

MHS MEMORY LANE

Merry Heart Nursing Home
200 Route 10 West
Succasunna, NJ 07876
First Flr. CALENDAR

MARCH 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Activity Calendar is Subject to Change & Subject to Covid 19 Precautions!	<p>1</p> 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
2	3	Mardi Gras 4 	Ash Wednesday 5 	6	7	8
9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-50's 11:15 Independent Activity 1:30 Sing Along 2:00 Mass/Bingo MDR 2:45 Meditation 4:30 Monday Matinee	9:30 Radiant Café 10:15 Ball Toss 10:45 Exercise 1:00 Relaxation Time 1:30 B & B Dogs 1:45 Sing Along 2:30 Mardi Gras Show 3:00 Let's Color 6:00 Sitcoms	9:30 Radiant Café 10:15 What Am I Trivia 10:45 Sing Along-60's 11:15 Independent Activity 1:45 Balloon Volleyball 2:30 Guess What Game 4:30 Music Appreciation 6:00 Instrumental	Hairdresser 9am 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 2:00 Leprechaun Color 2:30 Hand Massage 4:30 Music Appreciation 6:00 Sitcoms	9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Let's Fold Clothes 2:30 Creative Art 4:30 Music Appreciation 6:30 Game Shows	9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
9	10	11	12	13	14	15
9:30 Radiant Café  10:15 Morning Stretch 11:00 Music w/ Albert Mulad 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-Oldies 11:15 Independent Activity 1:30 Help Fold Clothes 2:00 Mass/Bingo MDR 2:45 Reminiscing 4:30 Monday Matinee	9:30 Radiant Café 10:15 Hand Exercise 10:45 Ball Toss 11:15 Independent Activity 1:00 Relaxation Time 1:45 St. Patrick Craft 2:30 Let's Color 4:30 Music Appreciation 6:00 Sitcoms	9:30 Radiant Café 10:15 Morning Yoga 11:15 Independent Activity 1:45 Balloon Volleyball 2:30 Guess What Game 4:30 Music Fun 6:00 Instrumental	Hairdresser 9am 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 2:00 Music w/ the Gypsy Sisters  2:30 Hand Massage 4:30 Music Fun	9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Green Cookies 2:00 Bingo 6:30 Game Shows	9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
16	17	18	19	20	21	22
9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	St. Patrick's Day 9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-50's 11:15 Independent Activity 1:30 Sing Along 2:00 Mass/Bingo MDR 2:45 Meditation 4:30 Monday Matinee	9:30 Radiant Café  10:15 Ball Toss 10:45 Exercise 1:00 Relaxation Time 1:30 B & B Dogs 2:00 Music w/ Kris Phiphany  2:30 Block Building 3:00 Let's Color	9:30 Radiant Café 10:15 Morning Exercise 10:45 Sing Along-70's 11:15 Independent Activity 1:45 Balloon Volleyball 4:30 Music Fun 6:00 Instrumental	Hairdresser 9am 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 1:45 Arts and Crafts 2:30 Hand Massage 4:30 Music Fun	A & L Sales 21 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Let's Fold Clothes 2:30 Creative Art 4:30 Music Appreciation 6:30 Game Shows	9:30 Radiant Café  10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
23/30	24/31	25	26	27	28	29
9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-Oldies 11:15 Independent Activity 1:30 Help Fold Clothes 2:00 Mass/Bingo MDR 2:45 Reminiscing 4:30 Monday Matinee	9:30 Radiant Café 10:15 Hand Exercise 10:45 Ball Toss 11:15 Independent Activity 1:00 Relaxation Time 1:45 Sing Along 2:30 Let's Color 4:30 Music Appreciation	9:30 Radiant Café 10:15 Morning Yoga 11:15 Independent Activity 1:45 Balloon Volleyball 2:30 Guess What Game 4:30 Music Fun 6:00 Instrumental	Hairdresser 9am 9:30 Radiant Café 10:15 Thursday Exercises 11:15 Independent Activity 1:00 Music Relaxation Birthday Celebrations w/ DJ Bernie  3:00	9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Let's Fold Clothes 2:30 Leprechaun Martinis 4:30 Music Appreciation	9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation