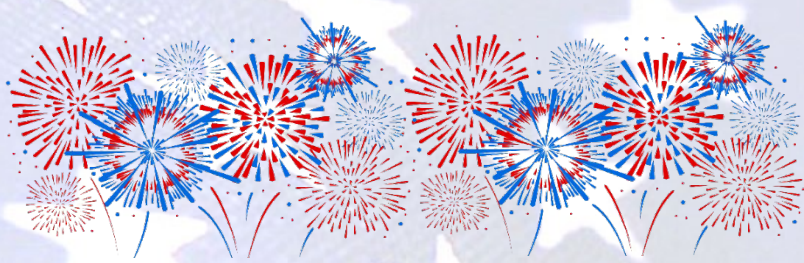


REHAB/Sub Acute

Merry Heart Nursing Home
200 Main Street
Succasunna, NJ 07876
Second Flr. CALENDAR

JULY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 12:00 Lunch 2:00 Trivia 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snack	2 Hairdresser 9am 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 2:00 Music w/ Alexander & Reema 3:00 Snacks 7:00 Evening Snacks 	3 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch 2:00 Bingo 3:00 Snacks 7:00 Evening Snacks	4 Independence Day 8:30 Meet & Greet/Travel Cart/Newspapers 10:00 Morning Exercise 11:00 Coloring Art 12:00 BBQ LUNCH  2:00 Bingo 7:00 Evening Snacks
5 Catholic Mass on the TV 11:15	6 12:00 Lunch 2:00 Catholic Mass /Communion Service 2:30 Bingo 1 st Floor 7:00 Evening Snacks	7 Barber 1:00pm 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 1:30 B & B Dogs 2:00 Hangman 3:30 Relaxing Music 7:00 Evening Snacks 	8 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 12:00 Lunch 2:00 Trivia 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks	9 Hairdresser 9am 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 2:00 Bingo 3 rd Floor 3:00 Snacks 7:00 Evening Snack	10 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch 2:00 Bingo 3:00 Snacks 7:00 Evening Snacks	11 8:30 Meet & Greet/Travel Cart/Newspapers 10:00 Morning Exercise 11:00 Coloring Art 2:00 Bingo 7:00 Evening Snacks
12 Catholic Mass on the TV 11:15	13 12:00 Lunch 2:00 Catholic Mass /Communion Service 2:30 Bingo 1 st Floor 7:00 Evening Snacks	14 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 1:00 Nail Flair 3:00 Snacks 3:30 Relaxing Music 7:00 Evening Snacks	15 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 12:00 Lunch 2:00 Trivia 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks	16 Hairdresser 9am 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 2:00 Bingo 3 rd Floor 3:00 Snacks 7:00 Evening Snacks	17 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch 2:00 Bingo 3:00 Snacks 7:00 Evening Snacks	18 8:30 Meet & Greet/Travel Cart/Newspapers 10:00 Morning Exercise 11:00 Coloring Art 2:00 Bingo 7:00 Evening Snacks
19 Catholic Mass on the TV 11:15	20 12:00 Lunch 2:00 Catholic Mass /Communion Service 2:30 Bingo 1 st Floor 7:00 Evening Snacks	21 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 1:30 B & B Dogs 2:00 Hangman 3:30 Relaxing Music 7:00 Evening Snacks 	22 10:30 Meet & Greet/ Travel Cart 11:00 Morning Stretch 12:00 Lunch 2:00 Spring Trivia 4:00 1:1 Visits 7:00 Evening Snacks	23 Hairdresser 9am 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 3:00 Music w/ DJ Bernie  3:00 Snacks 7:00 Evening Snacks	24 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch 2:00 Bingo 2:00 Men's Club 3rd Floor 3:00 Snacks 7:00 Evening Snacks	25 8:30 Meet & Greet/Travel Cart/Newspapers 10:00 Morning Exercise 11:00 Coloring Art 2:00 Bingo 7:00 Evening Snacks
26 Catholic Mass on the TV 11:15	27 12:00 Lunch 2:00 Catholic Mass /Communion Service 2:30 Bingo 1 st Floor 7:00 Evening Snacks	28 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 1:00 Nail Flair 2:00 Hangman 3:30 Relaxing Music 7:00 Evening Snacks	29 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 12:00 Lunch 2:00 Trivia 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks	30 Hairdresser 9am 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 2:00 Bingo 3 rd Floor 3:00 Snacks 7:00 Evening Snacks	31 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch 2:00 Bingo 3:00 Snacks 7:00 Evening Snacks	Activity Calendar is Subject to Change & Subject to Covid 19 Precautions