

MEMORY LANE MHAL

Merry Heart Assisted Living

118 Main Street
Succasunna, NJ 07876



2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Video Calls can be scheduled through the MH Website Activity Calendar is Subject to Change	1 9:30 Friday Fitness 10:30 Brain Games TGIF - Ed Clark 1:00 2:00 Bingo! 3:15 Snack & Chat	2 9:30 Weekend Workout 10:30 Trivia 1:00 Word Games 2:00 Bingo! 3:15 Snack & Chat
					3 9:00 Sunday Café 10:30 Catholic Mass 1:00 Game Toss 2:00 Bingo 3:15 Snacks 3:45 Storytime	4 9:30 Morning Stretch 10:30 Storytime 1:00 Meditation Monday 2:00 Nail Flair 3:00 Snacks 3:45 Meditation
10 Mother's Day 9:00 Sunday Café 10:30 Catholic Mass 1:00 Game Toss 2:00 Bingo 3:15 Snack & Chat 3:45 Story Time	11 9:30 Morning Stretch 10:30 Storytime 1:00 Meditation Monday 2:00 Nail Flair 3:00 Snacks 3:45 Meditation	12 Barber 9:00am 9:30 Sit & Be Fit 10:30 Worship on TV 2:00 Bingo 1:00 Coloring 3:00 Snacks 3:45 70's Music	13 Hairdresser 8am 9:30 Balloon Toss 10:30 Word Game 1:00 Relaxation Time 2:00 Movie Matinee 3:45 Catholic Mass	14 9:30 Chair Exercises 10:30 Let's Play Cards! 1:00 Relaxation Time 2:00 Bingo 3:30 Instrumental Songs	15 9:30 Friday Fitness 10:30 Spring Trivia 1:00 Piano Music on TV 2:00 Bingo! 3:15 Snack Shack	16 9:30 Weekend Workout 10:30 Trivia 1:00 Word Games 2:00 Bingo! 3:15 Snack & Chat
17 9:00 Sunday Café 10:30 Catholic Mass 1:00 Game Toss 2:00 Bingo 3:15 Snacks 3:45 Storytime	18 9:30 Morning Stretch 10:30 Storytime 1:00 Meditation Monday 2:00 Bingo 3:00 Snacks 3:45 Meditation	19 9:30 Game Room! 10:30 Sit & Be Fit 1:00 Resident Council 2:00 Bingo 3:30 50's Music	20 Hairdresser 8am 9:30 Balloon Toss 10:30 Board Games 1:00 Relaxation Time 2:00 Bingo Fun! 3:45 Catholic Mass	21 9:30 Chair Exercise 10:30 Let's Play Cards! 1:00 Relaxation Time 2:00 Bingo 3:30 Instrumental Songs	22 9:30 Friday Fitness 10:30 Butterfly Games TGIF - Ed Clark 1:00 2:00 Bingo! 3:15 Snack Shack	23 9:30 Weekend Workout 10:30 Trivia 1:00 Sing along 2:00 Bingo! 3:15 Snack & Shack
24 9:00 Sunday Café 10:30 Catholic Mass 1:00 Game Toss 2:00 Bingo 3:15 Snack & Chat 3:45 Story Time	25 Memorial Day 9:30 Morning Stretch 10:30 Storytime 1:00 Meditation Monday 2:00 Nail Flair 3:00 Snacks 3:45 Meditation	26 9:30 Game Room! 10:30 Sit & Be Fit 1:00 Coloring 2:00 Bingo 3:00 Snacks 3:45 60's Music	27 Hairdresser 8am 9:30 Balloon Toss 10:30 Board Games 1:00 Relaxation Time 2:00 Bingo Fun! 3:45 Catholic Mass	28 9:30 Chair Exercise 10:30 Let's Play Cards! 1:00 Relaxation Time 2:00 Bingo 3:00 Birthday Party w/ DJ Bernie	29 9:30 Friday Fitness 11:00 Music with Albert Mulad TGIF - Ed Clark 1:00 2:00 Bingo! 3:15 Snack Shack	30 9:30 Weekend Workout 10:30 Trivia 1:00 Word Games 2:00 Bingo! 3:15 Snack & Chat