

MHS MEMORY LANE

Merry Heart Nursing Home
200 Route 10 West
Succasunna, NJ 07876
First Flr. CALENDAR

OCTOBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Activity Calendar is Subject to Change & Subject to Covid 19 Precautions!	1 9:30 Radiant Café 10:15 Morning Exercise 10:45 Sing Along-60's 11:15 Independent Activity 2:00 Music w/ Alexander & Reema  4:30 Music Fun 6:00 Instrumental	2 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:15 Sing along 2:30 Tabletop Games 6:30 Game Shows	3 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
4 9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	5 9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-50's 11:15 Independent Activity 1:30 Help Fold Clothes 2:00 Mass/Bingo MDR 2:45 Meditation 4:30 Monday Matinee	6 Barber 9:00am 9:30 Radiant Café 10:15 Hand Exercise 10:45 Ball Toss 11:15 Name That Tune 1:30 B & B Dogs  2:00 Hangman 4:30 Music Appreciation 6:00 Sitcoms	7 Hairdresser 9am 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 1:15 Trivia 2:30 Math Game 4:30 Music Appreciation 6:00 Sitcoms	8 9:30 Radiant Café 10:15 Yoga Exercise  10:45 Sing Along-50's 11:15 Independent Activity 1:30 Let's Paint 2:30 Balloon table game 4:30 Music Appreciation 6:00 Instrumental	9 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Let's Fold Clothes 2:00 Tabletop Games 4:30 Music Appreciation 6:30 Game Shows	10 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
11 9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation	12 9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-Oldies 11:15 Independent Activity 1:30 Help Fold Clothes 2:00 Mass/Bingo MDR 2:45 Reminiscing 4:30 Monday Matinee	13 9:30 Radiant Café 10:15 Ball Toss 10:45 Sing Along-60'S 1:00 Relaxation Time 1:45 Sing Along 2:30 Block Building 3:00 Let's Color 6:00 Sitcoms	14 Hairdresser 9am 9:30 Radiant Café 10:15 Thursday Exercises 11:15 Independent Activity 1:15 Music Relaxation 1:45 Movie Matine 3:00 Live Music 6:00 Sitcoms	15 9:30 Radiant Café 10:15 Morning Exercise 10:45 Sing Along-60's 11:15 Independent Activity 1:30 Let's Paint  2:30 Read with me 4:30 Music Fun 6:00 Instrumental	16 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:15 Sing along 2:30 Tabletop Games 6:30 Game Shows	17 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
18 9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	19 9:30 Radiant Café 10:00 Dance with Me 11:15 Independent Activity 1:30 Help Fold Clothes 2:00 Mass/Bingo MDR 2:45 Meditation 4:30 Monday Matinee	20 9:30 Radiant Café 10:15 Hand Exercise 10:45 Ball Toss 11:15 Name That Tune 1:30 B & B Dogs  2:00 Hangman 4:30 Music Appreciation 6:00 Sitcoms	21 Hairdresser 9am 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 1:15 Trivia 2:30 Math Game 4:30 Music Appreciation 6:00 Sitcoms	22 10:15 Morning Exercise 10:45 Sing Along-70's 11:15 Independent Activity 2:00 Music w/ DJ Bernie  4:30 Music Fun 6:00 Instrumental	23 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:15 Sing alone 2:00 Men's Club 4:30 Music Appreciation 6:30 Game Shows	24 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
25 9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation	26 9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-Oldies 11:15 Independent Activity 1:30 Help Fold Clothes 2:00 Mass/Bingo MDR 2:45 Reminiscing 4:30 Monday Matinee	27 9:30 Radiant Café 10:15 Ball Toss 10:45 Sing Along-60'S 1:00 Relaxation Time 1:45 Sing Along 2:30 Block Building 3:00 Let's Color 6:00 Sitcoms	28 Hairdresser 9am 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 1:15 Trivia 2:30 Math Game 4:30 Music Appreciation 6:00 Sitcoms	29 9:30 Radiant Café 10:15 Yoga Exercise  10:45 Sing Along-50's 11:15 Independent Activity 1:30 Let's Paint 2:30 Balloon table game 4:30 Music Appreciation 6:00 Instrumental	30 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:15 Sing along 2:30 Tabletop Games 6:30 Game Shows	31 HALLOWEEN  9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation