

MHS MEMORY LANE

Merry Heart Nursing Home
200 Route 10 West
Succasunna, NJ 07876
First Flr. CALENDAR

SEPTEMBER 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Labor Day 1 9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-Oldies 11:15 Independent Activity 1:30 Help Fold Clothes 2:00 Mass/Bingo MDR 2:45 Reminiscing 4:30 Monday Matinee	2 9:30 Radiant Café 10:15 Hand Exercise 10:45 Ball Toss 11:15 Independent Activity 1:00 Relaxation Time 2:00 Fall Coloring 4:30 Music Appreciation 6:00 Sitcoms	3 9:30 Radiant Café 10:15 Morning Exercise 10:45 Sing Along-70's 11:15 Independent Activity 1:15 Balloon Volleyball 2:00 Summer Coloring 4:30 Music Fun 6:00 Instrumental	4 Hairdresser 9am 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 1:15 Arts & Crafts 2:00 Music w/ The Gypsy Sisters  3:00 Hand Massage 4:30 Music Fun	5 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Let's Fold Clothes 2:30 Creative Art 4:30 Music Appreciation 6:30 Game Shows	6 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
7 9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	8 9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-50's 11:15 Independent Activity 1:30 Sing Along 2:00 Mass/Bingo MDR 2:45 Meditation 4:30 Monday Matinee	9 9:30 Radiant Café 10:15 Ball Toss 10:45 Exercise 1:00 Relaxation Time 1:30 B & B Dogs 2:00 Fall Coloring 2:30 Block Building 3:00 Let's Color 	10 9:30 Radiant Café 10:15 What Am I Trivia 10:45 Sing Along-60's 11:15 Independent Activity 1:15 Balloon Volleyball 2:00 Let's Tie Dye Socks  3:00 Music Appreciation 6:00 Instrumental	11 Hairdresser 9am 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 2:00 YouTube Trivia 3:00 Hand Massage 4:30 Music Appreciation 6:00 Sitcoms	12 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Let's Fold Clothes 2:30 Creative Art 4:30 Music Appreciation 6:30 Game Shows	13 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
14 9:30 Radiant Café 10:15 Morning Stretch 11:00 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	15 9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-Oldies 11:15 Independent Activity 1:30 Help Fold Clothes 2:00 Mass/Bingo MDR 2:45 Reminiscing 4:30 Monday Matinee	16 9:30 Radiant Café 10:15 Hand Exercise 10:45 Ball Toss 11:15 Independent Activity 1:00 Relaxation Time 2:00 Music w/ Kris Phiphany  4:30 Music Appreciation 6:00 Sitcoms	17 9:30 Radiant Café 10:15 Morning Yoga 11:15 Independent Activity 1:15 Balloon Volleyball 2:00 Illuminated Mandalas  3:00 Guess What Game 4:30 Music Fun 6:00 Instrumental	18 Hairdresser 9am 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 1:15 Arts & Crafts 2:00 Guess the Animal 3:00 Hand Massage 4:30 Music Fun	19 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Let's Fold Clothes 2:00 Men's Club 6:30 Game Shows	20 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
21 9:30 Radiant Café 10:15 Morning Stretch 11:30 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	22 First Day of Fall 9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-50's 11:15 Independent Activity 1:30 Sing Along 2:00 Mass/Bingo MDR 2:45 Meditation 4:30 Monday Matinee	23 9:30 Radiant Café 10:15 Ball Toss 10:45 Exercise 1:00 Relaxation Time 1:30 B & B Dogs 2:00 Fall Coloring 2:30 Block Building 3:00 Let's Color 	24 9:30 Radiant Café 10:15 Morning Exercise 10:45 Sing Along-70's 11:15 Independent Activity 1:15 Balloon Volleyball 2:00 Luau Party! 4:30 Music Fun 6:00 Instrumental	25 Hairdresser 9am 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 1:15 Arts and Crafts 2:00 Guess the Animal 3:00 Music w/ DJ Bernie  4:30 Music Fun	26 9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:15 Let's Make Chocolate Chip Cookies 2:00 Resident Council 3rd Floor  4:30 Music Sounds 6:30 Game Shows	27 9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
28 9:30 Radiant Café 10:15 Morning Stretch 11:00 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	29 9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-Oldies 11:15 Independent Activity 1:30 Help Fold Clothes 2:00 Mass/Bingo MDR 2:45 Reminiscing 4:30 Monday Matinee	30 9:30 Radiant Café 10:15 Hand Exercise 10:45 Ball Toss 11:15 Independent Activity 1:00 Relaxation Time 2:00 Fall Coloring 2:30 Let's Color 4:30 Music Appreciation	Activity Calendar is Subject to Change & Subject to Covid 19 Precautions!			