REHAB/Sub Acute

Merry Heart Nursing Home
200 Main Street
Succasunna, NJ 07876
Second Flr. CALENDAR

JANUARY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			NEW YEARS DAY 1 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 12:00 Lunch 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks	2 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 3:00 Snacks 3:30 Table Games 7:00 Evening Snacks	3 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch 2:00 Bingo 3:00 Snacks 7:00 Evening Snacks	4 8:30 Meet & Greet/Travel Cart/Newspapers 10:00 Morning Exercise 11:00 Coloring Art 2:00 Games W/ Anamie 7:00 Evening Snacks
5 **Catholic Mass on the TV 11:15**	6 12:00 Lunch **2:00 Catholic Mass /Communion Service** 2:30 Bingo 7:00 Evening Snacks	7 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise **1:00 B & B Dogs** 2:00 Virtual Rosary 3:30 Relaxing Music 7:00 Evening Snacks	**Barber 9:00am** 8 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 12:00 Lunch 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks	9 **Hairdresser 9am** 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 3:00 Snacks 3:30 Table Games 7:00 Evening Snacks	10 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch **Music w/ the Gypsy Sisters** 2:00 3:00 Snacks 7:00 Evening Snacks	11 8:30 Meet & Greet/Travel Cart/Newspapers 10:00 Morning Exercise 11:00 Coloring Art **2:00 Games w/ Anamie** 7:00 Evening Snacks
12 **Catholic Mass on the TV 11:15**	13 12:00 Lunch **2:00 Catholic Mass /Communion Service** 2:30 Bingo 7:00 Evening Snacks	14 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 1:00 Nail Flair 2:00 Virtual Rosary 3:00 Snacks 3:30 Relaxing Music 7:00 Evening Snacks	15 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 12:00 Lunch 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks	16 **Hairdresser 9am** 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 3:00 Snacks 3:30 Table Games 7:00 Evening Snacks	**PAJAMA DAY** 17 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch **2:00 Music w/ Cristine** 3:00 Snacks 7:00 Evening Snacks 	18 8:30 Meet & Greet/Travel Cart/Newspapers 10:00 Morning Exercise 11:00 Coloring Art **2:00 Games w/ Anamie** 7:00 Evening Snacks
19 **Catholic Mass on the TV 11:15**	20 12:00 Lunch **2:00 Catholic Mass /Communion Service** 2:30 Bingo 7:00 Evening Snacks	21 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise **1:00 B & B Dogs** 2:00 Virtual Rosary 3:30 Relaxing Music 7:00 Evening Snacks	22 10:30 Meet & Greet/ Travel Cart 11:00 Morning Stretch 12:00 Lunch **Movie Matinee Frosty the Snowman 2:00**	23 **Hairdresser 9am** 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 3:00 Snacks 3:30 Table Games 7:00 Evening Snacks	24 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch 2:00 Bingo 3:00 Snacks 7:00 Evening Snacks	25 8:30 Meet & Greet/Travel Cart/Newspapers 10:00 Morning Exercise 11:00 Coloring Art 2:00 Games W/ Anamie 7:00 Evening Snacks
26 **Catholic Mass on the TV 11:15**	27 12:00 Lunch **2:00 Catholic Mass /Communion Service** 2:30 Bingo 7:00 Evening Snacks	28 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 1:00 Nail Flair 2:00 Virtual Rosary 3:00 Snacks 3:30 Relaxing Music 7:00 Evening Snacks	29 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 12:00 Lunch 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks	30 **Hairdresser 9am** 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 3:00 Snacks 3:30 Table Games 7:00 Evening Snacks	31 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch 2:00 Bingo 3:00 Snacks 7:00 Evening Snacks	**Activity Calendar is Subject to Change & Subject to Covid 19 Precautions!**