

LONG TERM CARE

Merry Heart Nursing Home

200 Main Street

Succasunna, NJ 07876

Third Flr. CALENDAR

SEPTEMBER 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BACK to School 7 Grandparents Day 9:30 Meet & Greet 10:30 Morning Exercise 11:15 Catholic Mass on the TV 1:00 Carnival Day MHAL 1:30 Restorative Fun 2:00 Build A Word 3:00 Balloon Toss	Labor Day 1 9:30 Meet & Greet 10:15 Morning Exercises 11:00 Meditation Time 12:00 BBQ LUNCH 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo	2 9:30 Meet & Greet 10:15 Tune Up Tuesday 11:00 Meditation Time 1:30 Scrabble 2:00 Hangman 3:00 Guess the Word 7:00 Evening Snacks	3 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 11:45 Sing Along 1:30 American Trivia 2:00 Hangman 3:00 Independent Activity 7:00 Activities w/ Kim	4 Hairdresser 9am 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Group Puzzles 2:00 Music w/ The Gypsy Sisters 3:30 Trivia 7:00 Activities w/ Kim	5 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Bingo! 3:00 Hangman 6:00 Activities with Kim	6 9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks
14 9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Hangman 3:00 Balloon Games	15 9:30 Meet & Greet 10:15 Morning Exercises 11:00 Meditation Time 1:15 Tabletop Games 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo	16 Paparazzi Jewelry 9:30 Meet & Greet 10:15 Tune Up Tuesday 11:00 Meditation Time 1:30 Scrabble 2:00 Music w/ Kris Phiphany 3:00 Guess the Word 7:00 Evening Snacks	17 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 1:30 Tabletop Games 2:30 Worship with Helen 3:00 Concentration Game 7:00 Activities w/ Kim	18 Hairdresser 9am 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Group Puzzles 2:00 Bingo 3:30 Trivia 7:00 Activities w/ Kim	19 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:15 Cooking w/ Danielle 2:00 Men's Club 3:00 Snack Time 6:00 Activities with Kim	20 9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks
21 9:30 Meet & Greet 10:30 Table Games/Exercises 11:30 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Build A Word 3:00 Balloon Games	First Day of Fall 22 9:30 Meet & Greet 10:15 Pilates Exercises 11:00 Meditation Time 1:15 Sing Along 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo	23 9:30 Meet & Greet 10:00 Tune Up Tuesday 11:00 Meditation Time 1:30 B & B Dogs Movie Matinee 1:30 3:00 Guess the Word 7:00 Evening Snacks	24 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 11:45 Sing Along 1:30 American Trivia 2:00 Luau Party 3:00 Independent Activity 7:00 Activities w/ Kim	25 Hairdresser 9am 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Group Puzzles 2:00 Bingo 3:30 Trivia 7:00 Activities w/ Kim	26 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Resident Council 3:00 Hangman 6:00 Activities with Kim	27 9:30 Meet & Greet 10:30 Exercises 11:00 Nail Flair W/ Music 1:30 Restorative Fun 2:00 Bingo 3:15 Coloring Fun! 7:00 Evening Snacks-
28 9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Hangman 3:00 Balloon Games	29 9:30 Meet & Greet 10:15 Morning Exercises 11:00 Meditation Time 1:15 Tabletop Games 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo	30 9:30 Meet & Greet 10:00 Tune Up Tuesday 11:00 Meditation Time 1:30 Board Games 2:00 Hangman 3:00 Guess the Word 7:00 Evening Snacks	Activity Calendar is Subject to Change & Subject to Covid 19 Precautions!			Hello, September!