

# MHS MEMORY LANE

Merry Heart Nursing Home  
200 Route 10 West  
Succasunna, NJ 07876  
First Flr. CALENDAR

# AUGUST 2026

| Sunday                                                                                                                                                                                             | Monday                                                                                                                                                                                                            | Tuesday                                                                                                                                                                                                                                                                                                       | Wednesday                                                                                                                                                                                                          | Thursday                                                                                                                                                                                                                                                                                                       | Friday                                                                                                                                                                                                                                                                   | Saturday                                                                                                                                                                |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Activity Calendar is Subject to Change &amp; Subject to Covid 19 Precautions!</b>                                                                                                               |                                                                                                                                 |                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                          | <b>1</b><br>9:30 Radiant Café<br>10:15 Move w/ Me<br>10:45 Rhymes<br>11:15 Independent Activity<br>1:45 Hand Massages<br>2:30 Table Puzzles<br>4:30 Music Appreciation  |
| <b>2</b><br>9:30 Radiant Café<br>10:15 Morning Stretch<br><b>11:15 Catholic Mass</b><br>1:45 Nail Flair w/ Music<br>2:30 Balloon Toss & Music<br>3:30 Music Appreciation<br>6:00 Relaxing Musical  | <b>3</b><br>9:30 Radiant Café<br>10:00 Dance with Me<br>10:45 Sing Along-50's<br>11:15 Independent Activity<br>1:30 Help Fold Clothes<br><b>2:00 Mass/Bingo MDR</b><br>2:45 Meditation<br>4:30 Monday Matinee     | <b>4</b><br><b>Barber 9:00am</b><br>9:30 Radiant Café<br>10:15 Hand Exercise<br>10:45 Ball Toss<br>11:15 Independent Activity<br><b>1:30 B &amp; B Dogs</b> <br>2:00 Hangman<br>4:30 Music Appreciation<br>6:00 Sitcoms      | <b>5</b><br>9:30 Radiant Café<br>10:15 Yoga Exercise<br>10:45 Sing Along-50's<br>11:15 Independent Activity<br>1:15 Word guessing game?<br>2:30 Balloon table game<br>4:30 Music Appreciation<br>6:00 Instrumental | <b>6</b><br><b>Hairdresser 9am</b><br>9:30 Radiant Café<br>10:15 Chair Exercise<br>11:15 Independent Activity<br>1:15 Tabletop game<br>2:00 Hand massages<br>4:30 Music Appreciation<br>6:00 Sitcoms                                                                                                           | <b>7</b><br>9:30 Radiant Café<br>10:15 Breathing Exercises<br>10:45 Therapy Music<br>11:15 Independent Activity<br>1:45 Let's Fold Clothes<br>2:00 Tabletop Games<br>4:30 Music Appreciation<br>6:30 Game Shows                                                          | <b>8</b><br>9:30 Radiant Café<br>10:15 Move w/ Me<br>10:45 Rhymes<br>11:15 Independent Activity<br>1:45 Hand Massages<br>2:30 Table Puzzles<br>4:30 Music Appreciation  |
