>1:30 Beaded Name Chain</b> 3:00 Independent Activity 7:00 Activities w/ Kim	<b>23</b> <b>Hairdresser 9am</b> 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Group Puzzles 2:00 Bingo <b>3:00 DJ Bernie</b>  7:00 Activities w/ Kim	<b>24</b> 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time <b>2:00 Resident Council</b> 3:00 Hangman 6:00 Activities with Kim	<b>25</b> 9:30 Meet & Greet 10:30 Exercises 11:00 Nail Flair W/ Music 1:30 Restorative Fun 2:00 Bingo 3:15 Coloring Fun! 7:00 Evening Snacks-
<b>26</b> 9:30 Meet & Greet 10:30 Table Games/Exercises <b>11:15 Catholic Mass on the TV</b> 1:30 Restorative Fun 2:00 Hangman 3:00 Balloon Games	<b>27</b> 9:30 Meet & Greet 10:15 Morning Exercises 11:00 Meditation Time 1:15 Tabletop Games <b>2:00 Catholic Mass/Communion</b> 2:30 Bingo 4:00 Worship w/ Pastor Leo	<b>28</b> 9:30 Meet & Greet 10:00 Tune Up Tuesday 11:00 Meditation Time <b>Hocus Pocus Movie Matinee 1:30</b> 3:00 Guess the Word 7:00 Evening Snacks	<b>29</b> 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 11:45 Sing Along 1:00 American Trivia <b>2:00 Pumpkin Decorating</b>  3:00 Tabletop Game 7:00 Activities w/ Kim	<b>30</b> <b>Hairdresser 9am</b> 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Group Puzzles 2:00 Bingo 3:30 Trivia 7:00 Activities w/ Kim	<b>31</b> <b>Happy Halloween</b> 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time <b>2:00 Halloween Party</b> 3:00 Hangman 6:00 Activities with Kim	<b>Activity Calendar is Subject to Change &amp; Subject to Covid 19 Precautions!</b>