

MHS MEMORY LANE

Merry Heart Nursing Home
200 Route 10 West
Succasunna, NJ 07876
First Flr. CALENDAR

JANUARY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>Video Calls/ Facetime or Zoom Family Meetings Can Be Scheduled through the Activity Director/Staff or through Merry Heart Website.</p>	<p>Activity Calendar is Subject to Change & Subject to Covid 19 Precautions. Snacks & Hydration at 10 AM, 3 PM and 7 PM</p>	<p>PLEASE OBSERVE SOCIAL DISTANCING AT ALL TIMES!</p> <p>Outdoor Family Visits Scheduled through Concierge</p>	<p>Happy New Year 1 9:00 Meet & Greet/Table Games 10:30 Toss Ball Fun 2:00 Hallway Dancing Fun 3:30 Simple Trivia</p>	<p>9:30 Meet & Greet 10:30 Balloon Toss 11:00 Stretching to Music 2:00 Simple Trivia 3:30 Nail Flair/Hand Massages</p> 
<p>3 9:00 Meet & Greet 10:30 Morning Chair Exercise 11:00 Nail Flair 2:00 Inspirational Stories 3:00 Balloon Toss & music 3:30 Hangman</p> 	<p>4 9:00 Meet & Greet 10:30 Moving Monday 1:30 Hand Massages 2:00 Let's Play Ball! 2:30 Music Jamboree 3:45 Sayings & Belief</p>	<p>5 9:00 Meet & Greet 9:30 Reality Orientation 10:30 Tune Up Tuesday 11:00 Memory Games 2:00 Let's Do Arts! 3:30 Relaxing Music</p>	<p>Epiphany 6 9:00 Meet & Greet 9:30 Daily News 10:30 Fitness Exercise 2:00 Sing Along! 2:30 Arts & Crafts 3:30 Math & Spelling</p> 	<p>7 9:00 Meet & Greet/Nail Flair 9:30 Morning Orientation 10:30 Music In Motion 1:00 Music Relaxation 2:00 Coloring 3:30 Karaoke Sing Along</p>	<p>Elvis Birthday 8 9:00 Meet & Greet/Elvis Music 10:30 Friday Exercises 2:00 Nail Flair/Hand Massages 3:30 Simple Trivia</p> 	<p>9 9:30 Meet & Greet 11:00 Saturday Balloon Game 2:00 Relaxing Movie 3:30 Nail Flair/Hand Massages</p> 
<p>10 9:00 Meet & Greet 10:30 Morning Exercise 11:00 Nail Flair W/ Music 2:00 Devotions 3:00 Balloon Toss & music 3:30 Word Game</p>	<p>11 9:00 Meet & Greet 10:30 Moving Monday 1:30 Hand Massage 2:00 Simple Trivia 2:30 Balloon Volley 3:45 Trivia</p>	<p>12 9:00 Meet & Greet 9:30 Reality Orientation 10:30 Tune Up Tuesday 2:00 Let's Do Art! 3:30 Concentration Games</p>	<p>13 9:00 Meet & Greet 9:30 Daily News 10:30 Fitness Exercise 2:00 Ball Game 2:30 Music Jamboree 3:30 Story Telling Time</p>	<p>14 9:00 Meet & Greet/Nail Flair 9:30 Morning Orientation 10:30 Music In Motion 1:00 Music Relaxation 2:00 Balloon Games 3:30 Karaoke Sing Along</p> 	<p>15 9:00 Meet & Greet/Table Games 10:30 Toss Ball Fun 2:00 Story Telling 3:30 Simple Trivia</p>	<p>16 9:30 Meet & Greet 11:00 Saturday Exercise 2:00 Bingo 3 2:00 Relaxing Movie 3:30 Nail Flair/Hand Massages</p> 
<p>17 9:00 Meet & Greet 10:30 Morning Chair Exercise 11:00 Nail Flair W/ Music 2:00 Inspirational Stories 3:00 Balloon Toss & music 3:30 Build a Word</p>	<p>Martin Luther King Jr. 18 9:00 Meet & Greet 10:30 Moving Monday 1:30 Hand Massages 2:00 Reading Story! 2:30 Music Jamboree 3:45 Story Telling I Have A Dream!</p>	<p>19 9:00 Meet & Greet 10:30 Tune Up Tuesday 2:00 Let's Do Arts! 3:30 Jamboree Music</p> 	<p>20 9:00 Meet & Greet 9:30 Daily News 10:30 Stretching 2:00 Rhymes 2:30 Stories That Touch Our Hearts 3:30 Flash Cards</p>	<p>21 9:00 Meet & Greet/Makeover 9:30 Morning Orientation 10:30 Music In Motion 1:00 Music Relaxation 2:00 Makeover/Make Up 2:30 Arts & Crafts 3:30 Ball Toss</p>	<p>22 9:00 Meet & Greet/Cplor Arts 10:30 Friday Exercises 2:00 Feel Good Movie 3:30 Story Telling 4:00 Reminiscing</p>	<p>23 9:30 Meet & Greet 11:00 Balloon Tennis 2:00 Relaxing Movie 3:30 Nail Flair/Hand Massages</p> 
<p>24/31 9:00 Meet & Greet 10:30 Morning Chair Exercise 11:00 Nail Flair W/ Music 2:00 Devotions 3:00 Balloon Toss & music 3:30 Math & Spelling Bee</p>	<p>25 9:00 Meet & Greet 10:30 Moving Monday 1:30 Hand Massage 2:00 Finishing Phrases! 2:30 Balloon Volley 3:45 Famous Stories</p>	<p>26 9:00 Meet & Greet 9:30 This Day In History 10:30 Tune Up Tuesday 2:00 Let's Do Arts! 3:45 Categories Game</p>	<p>Tu B'Shevat 27 9:00 Meet & Greet 9:30 Daily News 10:30 Fitness Exercise 2:00 Sing Along! 2:30 Story Reading 3:30 Math & Spelling</p> 	<p>28 9:00 Meet & Greet/Makeover 10:30 Music In Motion 1:00 1:1 interaction 2:00 Hand Massages 3:30 Karaoke Sing Along</p>	<p>29 9:00 Meet & Greet/Table Games 10:30 Toss Ball Fun 2:00 Hallway Dancing Fun 3:30 Simple Trivia</p>	<p>30 9:30 Meet & Greet 10:30 Balloon Toss 11:00 Stretching to Music 2:00 Simple Trivia 3:30 Nail Flair/Hand Massages</p> 