

LONG TERM CARE

Merry Heart Nursing Home
200 Main Street
Succasunna, NJ 07876
Third Flr. CALENDAR

OCTOBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Activity Calendar is Subject to Change & Subject to Covid 19 Precautions	Hairdresser 9am 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Restorative Fun 2:00 Music w/ Alexander & Reema 3:00 Snack Time 4:00 Activity W/Kim	10:00 Worship w/ Chaplain Sue 9:30 Meet & Greet 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Word Games 3:00 Trivia 4:00 Activity W/Kim	9:30 Meet & Greet 10:30 Exercises 11:00 Nail Flair W/ Music 1:30 Restorative Fun 2:00 Bingo 3:15 Coloring Fun! 7:00 Evening Snacks-
9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Build A Word 3:00 Balloon Games	9:30 Meet & Greet 10:15 Pilates Exercises 11:00 Meditation Time 1:15 Tabletop Games 2:00 Catholic Mass/Communion 2:30 Bingo 7:00 Evening snacks	Barber 9:00am 9:30 Meet & Greet 10:15 Tune up Tuesday 11:00 Meditation Time 1:30 B & B Dogs and Make a scarecrow 3:00 Seasonal Coloring 7:00 Evening Snacks	9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 1:15 Fall Trivia 2:00 Messy splat painting 3:00 Concentration Games 4:00 Worship w/ Pastor	Hairdresser 9am 9:30 Meet & Greet 10:15 Zumba dance 11:00 Meditation Time 1:00 Sing along rock & roll 2:00 Bingo 3:00 Snack Time 4:00 Activity W/Kim	9:30 Meet & Greet 10:00 Friday Finess 11:00 Ball game 1:15 Domino game 2:00 Bingo store 3:00 Trivia 4:00 Activity W/Kim	9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Spring Social 7:00 Evening Snacks
9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Hangman 3:00 Balloon Games	9:30 Meet & Greet 10:15 Morning Exercises 11:00 Meditation Time 1:15 Tabletop Games 2:00 Catholic Mass/Communion 2:30 Bingo 7:00 Evening snacks	9:30 Meet & Greet 10:15 Tune up Tuesday 11:00 Meditation Time 1:30 Bake pumpkin pie 3:00 Guess the Word 7:00 Evening Snacks	9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 1:15 Relaxation Time 2:00 Let's play Pocker 3:00 Live Music 4:00 Worship w/ Pastor Leo 7:00 Evening snacks	Hairdresser 9am 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Fall Friendship bracelet making 2:00 Bingo 4:00 Activity W/Kim	10:00 Worship w/ Chaplain Sue 9:30 Meet & Greet 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Women's Club 3:00 Trivia 4:00 Activity W/Kim	9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks
9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Build A Word 3:00 Balloon Games	9:30 Meet & Greet 10:15 Pilates Exercises 11:00 Meditation Time 1:15 Sing Along 2:00 Catholic Mass/Communion 2:30 Bingo 7:00 Evening snacks	9:30 Meet & Greet 10:15 Tune up Tuesday 11:00 Ring toss game 1:30 B & B Dogs 2:00 Making sock pumpkin 3:00 Seasonal Coloring 7:00 Evening Snacks	9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 11:45 Sing Along 1:00 Movie Matinee 4:00 Worship w/ Pastor	Hairdresser 9am 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Restorative Fun 2:00 Birthday Party w/ DJ Bernie 3:00 Snack Time 4:00 Activity W/Kim	9:30 Meet and Greet 10:00 Sing Along 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Resident Council 2:30 Men's Club 3:00 Trivia 4:00 Activity W/Kim	9:30 Meet & Greet 10:30 Exercises 11:00 Nail Flair W/ Music 1:30 Restorative Fun 2:00 Bingo 3:15 Coloring Fun! 7:00 Evening Snacks-
9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Hangman 3:00 Balloon Games	9:30 Meet & Greet 10:15 Morning Exercises 11:00 Meditation Time 1:15 Tabletop Games 2:15 Catholic Mass/Communion 2:30 Bingo 7:00 Evening snacks	9:30 Meet & Greet 10:15 Tune up Tuesday 11:00 Meditation Time 1:30 Sing Along 2:00 Carve or decorate pumpkin 3:00 Guess the Word 7:00 Evening Snacks	9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 1:00 Hocus pocus Movie 2:00 Guess the Animal 3:00 Concentration Games 4:00 Worship w/ Pastor	Hairdresser 9am 9:30 Meet & Greet 10:15 Zumba 11:00 Meditation Time 1:00 Restorative Fun 2:00 Bingo 3:00 Snack Time 4:00 Activity W/Kim	10:00 Worship w/ Chaplain Sue 9:30 Meet & Greet 11:00 Friday Fitness 1:00 Relaxation Time 2:00 HALLOWEEN PARTY 4:00 Activity W/Kim	HALLOWEEN 9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks