LONG TERM CARE

Merry Heart Nursing Home
200 Main Street
Succasunna, NJ 07876
Third Flr. CALENDAR

NOVEMBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Meet & Greet 10:30 Table Games/Exercises **11:15 Catholic Mass on the TV** 1:30 Restorative Fun 2:00 Hangman 3:00 Balloon Games	**2** 9:30 Meet & Greet 10:15 Morning Exercises 11:00 Meditation Time 1:15 Tabletop Games **2:00 Catholic Mass/Communion** 2:30 Bingo 4:00 Worship w/ Pastor Leo	**3** **Barber 9:00am** 9:30 Meet & Greet 10:15 Tune up Tuesday 11:00 Meditation Time **1:30 Murphy the Dog** 2:00 Hangman 3:00 Seasonal Coloring 7:00 Evening Snacks 	**4** 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 11:45 Sing Along 1:00 Trivia **2:00 Painting Class** 3:00 Concentration Game 	**5** **Hairdresser 9am** 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Restorative Fun **2:00 Music w/ Alexander & Reema** 3:00 Snack Time 3:30 Trivia	**6** **10:00 Worship w/ Chaplain Sue** 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Word Games 3:00 Trivia 4:00 Snack Time	**7** 9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines **1:30 Live Church Music** 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks
8 9:30 Meet & Greet 10:30 Table Games/Exercises **11:15 Catholic Mass on the TV** 1:30 Restorative Fun 2:00 Build A Word 3:00 Balloon Games	**9** 9:30 Meet & Greet 10:15 Pilates Exercises 11:00 Meditation Time 1:15 Tabletop Games **2:00 Catholic Mass/Communion** 2:30 Bingo 4:00 Worship w/ Pastor	**10** 9:30 Meet & Greet 10:15 Tune up Tuesday 11:00 Meditation Time 1:30 Sing Along **2:00 Music w/ Rich Stillman-Patriotic Show** 3:00 Guess the Word 7:00 Evening Snacks	**11** **VETERAN'S DAY** 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 1:00 Thanksgiving Trivia **2:00 Veteran's Day Service** 3:00 Snacks 	**12** **Hairdresser 9am** 9:30 Meet & Greet 10:15 Zumba 11:00 Meditation Time 1:00 Restorative Fun 2:00 Bingo 3:00 Snack Time 3:30 Trivia	**13** 9:30 Meet and Greet 10:00 Sing Along 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Word Games 3:00 Trivia 4:00 Hangman	**14** 9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Fall Social 7:00 Evening Snacks
15 9:30 Meet & Greet 10:30 Table Games/Exercises **11:15 Catholic Mass on the TV** 1:30 Restorative Fun 2:00 Hangman 3:00 Balloon Games	**16** 9:30 Meet & Greet 10:15 Morning Exercises 11:00 Meditation Time 1:15 Tabletop Games **2:00 Catholic Mass/Communion** 2:30 Bingo 4:00 Worship w/ Pastor Leo	**17** 9:30 Meet & Greet 10:15 Tune up Tuesday 11:00 Meditation Time **1:30 Murphy the Dog** 2:00 Hangman 3:00 Seasonal Coloring 7:00 Evening Snacks 	**18** 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 1:00 Trivia **2:00 Let's Play Poker** 3:00 Concentration Games 	**19** **Hairdresser 9am** 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Bingo **2:00 Birthday Party w/ DJ Bernie** 	**20** **10:00 Worship w/ Chaplain Sue** 11:00 Friday Fitness 1:00 Relaxation Time **2:00 Women's Club** 3:00 Trivia 4:00 Snack Time	**21** 9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks
22 9:30 Meet & Greet 10:30 Table Games/Exercises **11:15 Catholic Mass on the TV** 1:30 Restorative Fun 2:00 Build A Word 3:00 Balloon Games	**23** 9:30 Meet & Greet 10:15 Pilates Exercises 11:00 Meditation Time 1:15 Sing Along **2:00 Catholic Mass/Communion** 2:30 Bingo 4:00 Worship w/ Pastor Leo	**24** 9:30 Meet & Greet 10:15 Tune up Tuesday 11:00 Meditation Time 1:30 Sing Along 2:00 Hangman 3:00 Guess the Word 7:00 Evening Snacks	**25** 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 11:45 Sing Along 1:00 Trivia **2:00 Painting Class** 3:00 Concentration Game 	**26** **THANKSGIVING** 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 12:00 Thanksgiving Lunch 2:00 Bingo 3:00 Snack Time 3:30 Trivia 	**27** 9:30 Meet and Greet 10:00 Sing Along 11:00 Friday Fitness 1:00 Relaxation Time **2:00 Resident Council** **2:30 Men's Club** 3:00 Trivia 4:00 Hangman	**28** 9:30 Meet & Greet 10:30 Exercises 11:00 Nail Flair W/ Music 1:30 Restorative Fun 2:00 Bingo 3:15 Coloring Fun! 7:00 Evening Snacks-
29 9:30 Meet & Greet 10:30 Table Games/Exercises **11:15 Catholic Mass on the TV** 1:30 Restorative Fun 2:00 Hangman 3:00 Balloon Games	**30** 9:30 Meet & Greet 10:15 Morning Exercises 11:00 Meditation Time 1:15 Tabletop Games **2:00 Catholic Mass/Communion** 2:30 Bingo 4:00 Worship w/ Pastor Leo	**Activity Calendar is Subject to Change & Subject to Covid 19 Precautions**				