

MHS MEMORY LANE

Merry Heart Nursing Home
200 Route 10 West
Succasunna, NJ 07876
First Flr. CALENDAR

FEBRUARY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 Meet & Greet 10:30 Moving Monday 1:30 Hand Massages 2:00 Reading Story! 2:30 Music Jamboree 3:45 Story Telling	2 Groundhog Day 9:00 Meet & Greet 10:30 Tune Up Tuesday 2:00 Let's Do Arts! 3:30 Jamboree Music 	3 9:00 Meet & Greet 9:30 Daily News 10:30 Stretching 2:00 Rhymes 2:30 Stories That Touch Our Hearts 3:30 Flash Cards	4 9:00 Meet & Greet/Makeover 9:30 Morning Orientation 10:30 Music In Motion 1:00 Music Relaxation 2:00 Makeover/Make Up 2:30 Arts & Crafts 3:30 Ball Toss	5 9:00 Meet & Greet/Table Games 10:30 Toss Ball Fun 2:00 Hallway Dancing Fun 3:30 Simple Trivia 	6 9:30 Meet & Greet 10:30 Balloon Toss 11:00 Stretching to Music 2:00 Simple Trivia 3:30 Nail Flair/Hand Massages 
Super Bowl Sunday 7 9:00 Meet & Greet 10:30 Morning Chair Exercise 11:00 Nail Flair 2:00 Inspirational Stories 3:00 Balloon Toss & music 3:30 Hangman 	8 9:00 Meet & Greet 10:30 Moving Monday 1:30 Hand Massages 2:00 Let's Play Ball! 2:30 Music Jamboree 3:45 Sayings & Belief	9 9:00 Meet & Greet 9:30 Reality Orientation 10:30 Tune Up Tuesday 11:00 Memory Games 2:00 Let's Do Arts! 3:30 Relaxing Music	10 9:00 Meet & Greet 9:30 Daily News 10:30 Fitness Exercise 2:00 Sing Along! 2:30 Arts & Crafts 3:30 Math & Spelling	11 9:00 Meet & Greet/Nail Flair 9:30 Morning Orientation 10:30 Music In Motion 1:00 Music Relaxation 2:00 Coloring 3:30 Karaoke Sing Along	Chinese New Year 12 9:00 Meet & Greet/Elvis Music 10:30 Friday Exercises 2:00 Nail Flair/Hand Massages 3:30 Simple Trivia 	13 9:30 Meet & Greet 11:00 Saturday Balloon Game 2:00 Relaxing Movie 3:30 Nail Flair/Hand Massages 
Valentine's Day 14 9:00 Meet & Greet 10:30 Morning Exercise 11:00 Nail Flair W/ Music 2:00 Devotions 3:00 Balloon Toss & music 3:30 Word Game 	President's Day 15 9:00 Meet & Greet 10:30 Moving Monday 1:30 Hand Massage 2:00 Simple Trivia 2:30 Balloon Volley 3:45 Trivia	16 9:00 Meet & Greet 9:30 Reality Orientation 10:30 Tune Up Tuesday 2:00 Let's Do Art! 3:30 Concentration Games	Ash Wednesday 17 9:00 Meet & Greet 9:30 Daily News 10:30 Fitness Exercise 2:00 Ball Game 2:30 Music Jamboree 3:30 Story Telling Time	18 9:00 Meet & Greet/Nail Flair 9:30 Morning Orientation 10:30 Music In Motion 1:00 Music Relaxation 2:00 Balloon Games 3:30 Karaoke Sing Along	19 9:00 Meet & Greet/Table Games 10:30 Friday Stretching 2:00 Story Telling 3:30 Simple Trivia	20 9:30 Meet & Greet 11:00 Saturday Exercise 2:00 Bingo 3 2:00 Relaxing Movie 3:30 Nail Flair/Hand Massages 
21 9:00 Meet & Greet 10:30 Morning Chair Exercise 11:00 Nail Flair W/ Music 2:00 Inspirational Stories 3:00 Balloon Toss & music 3:30 Build a Word	22 9:00 Meet & Greet 10:30 Moving Monday 1:30 Hand Massages 2:00 Reading Story! 2:30 Music Jamboree 3:45 Story Telling	23 9:00 Meet & Greet 10:30 Tune Up Tuesday 2:00 Let's Do Arts! 3:30 Jamboree Music 	24 9:00 Meet & Greet 9:30 Daily News 10:30 Stretching 2:00 Rhymes 2:30 Stories That Touch Our Hearts 3:30 Flash Cards	Purim 25 9:00 Meet & Greet/Makeover 9:30 Morning Orientation 10:30 Music In Motion 1:00 Music Relaxation 2:00 Makeover/Make Up 2:30 Arts & Crafts 3:30 Ball Toss	26 9:00 Meet & Greet/Cplor Arts 10:30 Friday Exercises 2:00 Feel Good Movie 3:30 Story Telling 4:00 Reminiscing	27 9:30 Meet & Greet 11:00 Balloon Tennis 2:00 Relaxing Movie 3:30 Nail Flair/Hand Massages 
28 9:00 Meet & Greet 10:30 Morning Chair Exercise 11:00 Nail Flair W/ Music 2:00 Devotions 3:00 Balloon Toss & music 3:30 Math & Spelling Bee				Video Calls/ Facetime or Zoom Family Meetings Can Be Scheduled through the Activity Director/Staff or through Merry Heart Website.	Activity Calendar is Subject to Change & Subject to Covid 19 Precautions. Snacks & Hydration at 10 AM, 3 PM and 7 PM	PLEASE OBSERVE SOCIAL DISTANCING AT ALL TIMES! Outdoor Family Visits Scheduled through Concierge