

MERRY HEART MEMORY CARE

October

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Activity Calendar is Subject to Change & Subject to Covid 19 Precautions!	1 9:00 Meet & Greet 9:30 Morning Stretch 11:30 Lunch 2:00 Tabletop Games 2:45 Hidden Words 3:30 Karaoke 5:00 Dinner	2 9:00 Meet & Greet 9:30 Exercises 11:30 Lunch 2:00 Ball Game 4:00 Game Shows 5:00 Dinner	3 9:00 Meet & Greet 9:30 Morning Exercises 11:30 Lunch 2:00 50's Sing Along 4:00 Hand Massages 5:00 Dinner
4 9:00 Meet & Greet 11:30 Lunch 2:00 Sing Along 5:00 Dinner	5 9:00 Meet & Greet 10:00 Move & Groove 11:30 Lunch 1:00 Balloon Games 2:00 Hand Massages 3:00 Sing along 60's 5:00 Dinner	6 9:00 Meet & Greet 9:30 Range of Motion 11:30 Lunch 1:00 Balloon Toss 2:00 Card Game 2:30 Murphy the Therapy Dog 5:00 Dinner 	7 9:00 Meet & Greet 11:30 Lunch 2:30 Wednesday Bingo! 3:30 Facts About the Color Orange 5:00 Dinner 6:00 Movie Matinee	8 9:00 Meet & Greet 9:30 Morning Stretch 11:30 Lunch 2:00 Tabletop Games 2:45 Hidden Words 3:30 Karaoke 5:00 Dinner	9 9:00 Meet & Greet 9:30 Exercises 11:30 Lunch 2:00 Ball Games 4:00 Game Shows 5:00 Dinner	10 9:00 Meet & Greet 9:30 Morning Exercises 11:30 Lunch 2:00 Karaoke Sing Along 4:00 Hand Massages 5:00 Dinner
11 9:00 Meet & Greet 11:30 Lunch 2:00 Sing Along 5:00 Dinner	12 9:00 Meet & Greet 10:00 Move & Groove 11:30 Lunch 1:00 Volleyball balloon 2:00 Color Art 3:00 Music Fun 5:00 Dinner	13 9:00 Meet & Greet 9:30 Range of Motion 11:30 Lunch 1:00 Balloon Toss 2:00 Live Music w/ The Gypsy Sisters 3:00 Trivia 5:00 Dinner	14 9:00 Meet & Greet 11:30 Lunch 2:30 Wednesday Bingo! 3:30 Fall Trivia 5:00 Dinner 6:00 Movie Matinee	15 9:00 Meet & Greet 9:30 Morning Stretch 11:30 Lunch 2:00 Tabletop Games 2:45 Hidden Words 3:30 Karaoke 5:00 Dinner	16 9:00 Meet & Greet 9:30 Exercises 11:30 Lunch 2:00 Ball Game 4:00 Game Shows 5:00 Dinner	17 9:00 Meet & Greet 9:30 Morning Exercises 11:30 Lunch 2:00 50's Sing Along 4:00 Hand Massages 5:00 Dinner
18 9:00 Meet & Greet 11:30 Lunch 2:00 Sing Along 5:00 Dinner	19 9:00 Meet & Greet 10:00 Move & Groove 11:30 Lunch 1:00 Balloon Games 2:00 Sing Along 3:00 Hand Massages 5:00 Dinner	20 9:00 Meet & Greet 9:30 Range of Motion 11:30 Lunch 1:00 Balloon Toss 2:00 Card Game 2:30 Murphy the Therapy Dog 5:00 Dinner 	21 9:00 Meet & Greet 11:30 Lunch 2:30 Wednesday Bingo! 3:30 Sunflower Trivia 5:00 Dinner 6:00 Movie Matinee	22 9:00 Meet & Greet 9:30 Morning Stretch 11:30 Lunch 2:00 Tabletop Games 2:45 Hidden Words 3:30 Karaoke 5:00 Dinner	23 9:00 Meet & Greet 9:30 Exercises 11:30 Lunch 2:00 Ball Games 4:00 Game Shows 5:00 Dinner	24 9:00 Meet & Greet 9:30 Morning Exercises 11:30 Lunch 2:00 Karaoke Sing Along 4:00 Hand Massages 5:00 Dinner
25 9:00 Meet & Greet 11:30 Lunch 2:00 Sing Along 5:00 Dinner	26 9:00 Meet & Greet 10:00 Move & Groove 11:30 Lunch 1:00 Volleyball balloon 2:00 Color Art 3:00 Music Fun 5:00 Dinner	27 9:00 Meet & Greet 10:00 Move & Groove 11:30 Lunch 1:00 Independent activity 2:00 Sing Along 80's 3:00 Sing along 5:00 Dinner	28 9:00 Meet & Greet 11:30 Lunch 2:30 Wednesday Bingo! 3:30 Halloween Trivia 5:00 Dinner 6:00 Movie Matinee	29 9:00 Meet & Greet 9:30 Morning Stretch 11:30 Lunch 2:00 Tabletop Games 2:45 Hidden Words 3:30 Karaoke 5:00 Dinner	30 9:00 Meet & Greet 9:30 Exercises 11:30 Lunch 2:00 Ball Game 4:00 Game Shows 5:00 Dinner	31 HALLOWEEN 9:00 Meet & Greet 9:30 Morning Exercises 11:30 Lunch 2:00 50's Sing Along 4:00 Hand Massages 5:00 Dinner 