

MHS MEMORY LANE

Merry Heart Nursing Home
200 Route 10 West
Succasunna, NJ 07876
First Flr. CALENDAR

DECEMBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Video Calls/ Facetime or Zoom Family Meetings Can Be Scheduled through the Activity Director/Staff or through Merry Heart Website.	1 9:00 Meet & Greet 10:30 Tune Up Tuesday 1:00 Relaxing Afternoon Music 2:00 Let's Do Arts! 3:45 Categories Game	2 9:00 Meet & Greet 9:30 Daily News 10:30 Stretching 2:00 Card Making 3:00 Music Jamboree 	3 9:00 Meet & Greet/Makeover 10:30 Music In Motion 1:00 1:1 interaction 2:00 Gorgeous Grandmas 3:30 Karaoke Sing Along	4 9:00 Meet & Greet/Table Games 10:30 Toss Ball Fun 2:00 Hallway Dancing Fun 3:30 Simple Trivia 	5 9:30 Meet & Greet 10:30 Balloon Toss 11:00 Stretching to Music 2:00 Simple Trivia 3:30 Nail Flair/Hand Massages 
6 9:00 Meet & Greet 10:30 Morning Chair Exercise 11:00 Nail Flair 2:00 Inspirational Stories 3:00 Balloon Toss & music 3:30 Hangman 	7 9:00 Meet & Greet 10:30 Moving Monday 1:30 Hand Massages 2:00 Let's Play Ball! 2:30 Music Jamboree 3:45 Sayings & Belief	Immaculate Conception 8 9:00 Meet & Greet 9:30 Reality Orientation 10:30 Tune Up Tuesday 11:00 Memory Games 2:00 Let's Do Arts! 3:30 Relaxing Music 	9 9:00 Meet & Greet 9:30 Daily News 10:30 Fitness Exercise 2:00 Sing Along! 2:30 Card Making 3:30 Math & Spelling	10 9:00 Meet & Greet/Nail Flair 9:30 Morning Orientation 10:30 Music In Motion 1:00 Music Relaxation 2:00 Story for Everyone 3:30 Karaoke Sing Along	Hannukah 11 9:00 Meet & Greet/Table Games 10:30 Friday Exercises 2:00 Nail Flair/Hand Massages 3:30 Simple Trivia 	12 9:30 Meet & Greet 11:00 Saturday Balloon Game 2:00 Relaxing Movie 3:30 Nail Flair/Hand Massages 
13 9:00 Meet & Greet 10:30 Morning Exercise 11:00 Nail Flair W/ Music 2:00 Devotions 3:00 Balloon Toss & music 3:30 Word Game	14 9:00 Meet & Greet 10:30 Moving Monday 1:30 Hand Massage 2:00 Simple Trivia 2:30 Balloon Volley 3:45 Trivia	15 9:00 Meet & Greet 9:30 Reality Orientation 10:30 Tune Up Tuesday 2:00 Let's Do Art! 3:30 Concentration Games	16 9:00 Meet & Greet 9:30 Daily News 10:30 Fitness Exercise 2:00 Ball Game 2:30 Music Jamboree 3:30 Story Telling Time	17 9:00 Meet & Greet/Nail Flair 9:30 Morning Orientation 10:30 Music In Motion 1:00 Music Relaxation 2:00 Story for Everyone 3:30 Karaoke Sing Along	18 9:00 Meet & Greet/Table Games 10:30 Toss Ball Fun 2:00 Story Telling 3:30 Simple Trivia 	19 9:30 Meet & Greet 11:00 Saturday Exercise 2:00 Bingo 3 2:00 Relaxing Movie 3:30 Nail Flair/Hand Massages 
20 9:00 Meet & Greet 10:30 Morning Chair Exercise 11:00 Nail Flair W/ Music 2:00 Inspirational Stories 3:00 Balloon Toss & music 3:30 Build a Word	Winter Begins 21 9:00 Meet & Greet 10:30 Moving Monday 1:30 Hand Massages 2:00 Reading Story! 2:30 Music Jamboree 3:45 Story Telling	22 9:00 Meet & Greet 10:30 Tune Up Tuesday 2:00 Let's Do Arts! 3:30 Jamboree Music 	23 9:00 Meet & Greet 9:30 Daily News 10:30 Stretching 2:00 Rhymes 2:30 Dancing in the Hall 3:30 Flash Cards 	Christmas Eve 24 9:00 Meet & Greet/Makeover 9:30 Morning Orientation 10:30 Music In Motion 1:00 Music Relaxation 2:00 Makeover/Make Up 2:30 Christmas Gift Giving 3:30 Ball Toss	Christmas Day 25 Christmas Morning and Carols 12:30 Christmas Lunch 2:00 Story Movie 3:30 Christmas Fun 4:00 Christmas Music 	26 9:30 Meet & Greet 11:00 Balloon Tennis 2:00 Relaxing Movie 3:30 Nail Flair/Hand Massages 
27 9:00 Meet & Greet 10:30 Morning Chair Exercise 11:00 Nail Flair W/ Music 2:00 Devotions 3:00 Balloon Toss & music 3:30 Math & Spelling Bee	28 9:00 Meet & Greet 10:30 Moving Monday 1:30 Hand Massage 2:00 Finishing Phrases! 2:30 Balloon Volley 3:45 Famous Stories	29 9:00 Meet & Greet 9:30 This Day In History 10:30 Tune Up Tuesday 2:00 Let's Do Arts! 3:45 Categories Game	30 9:00 Meet & Greet 9:30 Daily News 10:30 Fitness Exercise 2:00 Sing Along! 2:30 New Year Makeover 3:30 Math & Spelling 	New Year's Eve 31 9:00 Meet & Greet/Makeover 10:30 Music In Motion 1:00 1:1 interaction 2:00 Welcoming 2021 3:30 Karaoke Sing Along 	Activity Calendar is Subject to Change & Subject to Covid 19 Precautions. Snacks & Hydration at 10 AM, 3 PM and 7	PLEASE OBSERVE SOCIAL DISTANCING AT ALL TIMES! Outdoor Family Visits Scheduled through Concierge