| <b>9</b><br>9:30 Radiant Café<br>10:15 Morning Stretch<br><b>11:15 Catholic Mass</b><br>1:45 Nail Flair w/ Music<br>2:30 Balloon Toss & Music<br>3:30 Music Appreciation<br>6:00 Relaxing Musical  | <b>10</b><br>9:30 Radiant Café<br>10:00 Dance with Me<br>10:45 Sing Along-Oldies<br>11:15 Independent Activity<br>1:30 Help Fold Clothes<br><b>2:00 Mass/Bingo MDR</b><br>2:45 Reminiscing<br>4:30 Monday Matinee | <b>11</b><br>9:30 Radiant Café<br>10:15 Ball Toss<br>10:45 Sing Along-60'S<br><b>1:00 Relaxation Time</b><br>1:45 Sing Along<br>2:30 Block Building<br>3:00 Let's Color<br>6:00 Sitcoms                                                                                                                       | <b>12</b><br>9:30 Radiant Café<br>10:15 Morning Exercise<br>10:45 Sing Along-60's<br>11:15 Independent Activity<br><b>1:15 Bingo</b><br>2:30 Read with me<br>4:30 Music Fun<br>6:00 Instrumental                   | <b>13</b><br><b>Hairdresser 9am</b><br>9:30 Radiant Café<br>10:15 Chair Exercise<br>11:15 Independent Activity<br>1:15 Trivia<br>2:30 Math Game<br>4:30 Music Appreciation<br>6:00 Sitcoms                                                                                                                     | <b>14</b><br>9:30 Radiant Café<br>10:15 Breathing Exercises<br>10:45 Therapy Music<br>11:15 Independent Activity<br>1:15 Sing along<br>2:30 Tabletop Games<br>6:30 Game Shows                                                                                            | <b>15</b><br>9:30 Radiant Café<br>10:15 Move w/ Me<br>10:45 Rhymes<br>11:15 Independent Activity<br>1:45 Hand Massages<br>2:30 Table Puzzles<br>4:30 Music Appreciation |
| <b>16</b><br>9:30 Radiant Café<br>10:15 Morning Stretch<br><b>11:15 Catholic Mass</b><br>1:45 Nail Flair w/ Music<br>2:30 Balloon Toss & Music<br>3:30 Music Appreciation<br>6:00 Relaxing Musical | <b>17</b><br>9:30 Radiant Café<br>10:00 Dance with Me<br>11:15 Independent Activity<br>1:30 Help Fold Clothes<br><b>2:00 Mass/Bingo MDR</b><br>2:45 Meditation<br>4:30 Monday Matinee                             | <b>18</b><br>9:30 Radiant Café<br>10:15 Hand Exercise<br>10:45 Ball Toss<br>11:15 Independent Activity<br><b>1:30 B &amp; B Dogs</b> <br>2:00 Hangman<br>4:30 Music Appreciation<br>6:00 Sitcoms                           | <b>19</b><br>9:30 Radiant Café<br>10:15 Morning Exercise<br>10:45 Sing Along-70's<br>11:15 Independent Activity<br><b>1:45 Movie Matinee</b><br>2:30 Cookies tea time<br>4:30 Music Fun<br>6:00 Instrumental       | <b>20</b><br><b>Hairdresser 9am</b><br>9:30 Radiant Café<br>10:15 Thursday Exercises<br>11:15 Independent Activity<br>1:15 Music Relaxation<br><b>2:00 Music w/ DJ Bernie</b> <br>4:30 Music Appreciation<br>6:00 Sitcoms | <b>21</b><br>9:30 Radiant Café<br>10:15 Breathing Exercises<br>10:45 Therapy Music<br>11:15 Independent Activity<br>1:15 Sing alone<br><b>2:00 Men's Club</b><br>4:30 Music Appreciation<br>6:30 Game Shows                                                              | <b>22</b><br>9:30 Radiant Café<br>10:15 Move w/ Me<br>10:45 Rhymes<br>11:15 Independent Activity<br>1:45 Hand Massages<br>2:30 Table Puzzles<br>4:30 Music Appreciation |
| <b>23</b><br>9:30 Radiant Café<br>10:15 Morning Stretch<br><b>11:15 Catholic Mass</b><br>1:45 Nail Flair w/ Music<br>2:30 Balloon Toss & Music<br>3:30 Music Appreciation<br>6:00 Relaxing Musical | <b>24</b><br>9:30 Radiant Café<br>10:00 Dance with Me<br>10:45 Sing Along-Oldies<br>11:15 Independent Activity<br>1:30 Help Fold Clothes<br><b>2:00 Mass/Bingo MDR</b><br>2:45 Reminiscing<br>4:30 Monday Matinee | <b>25</b><br>9:30 Radiant Café<br>10:15 Ball Toss<br>10:45 Sing Along-60'S<br>11:15 Independent Activity<br>1:00 Relaxation Time<br><b>2:00 Music w/ Alexander &amp; Reema</b> <br>2:30 Block Building<br>3:00 Let's Color | <b>26</b><br>9:30 Radiant Café<br>10:15 Yoga Exercise<br>10:45 Ping pong game<br>11:15 Independent Activity<br>1:15 Sing Along-50's<br>2:30 Bingo<br>4:30 Music Appreciation<br>6:00 Instrumental                  | <b>27</b><br><b>Hairdresser 9am</b><br>9:30 Radiant Café<br>10:15 Yoga Exercises<br>11:15 Independent Activity<br>1:15 Music Relaxation<br>2:30 Hand Massage<br>4:30 Music Appreciation<br>6:00 Sitcoms                                                                                                        | <b>28</b><br>9:30 Radiant Café<br>10:15 Breathing Exercises<br>10:45 Therapy Music<br>11:15 Independent Activity<br><b>2:00 LUAU PARTY!</b><br>3:00 Snacks time <br>6:30 Game Shows | <b>29</b><br>9:30 Radiant Café<br>10:15 Move w/ Me<br>10:45 Rhymes<br>11:15 Independent Activity<br>1:45 Hand Massages<br>2:30 Table Puzzles<br>4:30 Music Appreciation |