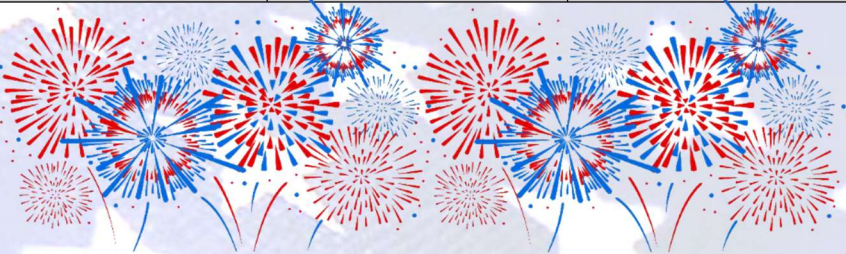


MHS MEMORY LANE

Merry Heart Nursing Home
200 Route 10 West
Succasunna, NJ 07876
First Flr. CALENDAR

JULY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30 Radiant Café 10:15 Morning Exercise 10:45 Sing Along-60's 11:15 Independent Activity 1:30 Balloon games 2:30 Trivia 4:30 Music Fun 6:00 Instrumental	2 <u>Hairdresser 9am</u> 9:30 Radiant Café 10:15 Yoga Exercises 11:15 Independent Activity 1:15 Music Relaxation 2:00 Music w/ Alexander & Reema 4:30 Music Appreciation 6:00 Sitcoms	3 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:15 4th of July crafts 2:00 Tabletop Games 6:30 Game Shows	4 <u>Independence Day</u> 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 12:00 BBQ LUNCH 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
5 9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Superbowl Game	6 9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-50's 11:15 Independent Activity 1:30 Sing Along 2:00 Mass/Bingo MDR 2:45 Meditation 4:30 Monday Matinee	7 <u>Barber 1 pm</u> 9:30 Radiant Café 10:15 Hand Exercise 10:45 Ball Toss 11:15 Independent Activity 1:30 B & B Dogs 2:00 Hangman 4:30 Music Appreciation 6:00 Sitcoms	8 9:30 Radiant Café 10:15 Yoga Exercise 10:45 Sing Along-50's 11:15 Independent Activity 1:15 Cups stacking game 2:30 Balloon table game 4:30 Music Appreciation 6:00 Instrumental	9 <u>Hairdresser 9am</u> 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 2:00 FIFA world cup PARTY! 4:30 Music Appreciation 6:00 Sitcoms	10 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Let's Fold Clothes 2:00 Tabletop Games 4:30 Music Appreciation 6:30 Game Shows	11 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
12 9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	13 9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-Oldies 11:15 Independent Activity 1:30 Help Fold Clothes 2:00 Mass/Bingo MDR 2:45 Reminiscing 4:30 Monday Matinee	14 9:30 Radiant Café 10:15 Ball Toss 10:45 Sing Along-60'S 1:00 Relaxation Time 1:45 Sing Along 2:30 Block Building 3:00 Let's Color 6:00 Sitcoms	15 9:30 Radiant Café 10:15 Morning Exercise 10:45 Sing Along-60's 11:15 Independent Activity 1:15 Bottles wind spin craft 2:30 Guess What Game 4:30 Music Fun 6:00 Instrumental	16 <u>Hairdresser 9am</u> 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 1:15 Trivia 2:00 Birthday Party w/ DJ Bernie 4:30 Music Appreciation	17 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:15 Water painting 2:00 Tabletop Games 6:30 Game Shows	18 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
19 9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	20 9:30 Radiant Café 10:00 Dance with Me 11:15 Independent Activity 1:30 Sing Along 2:00 Mass/Bingo MDR 2:45 Meditation 4:30 Monday Matinee	21 9:30 Radiant Café 10:15 Hand Exercise 10:45 Ball Toss 11:15 Independent Activity 1:30 B & B Dogs 2:00 Hangman 4:30 Music Appreciation 6:00 Sitcoms	22 9:30 Radiant Café 10:15 Morning Exercise 10:45 Sing Along-70's 11:15 Independent Activity 1:45 Movie Matinee 3:00 Ocean coloring 4:30 Music Fun 6:00 Instrumental	23 <u>Hairdresser 9am</u> 9:30 Radiant Café 10:15 Thursday Exercises 11:15 Independent Activity 1:15 Music Relaxation 2:30 Hand Massage 4:30 Music Appreciation 6:00 Sitcoms	24 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:15 Tea/cookies time 2:00 Men's Club 4:30 Music Appreciation 6:30 Game Shows	25 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
26 9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	27 9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-Oldies 11:15 Independent Activity 1:30 Help Fold Clothes 2:00 Mass/Bingo MDR 2:45 Reminiscing 4:30 Monday Matinee	28 9:30 Radiant Café 10:15 Ball Toss 10:45 Sing Along-60'S 11:15 Independent Activity 1:00 Relaxation Time 2:00 Hangman 2:30 Block Building 3:00 Let's Color	29 9:30 Radiant Café 10:15 Yoga Exercise 10:45 Ping pong game 11:15 Independent Activity 1:15 Sing Along-50's 2:30 Bingo 4:30 Music Appreciation 6:00 Instrumental	30 <u>Hairdresser 9am</u> 9:30 Radiant Café 10:15 Yoga Exercises 11:15 Independent Activity 1:15 Music Relaxation 2:30 Hand Massage 4:30 Music Appreciation 6:00 Sitcoms	31 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:15 Movie Friday 3:00 Snacks time 6:30 Game Shows	Activity Calendar is Subject to Change & Subject to Covid 19 Precautions!