

MHS MEMORY LANE

Merry Heart Nursing Home
200 Route 10 West
Succasunna, NJ 07876
First Flr. CALENDAR

OCTOBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		9:30 Radiant Café 10:15 Ball Toss 10:45 Sing Along-60'S 1:00 Relaxation Time 1:30 B & B Dogs 1:45 Lets Color  2:30 Block Building 4:30 Music appreciation 6:00 Sitcoms	Barber 9:00am 9:30 Radiant Café 10:15 Rhythm Band 10:45 Sing Along-70's 11:15 Independent Activity 1:45 Sing Along 2:30 Guess What Game 4:30 Music Appreciation 6:00 Instrumental	Hairdresser 9am 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 1:45 Hand Massage 2:30 Halloween Reminiscing 4:30 Nail Flair	9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Let's Fold Clothes 2:30 Creative Art 4:30 Music Appreciation 6:30 Game Shows	9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
6	7	8	9	10	11	12
9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-50's 11:15 Independent Activity 1:30 Sing Along 2:00 Mass/Bingo MDR 2:45 Meditation 4:30 Monday Matinee	9:30 Radiant Café 10:15 Hand Exercise 10:45 Ball Toss 11:15 Independent Activity 1:00 Relaxation Time 1:45 Fall Cookies!  2:30 Let's Color 4:30 Music Appreciation 6:00 Sitcoms	9:30 Radiant Café 10:15 What Am I Trivia 10:45 Sing Along-60's 11:15 Independent Activity 1:45 Balloon Volleyball 2:30 Guess What Game 4:30 Music Appreciation 6:00 Instrumental	Hairdresser 9am 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 1:45 Painting Pumpkins 2:30 Hand Massage 4:30 Music Appreciation 6:00 Sitcoms	9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Let's Fold Clothes 2:30 Creative Art 4:30 Music Appreciation 6:30 Game Shows	9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
13	14	15	16	17	18	19
9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-Oldies 11:15 Independent Activity 1:30 Help Fold Clothes 2:00 Mass/Bingo MDR 2:45 Reminiscing 4:30 Monday Matinee	9:30 Radiant Café 10:15 Ball Toss 10:45 Sing Along-60'S 1:00 Relaxation Time 1:30 B & B Dogs  1:45 Sing Along 2:30 Block Building 3:00 Live Music w/ Adria 6:00 Sitcoms	9:30 Radiant Café 10:15 Rhythm Band 11:15 Independent Activity 1:45 Arts & Crafts 2:30 Guess What Game 4:30 Music Fun 6:00 Instrumental	Hairdresser 9am 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 1:45 Halloween Craft!  2:30 Hand Massage 4:30 Nail Flair	9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Let's Fold Clothes 2:30 Creative Art 4:30 Music Appreciation 6:30 Game Shows	9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
20	21	22	23	24	25	26
9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-50's 11:15 Independent Activity 1:30 Sing Along 2:00 Mass/Bingo MDR 2:45 Meditation 4:30 Monday Matinee	9:30 Radiant Café 10:15 Hand Exercise  10:45 Ball Toss 11:15 Independent Activity 1:00 Relaxation Time 1:45 Let's Color 2:00 Rose City Songsters 4:30 Music Appreciation	9:30 Radiant Café 10:15 Rhythm Band 10:45 Sing Along-70's 11:15 Independent Activity 1:45 Arts & Crafts 2:30 Guess What Game 4:30 Music Fun 6:00 Instrumental	Hairdresser 9am 9:30 Radiant Café 10:15 Thursday Exercises 11:15 Independent Activity 1:00 Music Relaxation BirthDay Celebrations w/ DJ Bernie  3:00	9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Let's Fold Clothes 2:30 Creative Art 4:30 Music Appreciation 6:30 Game Shows	9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
27	28	29	30	31		
9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-Oldies 11:15 Independent Activity 1:30 Smoothies w/ Ying!  2:00 Mass/Bingo 2:45 Reminiscing 4:30 Monday Matinee	9:30 Radiant Café 10:15 Ball Toss 10:45 Sing Along-60'S 1:00 Relaxation Time 1:30 B & B Dogs  1:45 Sing Along 2:30 Block Building 4:30 Music Appreciation 6:00 Sitcoms	9:30 Radiant Café 10:15 What Am I Trivia 10:45 Sing Along-60's 11:15 Independent Activity 1:45 Balloon Volleyball 2:30 Guess What Game 4:30 Music Appreciation 6:00 Instrumental	Happy Halloween 31 Hairdresser 9am 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 1:45 Hand Massage 2:00 Halloween Party! 4:30 Nail Flair	Activity Calendar is Subject to Change & Subject to Covid 19 Precautions!	