REHAB/Sub Acute

Merry Heart Nursing Home 200 Main Street Succasunna, NJ 07876

Second Fir. CALENDAR

JANUARY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Welcome 2023 1 11:15 Catholic Mass 3 Restorative Fun, Family Visits, Newspapers, Magazines, Individualized Activities	2 10:30 Restorative Fun Newspapers, Magazines, Individualized Activities, Hand Massages, Nail Flair 12:30 Lunch 7:00 Evening Snacks	3 10:30 Restorative Fun 11:00 Meet & Greet/Travel Cart/Newspapers 12:30 Lunch 1:00 Nail Flair 2:00 Virtual Rosary 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks	4 10:30 Restorative Fun 11:00 Meet & Greet/Travel Cart 11:15 Bright&Beautiful Dog 2:00 Word Games 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks	Hairdresser 9:00 am 5 10:30 Restorative Fun Cart/Newspapers 12:30 Lunch 2:00 Trivia; Bingo 3:00 Table Games 4:00 1:1 Visits 7:00 Evening Snacks	Epiphany 6 10:30 Restorative Fun 11:00 Meet & Greet/Travel Cart/Newspapers 12:30 Lunch 2:00 Games W/ Anamie 2:45 Snack 7:00 Evening Snacks	7 8 am – 4 pm Activities W/ Anamie: Family Visits, Trivia, Bingo, Word Games, Ball Games 7:00 Evening Snacks
8 11:15 Catholic Mass 3 Restorative Fun, Family Visits, Newspapers, Magazines, Individualized Activities	9 10:30 Restorative Fun Newspapers, Magazines, Individualized Activities, Hand Massages, Nail Flair 12:30 Lunch 2:00 Catholic Mass 7:00 Evening Snacks	10 10:30 Restorative Fun 11:00 Meet & Greet/Travel Cart/Newspapers 12:30 Lunch 1:00 Nail Flair 2:00 Virtual Rosary 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks	11 10:30 Restorative Fun 11:00 Meet & Greet/Travel Cart 2:00 Word Games 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks	Hairdresser 9:00am 12 10:30 Restorative Fun 11:00 Meet & Greet/Travel Cart/Newspapers 12:30 Lunch 3:00 Table Games 7:00 Evening Snacks	13 10:30 Restorative Fun 11:00 Meet & Greet/Travel Cart/Newspapers 12:30 Lunch 2:00 Games W/ Anamie 2:45 Snacks 7:00 Evening Snacks	14 8 am – 4 pm Activities W/ Anamie: Family Visits, Trivia, Bingo, Word Games, Ball Games 7:00 Evening Snacks
15 11:15 Catholic Mass 3	Martin L. King Jr 16 10:30 Restorative Fun Newspapers, Magazines, Individualized Activities, Hand Massages, Nail Flair 12:30 Lunch 2:00 Catholic Mass 2:30 Bingo MDR 7:00 Evening Snacks	17 10:30 Restorative Fun 11:00 Meet & Greet/Travel Cart/Newspapers 12:30 Luncheon Social 1:00 Nail Flair 2:00 Christian Prayer Service 3 4:00 1:1 Visits 7:00 Evening Snacks	18 10:30 Restorative Fun 11:00 Meet & Greet/Travel Cart 11:15 Bright&Beautiful Dog 12:30 Lunch 2:00 Table Games 4:00 1:1 Visits 7:00 Evening Snacks	Hairdresser9:00 am19 10:30 Restorative Fun 11:00 Meet & Greet/Travel Cart/Newspaper 12:30 Lunch 2:00 Sitcoms 3:00 Table Games 3:30 Relaxing Songs	20 10:00 Prayer Service 3 10:30 Restorative Fun 11:00 Meet & Greet/Travel Cart/Newspapers 12:30 Lunch 2:00 Games W/ Anamie 4:00 1:1 Visits 7:00 Evening Snacks	21 8 am – 4 pm Activities W/ Anamie: Family Visits, Trivia, Bingo, Word Games, Ball Games 7:00 Evening Snacks
22 11:15 Catholic Mass 3 Restorative Fun,Family Visits Newspapers, Magazines, Individualized Activities 2:00 Christian Prayer Service 3 Activity Professionals Wek	23 10:30 Restorative Fun Newspapers, Magazines, Individualized Activities, Hand Massages, Nail Flair 12:00 Lunch 2:00 Catholic Mass MDR 2:30 Communion Service 2:30 Bingo MDR 7:00 Evening Snacks	24 10:30 Restorative Fun 11:00 Meet & Greet/Travel Cart/Newspapers 12:30 Lunch 1:00 Nail Flair 2:00 Virtual Rosary 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks	25 10:30 Restorative Fun 11:00 Meet & Greet/Travel Cart 12:30 Lunch 2:00 4:00 1:1 Visits 7:00 Evening Snacks	Hairdresser 9:00am 26 10:30 Restorative Fun Cart/Newspapers 2:00 Trivia; Bingo 3:00 Birthday Party W/ DJ Bernie 4:00 1:1 Visits 7:00 Evening Snacks	27 10:00 Prayer Service 3 10:30 Restorative Fun 11:00 Meet & Greet/Travel Cart/Newspapers 12:30 Lunch 2:00 3:00 1:1 Visits 7:00 Evening Snacks	28 8 am – 4 pm Activities W/ Anamie: Family Visits, Trivia, Bingo, Word Games, Ball Games 7:00 Evening Snacks
29 12:30 Lunch WELCOME 2023	30 10:30 Restorative Fun Newspapers, Magazines, Individualized Activities, Hand Massages, Nail Flair 12:30 Lunch 2:00 Catholic Mass MDR 2:30 Communion Service 2:30 Bingo MDR 7:00 Evening Snacks	31 10:30 Restorative Fun 11:00 Meet & Greet/Travel Cart/Newspapers 12:30 Lunch 1:00 Virtual Rosary 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks	HAPPY NEWYEAR		Activity Calendar is Subject to Change & Subject to Covid 19 Precautions! Please Observe Social Distancing.	Video Calls/ Facetime, Zoom Family Meetings Can Be Scheduled through Merry Heart Website. Snacks Offered at 10 am , 2 pm and 7 pm