

MEMORY LANE MHAL

Merry Heart Assisted Living

118 Main Street
Succasunna, NJ 07876

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November					Video Calls can be scheduled through the MH Website Activity Calendar is Subject to Change	1 9:30 Weekend Workout 10:30 Trivia 1:00 Sing along 2:00 Bingo! 3:15 Snack & Shack
2 9:00 Sunday Café 10:30 Catholic Mass 1:00 Game Toss 2:00 Bingo 3:15 Snack & Chat 3:45 Storytime	3 9:30 Morning Stretch 10:30 Word Games 1:00 Meditation Monday 2:00 Bingo 3:00 Snacks 3:45 Nail Flair	4 9:30 Sit & Be Fit 10:30 Worship on TV 1:00 Fall Trivia 2:00 Basketball Fun! 3:00 Snacks 3:30 Music w/ Christine	5 Hairdresser 8am 9:30 Balloon Toss 10:30 Board Games 1:00 Relaxation Time 2:00 Bingo Fun! 3:45 Catholic Mass	6 9:30 Chair Exercises 10:30 Let's Play Cards! 1:00 Relaxation Time 2:00 Turkey Coloring 3:30 Instrumental Songs	7 Barber 9am 9:30 Friday Fitness 10:30 Brain Games TGIF - Ed Clark 1:00 2:00 Bingo! 3:15 Snack Shack	8 9:30 Weekend Workout 10:30 Trivia 1:00 Word Games 2:00 Bingo! 3:15 Snack & Chat
9 9:00 Sunday Café 10:30 Catholic Mass 1:00 Game Toss 2:00 Bingo 3:15 Snack & Chat 3:45 Storytime	10 9:30 Morning Stretch 10:30 Word Games 1:00 Meditation Monday 2:00 Nail Flair 3:00 Snacks 3:45 Meditation	11 Veterans Day 9:30 Game Room! 10:30 Sit & Be Fit 1:00 Coloring 2:00 Balloon Toss 3:30 Veterans Day Service	12 Hairdresser 8am 9:30 Balloon Toss 10:30 Board Games 1:00 Relaxation Time 2:00 Bingo Fun! 3:45 Catholic Mass	13 9:30 Chair Exercises 10:30 Let's Play Cards! 1:00 Relaxation Time 2:00 Pumpkin Coloring 3:00 Instrumental Songs	14 9:30 Friday Fitness 10:30 Bird Trivia TGIF - Ed Clark 1:00 2:00 Bingo! 3:15 Snack Shack	15 9:30 Weekend Workout 10:30 Trivia 1:00 Sing along 2:00 Bingo! 3:15 Snack & Shack
16 9:00 Sunday Café 10:30 Catholic Mass 1:00 Game Toss 2:00 Bingo 3:15 Snack & Chat 3:45 Story Time	17 9:30 Morning Stretch 10:30 Word Games 1:00 Meditation Monday 2:00 Nail Flair 3:00 Snacks 3:45 Meditation	18 9:30 Sit & Be Fit 10:30 Worship on TV 2:00 Balloon Toss 1:00 Resident Council 2:00 Balloon Toss 3:00 Snacks 3:30 Sing Along	19 Hairdresser 8am 9:30 Balloon Toss 10:30 Word Game 1:00 Relaxation Time 2:00 Movie Matinee 3:45 Catholic Mass	20 9:30 Chair Exercises 10:30 Let's Play Cards! 1:00 Relaxation Time 2:00 Flower Coloring 3:30 Music w/ DJ Bernie 	21 9:30 Friday Fitness 10:30 Flower Trivia TGIF - Ed Clark 1:00 2:00 Bingo! 3:15 Snack Shack	22 9:30 Weekend Workout 10:30 Trivia 1:00 Word Games 2:00 Bingo! 3:15 Snack & Chat
23/30 9:00 Sunday Café 10:30 Catholic Mass 1:00 Game Toss 2:00 Bingo 3:15 Snack & Chat 3:45 Storytime	24 9:30 Morning Stretch 10:30 Word Games 1:00 Meditation Monday 2:00 Nail Flair 3:00 Snacks 3:45 Meditation	25 9:30 Sit & Be Fit 10:30 Worship on TV 1:00 Thanksgiving Trivia 2:00 Basketball Fun! 3:00 Snacks 3:30 Sing Along	26 Hairdresser 8am 9:30 Balloon Toss 10:30 Board Games 1:00 Relaxation Time 2:00 Bingo Fun! 3:45 Catholic Mass	27 Thanksgiving 9:30 Chair Exercises 10:30 Let's Play Cards! 1:00 Relaxation Time 2:00 Bird Coloring 3:30 Instrumental Songs	28 9:30 Friday Fitness 10:30 Bird Trivia 1:00 TGIF - Ed Clark 2:00 Bingo! 3:15 Snack Shack	29 9:30 Weekend Workout 10:30 Trivia 1:00 Sing along 2:00 Bingo! 3:15 Snack & Shack