

MHS MEMORY LANE

Merry Heart Nursing Home
200 Route 10 West
Succasunna, NJ 07876
First Flr. CALENDAR

JULY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Activity Calendar is Subject to Change & Subject to Covid 19 Precautions!	1 9:30 Radiant Café 10:15 Ball Toss 10:45 Exercise 1:00 Relaxation Time 1:30 B & B Dogs 2:00 Summer Coloring 2:30 Block Building 3:00 Let's Color 	2 9:30 Radiant Café 10:15 Morning Yoga 11:15 Independent Activity 1:15 Balloon Volleyball 2:00 Hangman 3:00 Guess What Game 4:30 Music Fun 6:00 Instrumental	3 <u>Hairdresser 9am</u> 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 1:30 Foam Party! 2:00 Guess the Animal 3:00 Hand Massage 4:30 Music Fun	4 <u>Independence Day</u> 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 12:00 BBQ LUNCH! 1:45 Let's Fold Clothes 2:00 4th of July Trivia	5 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
6 9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	7 9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-50's 11:15 Independent Activity 1:30 Sing Along 2:00 Mass/Bingo MDR 2:45 Meditation 4:30 Monday Matinee	8 9:30 Radiant Café 10:15 Hand Exercise 10:45 Ball Toss 11:15 Independent Activity 1:00 Relaxation Time 2:00 Summer Coloring 4:30 Music Appreciation 6:00 Sitcoms	9 9:30 Radiant Café 10:15 What Am I Trivia 10:45 Sing Along-60's 11:15 Independent Activity 1:15 Balloon Volleyball 2:00 Hangman 3:00 Music Appreciation 6:00 Instrumental	10 <u>Hairdresser 9am</u> 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 2:00 YouTube Trivia 3:00 Hand Massage 4:30 Music Appreciation 6:00 Sitcoms	11 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Let's Fold Clothes 2:00 Creative Art 4:30 Music Appreciation 6: 30 Game Shows	12 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
13 9:30 Radiant Café 10:15 Morning Stretch 11:00 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	14 9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-Oldies 11:15 Independent Activity 1:30 Help Fold Clothes 2:00 Mass/Bingo MDR 2:45 Reminiscing 4:30 Monday Matinee	15 9:30 Radiant Café 10:15 Ball Toss 10:45 Exercise 1:00 Relaxation Time 1:30 B & B Dogs 2:00 Summer Coloring 2:30 Block Building 3:00 Let's Color 	16 9:30 Radiant Café 10:15 Morning Yoga 11:15 Independent Activity 1:15 Balloon Volleyball 2:00 Hangman 3:00 Guess What Game 4:30 Music Fun 6:00 Instrumental	17 <u>Hairdresser 9am</u> 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 1:15 Arts & Crafts 2:00 Guess the Animal 3:00 Hand Massage 4:30 Music Fun	18 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Let's Fold Clothes 2:00 Men's Club 6:30 Game Shows	19 <u>Barber 9:00am</u> 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
20 9:30 Radiant Café 10:15 Morning Stretch 11:00 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	21 9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-50's 11:15 Independent Activity 1:30 Sing Along 2:00 Mass/Bingo MDR 2:45 Meditation 4:30 Monday Matinee	22 9:30 Radiant Café 10:15 Hand Exercise 10:45 Ball Toss 11:15 Independent Activity 1:00 Relaxation Time 2:00 Summer Coloring 2:30 Let's Color 4:30 Music Appreciation	23 9:30 Radiant Café 10:15 Morning Exercise 10:45 Sing Along-70's 11:15 Independent Activity 1:15 Balloon Volleyball 2:00 Summer Coloring 4:30 Music Fun 6:00 Instrumental	24 <u>Hairdresser 9am</u> 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 1:15 Arts and Crafts 2:30 Hand Massage 3:00 Music w/ DJ Bernie 4:30 Music Fun 	25 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Let's Fold Clothes 2:30 Creative Art 4:30 Music Appreciation 6:30 Game Shows	26 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
27 9:30 Radiant Café 10:15 Morning Stretch 11:00 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	28 9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-50's 11:15 Independent Activity 1:30 Sing Along 2:00 Mass/Bingo MDR 2:45 Meditation 4:30 Monday Matinee	29 9:30 Radiant Café 10:15 Ball Toss 10:45 Exercise 1:00 Relaxation Time 1:30 B & B Dogs 2:00 Summer Coloring 2:30 Block Building 3:00 Let's Color 	30 9:30 Radiant Café 10:15 Morning Yoga 11:15 Independent Activity 1:15 Balloon Volleyball 2:00 Hangman 3:00 Guess What Game 4:30 Music Fun 6:00 Instrumental	31 <u>Hairdresser 9am</u> 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 1:15 Arts & Crafts 2:00 Guess the Animal 3:00 Hand Massage 4:30 Music Fun		