

LONG TERM CARE

Merry Heart Nursing Home

200 Main Street

Succasunna, NJ 07876

Third Flr. CALENDAR

December 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activity Calendar is Subject to Change & Subject to Covid 19 Precautions!	1 9:30 Meet & Greet 10:15 Morning Exercises 11:00 Meditation Time 1:15 Tabletop Games 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo	2 PAJAMA DAY 9:30 Meet & Greet 10:15 Tune Up Tuesday 11:00 Meditation Time 1:30 B & B Dogs 2:00 The Polar Express Movie 3:00 Guess the Word  7:00 Evening Snacks	3 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 11:45 Sing Along 1:00 Tabletop Games 2:00 Worship w/ Pastor Fred 3:00 Worship w/ Helen 7:00 Activities w/ Kim	4 Hairdresser 9am 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Winter Garland 1:00 Group Puzzles 2:00 Bingo  3:30 Trivia 7:00 Activities w/ Kim	5 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Christmas Wreath  3:00 Hangman 6:00 Activities with Kim	6 9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks
7 9:30 Meet & Greet 10:30 Morning Exercise 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Christmas Carolers 3rd floor 3:00 Balloon Toss	8 9:30 Meet & Greet 10:15 Yoga Exercise 11:00 Meditation Time 1:15 Sing Along 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo	9 A & L SALES 9:30 Meet & Greet 10:15 Tune up Tuesday 11:00 Meditation Time 1:30 Christmas Songs 2:00 Music w/ Deb D'Anne  3:00 Seasonal Coloring 7:00 Evening Snacks	10 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 11:45 Sing Along 1:00 American Trivia 2:00 Gingerbread Houses  3:00 Tabletop Game 7:00 Activities w/ Kim	11 Hairdresser 9am 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Restorative Fun 2:00 Bingo  3:30 Music w/ DJ Bernie 7:00 Activities w/ Kim	12 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Christmas Snow Globe  4:00 Hangman 6:00 Activities with Kim	13 9:30 Meet & Greet 10:30 Exercises 11:00 Nail Flair W/ Music 1:30 Restorative Fun 2:00 Art of Dance Performance  4:15 Coloring 7:00 Evening Snacks
14 Hanukkah Starts 9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Hangman  3:00 Balloon Games	15 9:30 Meet & Greet 10:15 Morning Exercises 11:00 Meditation Time 1:15 Tabletop Games 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo	16 9:30 Meet & Greet 10:15 Tune Up Tuesday 11:00 Meditation Time 1:30 B & B Dogs 2:00 Roxbury Women's Club 3:00 Guess the Word  7:00 Evening Snacks	17 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 1:00 Tabletop Games 2:00 Christmas Ordiments  3:00 Worship with Helen 3:00 Concentration Game 7:00 Activities w/ Kim	18 Hairdresser 9am 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Group Puzzles 2:00 Christmas Store! 3:30 Trivia 7:00 Activities w/ Kim	19 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time 3:00 Christmas Carolers  4:00 Snack Time 6:00 Activities with Kim	20 9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks
21 9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Build A Word 3:00 Balloon Games	22 9:30 Meet & Greet 10:15 Pilates Exercises 11:00 Meditation Time 1:15 Sing Along 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo	23 9:30 Meet & Greet 10:15 Tune Up Tuesday 11:00 Meditation Time 1:30 Thanksgiving Trivia 2:00 Music w/ Alexander & Reema  3:00 Guess the Word 7:00 Evening Snacks	24 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 11:45 Sing Along  1:00 Tabletop Games 2:00 Let's Make Cookies 3:00 Independent Activity 7:00 Activities w/ Kim	25 Christmas Day 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 12:00 Christmas Lunch  1:00 Group Puzzles 2:00 Bingo 3:00 Christmas Songs 7:00 Activities w/ Kim	26 Hairdresser 9am 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Men's Club 3:00 Hangman 6:00 Activities with Kim	27 9:30 Meet & Greet 10:30 Exercises 11:00 Nail Flair W/ Music 1:30 Restorative Fun 2:00 Bingo 3:15 Coloring Fun! 7:00 Evening Snacks-
28 9:30 Meet & Greet 10:30 Table Games/Exercises 11:30 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Build A Word 3:00 Balloon Games	29 9:30 Meet & Greet 10:15 Morning Exercises 11:00 Meditation Time 1:15 Tabletop Games 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo	30 9:30 Meet & Greet 10:15 Tune Up Tuesday 11:00 Meditation Time 1:30 B & B Dogs 2:00 Resident Council 3:00 Guess the Word  7:00 Evening Snacks	31 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 1:00 Tabletop Games 2:00 Hangman 3:00 Worship with Helen 3:00 Concentration Game 7:00 Activities w/ Kim			