

# MERRY HEART MEMORY CARE

# MARCH

# 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 9:00 Meet & Greet 11:30 Lunch 2:00 Sing Along 5:00 Dinner	<b>2</b> 9:00 Meet & Greet 10:00 Move & Groove 11:30 Lunch 2:00 Color Art 3:00 Hand Massages 5:00 Dinner	<b>3</b> 9:00 Meet & Greet 9:30 Range of Motion 11:30 Lunch 2:00 Balloon Toss 5:00 Dinner	<b>4</b> 9:00 Meet & Greet 11:30 Lunch 2:30 Wednesday Bingo! 3:30 Winter Trivia 5:00 Dinner	<b>5</b> 9:00 Meet & Greet 9:30 Morning Stretch 11:30 Lunch 2:00 Tabletop Games 2:45 Hidden Words 3:30 Karaoke 5:00 Dinner	<b>6</b> 9:00 Meet & Greet 9:30 Exercises 11:30 Lunch 2:00 Ball Game 4:00 Game Shows 5:00 Dinner	<b>7</b> 9:00 Meet & Greet 9:30 Morning Exercises 11:30 Lunch 2:00 Classical Sing Along 4:00 Hand Massages 5:00 Dinner 
<b>8</b> <u>Daylight Savings</u> 9:00 Meet & Greet 11:30 Lunch 2:00 Sing Along 5:00 Dinner 	<b>9</b> 9:00 Meet & Greet 10:00 Move & Groove 11:30 Lunch <b>1:00 Let's Maake Spring Flowers</b> 3:00 Sing Along 5:00 Dinner 	<b>10</b> 9:00 Meet & Greet 9:30 Range of Motion 11:30 Lunch 2:00 Balloon Toss 5:00 Dinner	<b>11</b> 9:00 Meet & Greet 11:30 Lunch 2:30 Wednesday Bingo! 3:30 Facts About the Color Green 5:00 Dinner 6:00 Movie Matinee	<b>12</b> 9:00 Meet & Greet 9:30 Morning Stretch 11:30 Lunch 2:00 Tabletop Games 2:45 Hidden Words 3:30 Karaoke 5:00 Dinner	<b>13</b> 9:00 Meet & Greet 9:30 Exercises 11:30 Lunch 2:00 Ball Games 4:00 Game Shows 5:00 Dinner	<b>14</b> 9:00 Meet & Greet 9:30 Morning Exercises 11:30 Lunch 2:00 Karaoke Sing Along 4:00 Hand Massages 5:00 Dinner
<b>15</b> 9:00 Meet & Greet 11:30 Lunch 2:00 Sing Along 5:00 Dinner	<b>16</b> 9:00 Meet & Greet 10:00 Move & Groove 11:30 Lunch 2:00 Color Art 3:00 Hand Massages 5:00 Dinner	<b>17</b> <u>St. Patrick's Day!</u> 9:00 Meet & Greet 9:30 Range of Motion 11:30 Lunch 2:00 Balloon Toss <b>2:30 Murphy the Therapy Dog</b> 5:00 Dinner 	<b>18</b> 9:00 Meet & Greet 11:30 Lunch 2:30 Wednesday Bingo! 3:30 St. Patrick Trivia 5:00 Dinner 6:00 Movie Matinee	<b>19</b> 9:00 Meet & Greet 9:30 Morning Stretch 11:30 Lunch 2:00 Tabletop Games 2:45 Hidden Words 3:30 Karaoke 5:00 Dinner	<b>20</b> <u>First Day of Spring</u> 9:00 Meet & Greet 9:30 Exercises 11:30 Lunch 2:00 Ball Game 4:00 Game Shows 5:00 Dinner 	<b>21</b> 9:00 Meet & Greet 9:30 Morning Exercises 11:30 Lunch 2:00 50's Sing Along 4:00 Hand Massages 5:00 Dinner
<b>22</b> 9:00 Meet & Greet 11:30 Lunch 2:00 Sing Along 5:00 Dinner	<b>23</b> 9:00 Meet & Greet 10:00 Move & Groove 11:30 Lunch 2:00 Color Art 3:00 Hand Massages 5:00 Dinner	<b>24</b> 9:00 Meet & Greet 9:30 Range of Motion 11:30 Lunch 2:00 Balloon Toss 5:00 Dinner	<b>25</b> 9:00 Meet & Greet 11:30 Lunch 2:30 Wednesday Bingo! 3:30 Spring Trivia 5:00 Dinner 6:00 Movie Matinee	<b>26</b> 9:00 Meet & Greet 9:30 Morning Stretch 11:30 Lunch 2:00 Tabletop Games 2:45 Hidden Words 3:30 Karaoke 5:00 Dinner	<b>27</b> 9:00 Meet & Greet 9:30 Exercises 11:30 Lunch 2:00 Ball Games 4:00 Game Shows 5:00 Dinner	<b>28</b> 9:00 Meet & Greet 9:30 Morning Exercises 11:30 Lunch 2:00 Karaoke Sing Along 4:00 Hand Massages 5:00 Dinner
<b>29</b> 9:00 Meet & Greet 11:30 Lunch 2:00 Sing Along 5:00 Dinner	<b>30</b> 9:00 Meet & Greet 10:00 Move & Groove 11:30 Lunch 2:00 Color Art 3:00 Hand Massages 5:00 Dinner	<b>31</b> 9:00 Meet & Greet 9:30 Range of Motion 11:30 Lunch 2:00 Balloon Toss 5:00 Dinner	Activity Calendar is Subject to Change & Subject to Covid 19 Precautions! 			