

JUNE 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Sunday Café 10:30 Catholic Mass 1:00 Game Toss 2:00 Bingo 3:15 Snack & Chat 3:45 Storytime	2 9:30 Morning Stretch 10:30 Word Games 1:00 Meditation Monday 2:00 Nail Flair 3:00 Snacks 3:45 Meditation	3 9:30 Game Room! 10:30 Sit & Be Fit 1:00 Coloring 2:00 Balloon Toss 3:00 Snacks 3:30 Sing Along	4 <u>Hairdresser 8am</u> 9:30 Balloon Toss 10:30 Board Games 1:00 Relaxation Time 2:00 Bingo Fun! 3:45 Catholic Mass	5 9:30 Chair Exercises 10:30 Let's Play Cards! 1:00 Relaxation Time 2:00 Flower Coloring 3:00 Summer Songs	6 9:30 Friday Fitness 10:30 Bird Trivia <u>TGIF - Ed Clark</u> 1:00 2:00 Bingo! 3:15 Snack Shack	7 <u>Barber 9:00am</u> 9:30 Weekend Workout 10:30 Trivia 1:00 Sing along 2:00 Bingo! 3:15 Snack & Shack
8 9:00 Sunday Café 10:30 Catholic Mass 1:00 Game Toss 2:00 Bingo 3:15 Snack & Chat 3:45 Storytime	9 9:30 Morning Stretch 10:30 Word Games 1:00 Meditation Monday 2:00 Bingo 3:00 Snacks 3:45 Nail Flair	10 9:30 Sit & Be Fit 10:30 Worship on TV 1:00 Spring Trivia 2:00 Basketball Fun! 3:00 Snacks 3:30 Sing Along	11 <u>Hairdresser 8am</u> 9:30 Balloon Toss 10:30 Board Games 1:00 Relaxation Time 2:00 Bingo Fun! 3:45 Catholic Mass	12 9:30 Chair Exercises 10:30 Let's Play Cards! 1:00 Relaxation Time 2:00 Instrumental Fun 3:00 Musical Social	13 9:30 Friday Fitness 10:30 Brain Games <u>TGIF - Ed Clark</u> 1:00 2:00 Bingo! 🎵 3:00 Music w/ Gregory!	14 9:30 Weekend Workout 10:30 Trivia 1:00 Word Games 2:00 Bingo! 3:15 Snack & Chat
15 <u>Father's Day</u> 9:00 Sunday Café 10:30 Catholic Mass 1:00 Game Toss 2:00 Bingo 3:15 Snack & Chat 3:45 Storytime	16 9:30 Morning Stretch 10:30 Word Games 1:00 Meditation Monday 2:00 Nail Flair 3:00 Snacks 3:45 Meditation	17 9:30 Game Room! 10:30 Sit & Be Fit 1:00 Coloring 2:00 Balloon Toss 3:00 Snacks 3:30 Music w/ Alexander and Reema! 🎵	18 <u>Hairdresser 8am</u> 9:30 Balloon Toss 10:30 Board Games 1:00 Relaxation Time 2:00 Bingo Fun! 3:45 Catholic Mass	19 9:30 Chair Exercises 10:30 Let's Play Cards! 1:00 Relaxation Time 2:00 Bird Coloring 3:00 Spring Songs 3:30 Music w/ DJ Bernie 🎵	20 9:30 Friday Fitness 10:30 Bird Trivia <u>TGIF - Ed Clark</u> 1:00 2:00 Bingo! 3:15 Snack Shack	21 9:30 Weekend Workout 10:30 Trivia 1:00 Sing along 2:00 Bingo! 3:15 Snack & Shack
22 9:00 Sunday Café 10:30 Catholic Mass 1:00 Game Toss 2:00 Bingo 3:15 Snack & Chat 3:30 🎵	23 9:30 Morning Stretch 10:30 Word Games 1:00 Meditation Monday 2:00 Nail Flair 3:00 Snacks 3:45 Meditation	24 9:30 Sit & Be Fit 10:30 Worship on TV 2:00 Balloon Toss 1:00 Resident Council 2:00 Balloon Toss 3:00 Snacks 3:30 Sing Along	25 <u>Hairdresser 8am</u> 9:30 Balloon Toss 10:30 Word Game 1:00 Relaxation Time 2:00 Movie Matinee 3:45 Catholic Mass	26 9:30 Chair Exercises 10:30 Let's Play Cards! 1:00 Relaxation Time 2:00 Flower Coloring 3:30 Music w/ The Gypsy Sisters! 🎵	27 9:30 Friday Fitness 10:30 Flower Trivia <u>TGIF - Ed Clark</u> 1:00 2:00 Bingo! 3:15 Snack Shack	28 9:30 Weekend Workout 10:30 Trivia 1:00 Word Games 2:00 Bingo! 3:15 Snack & Chat
29 9:00 Sunday Café 10:30 Catholic Mass 1:00 Game Toss 2:00 Movie Matinee and Snacks in Theatre! 3:45 Storytime	30 9:30 Morning Stretch 10:30 Word Games 1:00 Meditation Monday 2:00 Nail Flair 3:00 Snacks 3:45 Meditation	Video Calls can be scheduled through the MH Website Activity Calendar is Subject to Change	HelloSummer			