MHS MEMORY LANE

Merry Heart Nursing Home
200 Route 10 West
Succasunna, NJ 07876
First Flr. CALENDAR

NOVEMBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Daylight Savings** 9:30 Radiant Café 10:15 Morning Stretch **11:15 Catholic Mass** 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation	**2** 9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-Oldies 11:15 independent Activity 1:15 Help Fold Clothes **2:00 Mass/Bingo MDR** 2:45 Reminiscing 4:30 Monday Matinee	**3** 9:30 Radiant Café 10:15 Ball Toss 10:45 Sing Along-60'S 11:15 Independent Activity **1:15 Relaxation Time** 1:45 Sing Along 2:30 Block Building 3:00 Let's Color 6:00 Sitcoms	**4** **Hairdresser 9am** 9 :30 Radiant Café 10 :15 Chair Exercise 11:15 Independent Activity 1:15 Trivia 2:30 Math Game 4:30 Music Appreciation 6:00 Sitcoms	**5** 9:30 Radiant Café 10:15 Yoga Exercise 10:45 Sing Along-50's 11:15 Independent Activity **1:30 Wood slice crafts** **2:00 Music w/ Alexander & Reema** 4:30 Music Appreciation 6:00 Instrumental	**6** 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:15 Sing along 2:30 Tabletop Games 6:30 Game Shows	**7** 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
8 9:30 Radiant Café 10:15 Morning Stretch **11:15 Catholic Mass** 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	**9** 9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-50's 11:15 Independent Activity 1:30 Help Fold Clothes **2:00 Mass/Bingo MDR** 2:45 Meditation 4:30 Monday Matinee	**10** **Barber 9:00am** 9:30 Radiant Café 10:15 Hand Exercise 10:45 Ball Toss 11:15 Name That Tune 1:30 Murphy the Dog **2:00 Music w/ Rich Stillman-Patriotic Show** 4:30 Music Appreciation	**11** **VETERAN'S DAY** **Hairdresser 9am** 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 1:15 Trivia **2:00 Veterans Service** 6:00 Sitcoms	**12** 9:30 Radiant Café 10:15 Yoga Exercise 10:45 Sing Along-50's 11:15 Independent Activity **1:30 Making door tags** 2:30 Balloon table game 4:30 Music Appreciation 6:00 Instrumental	**13** 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Let's Fold Clothes **2:00 Happy hour** 4:30 Music Appreciation 6: 30 Game Shows	**14** 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
15 9:30 Radiant Café 10:15 Morning Stretch **11:15 Catholic Mass** 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation	**16** 9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-Oldies 11:15 Independent Activity 1:30 Help Fold Clothes **2:00 Mass/Bingo MDR** 2:45 Reminiscing 4:30 Monday Matinee	**17** 9:30 Radiant Café 10:15 Ball Toss 10:45 Sing Along-60'S **1:00 Relaxation Time** 1:45 Sing Along 2:30 Block Building 3:00 Let's Color 6:00 Sitcoms	**18** **Hairdresser 9am** 9:30 Radiant Café 10:15 Thursday Exercises 11:15 Independent Activity 1:15 Music Relaxation **1:45 Movie Matine** **3:00 Live Music** 6:00 Sitcoms	**19** 9:30 Radiant Café 10:15 Morning Exercise 10:45 Sing Along-60's 11:15 Independent Activity **2:00 Birthdays w/ DJ Bernie** 4:30 Music Fun 6:00 Instrumental	**20** 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Sing along 11:15 Independent Activity **2:00 Baking w/Ying** 1:15 Tabletop Games 6:30 Game Shows	**21** 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
22 9:30 Radiant Café 10:15 Morning Stretch **11:15 Catholic Mass** 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	**23** 9:30 Radiant Café 10:00 Dance with Me 11:15 Independent Activity 1:30 Help Fold Clothes **2:00 Mass/Bingo MDR** 2:45 Meditation 4:30 Monday Matinee	**24** 9:30 Radiant Café 10:15 Hand Exercise 10:45 Ball Toss 11:15 Name That Tune **1:30 Murphy the Dog** 2:00 Hangman 4:30 Music Appreciation 6:00 Sitcoms	**25** **Hairdresser 9am** 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 1:15 Trivia 2:30 Math Game 4:30 Music Appreciation 6:00 Sitcoms	**26** **THANKSGIVING** 10:15 Morning Exercise 10:45 Sing Along-70's 11:15 Independent Activity **12:00 Thanksgiving Lunch** 4:30 Music Fun 6:00 Instrumental	**27** 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:15 Sing alone **2:00 Men's Club** 4:30 Music Appreciation 6:30 Game Shows	**28** 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
29 9:30 Radiant Café 10:15 Morning Stretch **11:15 Catholic Mass** 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation	**30** 9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-Oldies 11:15 Independent Activity 1:30 Help Fold Clothes **2:00 Mass/Bingo MDR** 2:45 Reminiscing 4:30 Monday Matinee	**Activity Calendar is Subject to Change & Subject to Covid 19 Precautions!**				