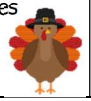
MERRY HEART MEMORY CARE

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Daylight Savings** 9:00 Meet & Greet 11:30 Lunch 2:00 Sing Along 5:00 Dinner	**2** 9:00 Meet & Greet 10:00 Move & Groove 11:30 Lunch 1:00 Volleyball balloon 2:00 Color Art 3:00 Music Fun 5:00 Dinner	**3** 9:00 Meet & Greet 9:30 Range of Motion 11:30 Lunch 1:00 Balloon Toss 2:00 Card Game **2:30 Murphy the Therapy Dog** 5:00 Dinner 	**4** 9:00 Meet & Greet 11:30 Lunch 2:30 Wednesday Bingo! 3:30 Fall Trivia 5:00 Dinner 6:00 Movie Matinee	**5** 9:00 Meet & Greet 9:30 Morning Stretch 11:30 Lunch 2:00 Tabletop Games 2:45 Hidden Words 3:30 Karaoke 5:00 Dinner	**6** 9:00 Meet & Greet 9:30 Exercises 11:30 Lunch 2:00 Ball Game 4:00 Game Shows 5:00 Dinner	**7** 9:00 Meet & Greet 9:30 Morning Exercises 11:30 Lunch 2:00 50's Sing Along 4:00 Hand Massages 5:00 Dinner
8 9:00 Meet & Greet 11:30 Lunch 2:00 Sing Along 5:00 Dinner	**9** 9:00 Meet & Greet 10:00 Move & Groove 11:30 Lunch 1:00 Balloon Games 2:00 Hand Massages 3:00 Sing along 60's 5:00 Dinner	**10** 9:00 Meet & Greet 9:30 Range of Motion 11:30 Lunch 1:00 Balloon Toss 2:00 Card Game 3:00 Trivia 5:00 Dinner	**11** **Veteran's Day** 9:00 Meet & Greet 11:30 Lunch 2:30 Wednesday Bingo! **3:30 Veterans Day Service** 5:00 Dinner 6:00 Movie 	**12** 9:00 Meet & Greet 9:30 Morning Stretch 11:30 Lunch 2:00 Tabletop Games 2:45 Hidden Words 3:30 Karaoke 5:00 Dinner	**13** 9:00 Meet & Greet 9:30 Exercises 11:30 Lunch 2:00 Ball Games 4:00 Game Shows 5:00 Dinner	**14** 9:00 Meet & Greet 9:30 Morning Exercises 11:30 Lunch 2:00 Karaoke Sing Along 4:00 Hand Massages 5:00 Dinner
15 9:00 Meet & Greet 11:30 Lunch 2:00 Sing Along 5:00 Dinner	**16** 9:00 Meet & Greet 10:00 Move & Groove 11:30 Lunch 1:00 Volleyball balloon 2:00 Color Art 3:00 Music Fun 5:00 Dinner	**17** 9:00 Meet & Greet 9:30 Range of Motion 11:30 Lunch 1:00 Balloon Toss 2:00 Card Game **2:30 Murphy the Therapy Dog** 5:00 Dinner 	**18** 9:00 Meet & Greet 11:30 Lunch 2:30 Wednesday Bingo! 3:30 Fall Trivia 5:00 Dinner 6:00 Movie Matinee	**19** 9:00 Meet & Greet 9:30 Morning Stretch 11:30 Lunch 2:00 Tabletop Games 2:45 Hidden Words 3:30 Karaoke 5:00 Dinner	**20** 9:00 Meet & Greet 9:30 Exercises 11:30 Lunch 2:00 Ball Game 4:00 Game Shows 5:00 Dinner	**21** 9:00 Meet & Greet 9:30 Morning Exercises 11:30 Lunch 2:00 50's Sing Along 4:00 Hand Massages 5:00 Dinner
22 9:00 Meet & Greet 11:30 Lunch 2:00 Sing Along 5:00 Dinner	**23** 9:00 Meet & Greet 10:00 Move & Groove 11:30 Lunch 1:00 Balloon Games 2:00 Sing Along 3:00 Hand Massages 5:00 Dinner	**24** 9:00 Meet & Greet 9:30 Range of Motion 11:30 Lunch 1:00 Balloon Toss 2:00 Card Game 3:00 Trivia 5:00 Dinner	**25** 9:00 Meet & Greet 11:30 Lunch 2:30 Wednesday Bingo! 3:30 Sunflower Trivia 5:00 Dinner 6:00 Movie Matinee	**26** **Thanksgiving** 9:00 Meet & Greet 9:30 Morning Stretch **11:30 Thanksgiving Lunch** 2:00 Tabletop Games 2:45 Hidden Words 3:30 Karaoke 5:00 Dinner 	**27** 9:00 Meet & Greet 9:30 Exercises 11:30 Lunch 2:00 Ball Games 4:00 Game Shows 5:00 Dinner	**28** 9:00 Meet & Greet 9:30 Morning Exercises 11:30 Lunch 2:00 Karaoke Sing Along 4:00 Hand Massages 5:00 Dinner
29 9:00 Meet & Greet 11:30 Lunch 2:00 Sing Along 5:00 Dinner	**30** 9:00 Meet & Greet 10:00 Move & Groove 11:30 Lunch 1:00 Volleyball balloon 2:00 Color Art 3:00 Music Fun 5:00 Dinner	**Activity Calendar is Subject to Change & Subject to Covid 19 Precautions!**				