


REHAB/Sub Acute 2026

Merry Heart Nursing Home
200 Main Street
Succasunna, NJ 07876
Second Flr. **CALENDAR**

January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Activity Calendar is Subject to Change & Subject to Covid 19 Precautions	1 <u>Hairdresser 9am</u> 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 2:00 Soft Music 3:00 Snacks 7:00 Evening Snacks	2 <u>Barber 9:00am</u> 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch 2:00 Bingo 3:00 Snacks 7:00 Evening Snacks	3 8:30 Meet & Greet/Travel Cart/Newspapers 10:00 Morning Exercise 11:00 Coloring Art 2:00 Games w/ Anamie 7:00 Evening Snacks
4 Catholic Mass on the TV 11:15	5 12:00 Lunch 2:00 Catholic Mass /Communion Service 2:30 Bingo 7:00 Evening Snacks	6 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 1:30 B & B Dogs 3:00 Snacks 3:30 Relaxing Music 7:00 Evening Snacks	7 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 12:00 Lunch 2:00 Snow Trivia 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks	8 <u>Hairdresser 9am</u> 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 2:00 Soft Music 3:00 Snacks 7:00 Evening Snack	9 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch 2:00 Bingo 3:00 Snacks 7:00 Evening Snacks	10 8:30 Meet & Greet/Travel Cart/Newspapers 10:00 Morning Exercise 11:00 Coloring Art 2:00 Kim Dance Studio Performance 7:00 Evening Snacks
11 Catholic Mass on the TV 11:15	12 12:00 Lunch 2:00 Catholic Mass /Communion Service 2:30 Bingo 7:00 Evening Snacks	13 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 1:00 Nail Flair 3:00 Snacks 3:30 Relaxing Music 7:00 Evening Snacks	14 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 12:00 Lunch 2:00 Trivia 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks	15 <u>Hairdresser 9am</u> 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 2:00 Soft Music 3:00 Snacks 7:00 Evening Snacks	16 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch 2:00 Bingo 3:00 Snacks 7:00 Evening Snacks	17 8:30 Meet & Greet/Travel Cart/Newspapers 10:00 Morning Exercise 11:00 Coloring Art 2:00 Games w/ Anamie 7:00 Evening Snacks
18 Catholic Mass on the TV 11:15	19 12:00 Lunch 2:00 Catholic Mass /Communion Service 2:30 Bingo 7:00 Evening Snacks	20 10:00 Music w/ Albert Mulad  11:00 Morning Exercise 1:00 Nail Flair 1:30 B & B Dogs 3:00 Snacks 3:30 Relaxing Music 7:00 Evening Snacks	21 10:30 Meet & Greet/ Travel Cart 11:00 Morning Stretch 12:00 Lunch 2:00 Winter Trivia 4:00 1:1 Visits 7:00 Evening Snacks	22 <u>Hairdresser 9am</u> 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 2:00 Soft Music 3:00 Music w/ DJ Bernie  7:00 Evening Snacks	23 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch 2:00 Bingo 2:00 Men's Club 3rd Floor 3:00 Snacks 7:00 Evening Snacks	24 8:30 Meet & Greet/Travel Cart/Newspapers 10:00 Morning Exercise 11:00 Coloring Art 2:00 Games W/ Anamie 7:00 Evening Snacks