

MHS MEMORY LANE

Merry Heart Nursing Home
200 Route 10 West
Succasunna, NJ 07876
First Flr. CALENDAR

AUGUST 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activity Calendar is Subject to Change & Subject to Covid 19 Precautions!						1 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
2 9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	3 9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-50's 11:15 Independent Activity 1:30 Help Fold Clothes 2:00 Mass/Bingo MDR 2:45 Meditation 4:30 Monday Matinee	4 Barber 9:00am 9:30 Radiant Café 10:15 Hand Exercise 10:45 Ball Toss 11:15 Independent Activity 1:30 B & B Dogs  2:00 Hangman 4:30 Music Appreciation 6:00 Sitcoms	5 9:30 Radiant Café 10:15 Yoga Exercise 10:45 Sing Along-50's 11:15 Independent Activity 1:15 Word guessing game? 2:30 Balloon table game 4:30 Music Appreciation 6:00 Instrumental	6 Hairdresser 9am 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 1:15 Tabletop game 2:00 Hand massages 4:30 Music Appreciation 6:00 Sitcoms	7 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Let's Fold Clothes 2:00 Tabletop Games 4:30 Music Appreciation 6: 30 Game Shows	8 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
9 9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	10 9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-Oldies 11:15 Independent Activity 1:30 Help Fold Clothes 2:00 Mass/Bingo MDR 2:45 Reminiscing 4:30 Monday Matinee	11 9:30 Radiant Café 10:15 Ball Toss 10:45 Sing Along-60'S 1:00 Relaxation Time 1:45 Sing Along 2:30 Block Building 3:00 Let's Color 6:00 Sitcoms	12 9:30 Radiant Café 10:15 Morning Exercise 10:45 Sing Along-60's 11:15 Independent Activity 1:15 Bingo 2:30 Read with me 4:30 Music Fun 6:00 Instrumental	13 Hairdresser 9am 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 1:15 Trivia 2:30 Math Game 4:30 Music Appreciation 6:00 Sitcoms	14 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:15 Sing along 2:30 Tabletop Games 6:30 Game Shows	15 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
16 9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	17 9:30 Radiant Café 10:00 Dance with Me 11:15 Independent Activity 1:30 Help Fold Clothes 2:00 Mass/Bingo MDR 2:45 Meditation 4:30 Monday Matinee	18 9:30 Radiant Café 10:15 Hand Exercise 10:45 Ball Toss 11:15 Independent Activity 1:30 B & B Dogs  2:00 Hangman 4:30 Music Appreciation 6:00 Sitcoms	19 9:30 Radiant Café 10:15 Morning Exercise 10:45 Sing Along-70's 11:15 Independent Activity 1:45 Movie Matinee 2:30 Cookies tea time 4:30 Music Fun 6:00 Instrumental	20 Hairdresser 9am 9:30 Radiant Café 10:15 Thursday Exercises 11:15 Independent Activity 1:15 Music Relaxation 2:00 Music w/ DJ Bernie  4:30 Music Appreciation 6:00 Sitcoms	21 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:15 Sing alone 2:00 Men's Club 4:30 Music Appreciation 6:30 Game Shows	22 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
23 9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	24 9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-Oldies 11:15 Independent Activity 1:30 Help Fold Clothes 2:00 Mass/Bingo MDR 2:45 Reminiscing 4:30 Monday Matinee	25 9:30 Radiant Café 10:15 Ball Toss 10:45 Sing Along-60'S 11:15 Independent Activity 1:00 Relaxation Time 2:00 Music w/ Alexander & Reema  2:30 Block Building 3:00 Let's Color	26 9:30 Radiant Café 10:15 Yoga Exercise 10:45 Ping pong game 11:15 Independent Activity 1:15 Sing Along-50's 2:30 Bingo 4:30 Music Appreciation 6:00 Instrumental	27 Hairdresser 9am 9:30 Radiant Café 10:15 Yoga Exercises 11:15 Independent Activity 1:15 Music Relaxation 2:30 Hand Massage 4:30 Music Appreciation 6:00 Sitcoms	28 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 2:00 LUAU PARTY! 3:00 Snacks time  6:30 Game Shows	29 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation