

MHS MEMORY LANE

Merry Heart Nursing Home
200 Route 10 West
Succasunna, NJ 07876
First Flr. CALENDAR

JANUARY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy New Year 1 9:00 Meet & Greet 10:00 Restorative Fun 11:00 Virtual Catholic Mass 2:00 Nail Flair W/ Music 3:00 Dance To The Music 3:30 Word Game 7:00 Evening Snacks 	2 9:00 Meet & Greet 1:00 Patriotic Songs 2:00 Virtual Catholic Mass 2:30 Bingo MDR 3:45 Sayings & Belief 7:00 Evening Snacks	3 9:00 Meet & Greet 9:30 Reality Orientation 10:00 Simple Trivia 2:00 Virtual Rosary 3:00 Dancing to the Music 7:00 Evening Snacks 	4 9:00 Meet & Greet 9:30 Daily News 10:00 Restorative Fun 11:00 Coloring Art 11:30 B & B Dogs 2:00 Sing Along 3:30 Arts & Crafts 7:00 Evening Snacks	5 9:00 Meet & Greet/Nail Flair 9:30 Daily Chronicles 10:Restorative Fun 1:00 Music Relaxation 2:00 Move and Groove 3:00 Happy Hour W/ Chris 7:00 Evening Snacks	6 9:00 Meet & Greet 10:00 Friday Exercises 11:00 Color Arts 2:00 Hand Exercises 3:00 Happy Hour W/ Chris 7:00 Evening Snacks	7 9:30 Meet & Greet 10:00 Restorative Fun 10:30 Trivia 1:00 1:1 Visits 2:00 Simple Trivia 3:30 Nail Flair/Hand Massages 7:00 Evening Snacks
8 9:00 Meet & Greet 10:00 Restorative Fun 11:00 Virtual Catholic Mass 2:00 Nail Flair 3:00 Balloon Toss & Music 3:30 Hangman 7:00 Evening Snacks	9 9:00 Meet & Greet 10:00 Morning Exercise 11:00 Patriotic Songs 2:00 Catholic Mass MDR 2:30 Bingo MDR 3:45 Sayings & Belief 7:00 Evening Snacks	10 9:00 Meet & Greet 10:00 Restorative Fun 11:00 Simple Spelling 1:00 1:1 Visits 2:00 Virtual Rosary 2:00 Worship w/ Pastor Dan3 3:30 Sing Along 7:00 Evening Snacks	11 9:00 Meet & Greet 9:30 Daily News 10:00 Restorative Fun 11:00 Familiar Songs 2:00 Game Shows 3:00 Simple Trivia 7:00 Evening Snacks	Hairdresser 9 am 12 9:00 Meet & Greet/Nail Flair 10:00 Thursday Exercises 1:00 1:1 Visits 2:00 Dance To The Music 3:00 Hand Massages w/ Music 4:00 Rhymes 7:00 Evening Snacks	13 9:00 Meet & Greet 10:00 Friday Exercises 10:00Worship W/Chap. Sue (3rd) 11:00 Color Arts 2:00 Balloon Games 3:00 Happy Hour W/ Chris 7:00 Evening Snacks	14 9:30 Meet & Greet 10:00 Restorative Fun 11:00 Saturday Balloon 1:00 1:1 Visits 2:00 Relaxing Movie 3:30 Nail Flair/Hand 7:00 Evening Snacks
15 9:00 Meet & Greet 10:00 Restorative Fun 11:00 Virtual Catholic Mass 2:00 Nail Flair W/ Music 3:00 Dance To The Music 3:30 Word Game 7:00 Evening Snacks	Martin Luther King Jr 16 9:00 Meet & Greet 10:00 Morning Exercise 11:00 Morning Musicals 2:00 Catholic Mass MDR 2:30 Bingo 3:30 Relaxing Songs 7:00 Evening Snacks	17 9:00 Meet & Greet 10:00 Restorative Fun 11:00 Simple Spelling 1:00 1:1 Visits 2:00 Virtual Rosary 3:30 Sing Along 7:00 Evening Snacks	18 9:00 Meet & Greet 9:30 Daily News 10:00 Restorative Fun 11:00 Coloring Art 11:30 B & B Dogs 2:00 Worship Service 3 2:00 Sing Along 3:30 Arts & Crafts 7:00 Evening Snacks	Hairdresser 9 am 19 9:00 Meet & Greet/Nail Flair 9:30 Daily Chronicles 10:Restorative Fun 1:00 Music Relaxation 2:00 Hand Massages 3:00 Fun times with Music 7:00 Evening Snacks	20 9:00 Meet & Greet/Table Games 10:00 Friday Exercises 10:00 Worship W/ Chap. Sue (3rd) 11:00 Color Arts 2:00 Hand Exercises/Nails 3:00 Happy Hour W/ Chris 7:00 Evening Snacks	21 9:30 Meet & Greet 10:00 Restorative Fun 11:00 Familiar Songs 2:00 Musicals 3:30 Nail Flair/Hand Massages 7:00 Evening Snacks
Activity 22 9:00 Meet & Greet 10:00 Restorative Fun 11:00 Virtual Catholic Mass 2:00 Worship w/ Pastor Leo, Hillside Lutheran 3 3:00 Balloon Toss & music 3:30 Word Game 7:00 Evening Snacks	Professionals 23 9:00 Meet & Greet 10:00 Restorative Fun 11:00 Morning Musicals 1:00 1:1 Visits 1:30 Hand Massages 2:00 Catholic Mass MDR 2:30 Bingo MDR 3:45 Story Telling 7:00 Evening Snacks	Week 24 9:00 Meet & Greet 10:00 Restorative Fun 11:00 Simple Math 1:00 1:1 Visits 2:00 Virtual Rosary 3:30 Jamboree Music 7:00 Evening Snacks	1/22 to 1/28 25 9:00 Meet & Greet 10:00 Restorative Fun 11:00 Familiar Songs 1:00 1:1 Visits 2:00 Chinese New Year 3 2:30 Spa (Manicure, Hand Massages) 7:00 Evening Snacks	Hairdresser 9 am 26 9:00 Meet & Greet/Nail Flair 9:30 Daily Chronicles 10:Restorative Fun 2:00 Hand Massages 3:00 BirthDay Party W/ DJ Bernie 7:00 Evening Snacks	27 9:00 Meet & Greet 10:00 Friday Exercises 10:00 Worship W/ Chap. Sue (3rd) 11:00 Color Art 2:00 Hand Exercises 3:00 Happy Hour w/ Chris 7:00 Evening Snacks	28 9:30 Meet & Greet 10:00 Restorative Fun 11:00 Balloon Tennis 2:00 Relaxing Movie 3:30 Nail Flair/Hand Massages 7:00 Evening Snacks
29 9:00 Meet & Greet 10:00 Restorative Fun 11:00 Virtual Catholic Mass 2:00 Worship Prayer Service 3 3:00 Word Games 2:00 Sing Along 7:00 Evening Snacks	30 9:00 Meet & Greet 10:00 Restorative Fun 11:00 Morning Musicals 1:00 1:1 Visits 1:30 Hand Massages 2:00 Catholic Mass MDR 2:30 Bingo MDR 3:45 Trivia 7:00 Evening Snacks	31 9:00 Meet & Greet 10:00 Restorative Fun 11:00 Simple Spelling 1:00 1:1 Visits 2:00 Virtual Rosary 2:30 Stretch Time 3:30 Sing Along 7:00 Evening Snacks			PLEASE OBSERVE SOCIAL DISTANCING! Activity Calendar is Subject to Change & Subject to Covid 19 Precautions	Video Calls/ Facetime or Zoom Family Meetings Can Be Scheduled through Merry Heart Website Snacks & Hydration at 10 AM, 2 PM and 7 PM