

ASSISTED LIVING

Merry Heart Assisted Living

118 Main Street
Succasunna, NJ 07876

JANUARY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			NEW YEARS DAY 1 <u>Hairdresser 8am</u> 10:00 Sit & Be Fit 10:45 Word Games 1:00 Travelogue 2:15 Bingo 3:45 Catholic Mass	2 10:00 Sit & Be Fit 10:45 Story Time 12:50 Blackjack 1:15 Yahtzee/ Bananagrams 2:15 Bingo! 3:30 Family Feud	3 10:00 Music in Motion 10:45 Casino fun in Bistro! <u>TGIF Ed Clark at the Piano L</u> 1:00 2:15 Bingo! 3:30 Poker/ Bunco	4 10:00 Exercise 10:45 Pet Therapy 12:50 Blackjack 1:00 Name That Show 2:15 Bingo! 3:30 Poker-Game Room
5 10:30 Catholic Mass 12:00 Wine and Dine 1:15 Dominos Fun 2:15 Bingo! 3:30 Tabletop Talk	6 10:00 Yoga-Chi 10:45 Concentration Games 1:00 Food Committee Meeting 2:15 Bingo! 3:30 Trivia 4:00 Nail Flair	Barber 9:00am 7 10:00 Morning Stretch 10:30 Bead a Bracelet 12:50 Blackjack 1:00 Yahtzee 2:15 Bingo! 3:30 Winter Sing Along in Lobby!	8 <u>Hairdresser 8am</u> 10:00 Dollar Store Trip 10:00 Sit & Be Fit 10:45 Word Games 1:00 Travelogue 2:15 Bingo 3:45 Catholic Mass	9 10:00 Sit & Be Fit 10:45 Story Time 12:50 Blackjack 1:15 Yahtzee/ Bananagrams 2:15 Bingo! 3:30 Family Feud	10 10:00 Music in Motion 10:45 Casino Fun! <u>TGIF Ed Clark at the Piano L</u> 1:00 2:15 Bingo! 3:30 Music w/ Gypsy Sisters	11 10:00 Exercise 10:45 Word Games 12:50 Blackjack 1:00 Men's Club! 2:15 Bingo! 3:30 Poker-Game Room
12 10:30 Catholic Mass 12:00 Wine and Dine 1:15 Dominos Fun 2:15 Bingo! 3:30 Tabletop Talk	13 10:00 Yoga-Chi <u>Winter Craft</u> 10:45 1:15 Seasonal Coloring 2:15 Bingo! 3:30 Trivia 4:00 Nail Flair 	14 10:00 Morning Stretch 10:30 Dice Roll Challenge 12:50 BlackJack 1:00 Bean Bag Toss 2:15 Bingo! 3:30 Happy Hour	15 <u>Hairdresser 8am</u> 10:00 Sit & Be Fit <u>Lunch Trip to the Diner!</u> 10:30 1:00 Travelogue  2:15 Bingo 3:45 Catholic Mass	16 10:00 Sit & Be Fit 10:45 Guess the Word 12:50 Blackjack 1:15 Karaoke Time 2:00 Bingo! 3:00 Live Music w/ DJ Bernie 	PAJAMA DAY 17 10:00 Music in Motion 10:45 Casino fun in Bistro! <u>TGIF Ed Clark at the Piano L</u> 1:00  2:15 Bingo! 3:30 Music w/ Cristene	18 10:00 Exercise 10:45 Word Games 12:50 Blackjack 1:00 Name That Show 2:15 Bingo! 3:30 Poker-Game Room
19 10:30 Catholic Mass 12:00 Wine and Dine 1:15 Dominos Fun 2:15 Bingo! 3:30 Tabletop Talk	20 10:00 Yoga-Chi 10:45 Concentration Games 1:15 Seasonal Coloring 2:15 Bingo! 3:30 Trivia 4:00 Nail Flair	21 10:00 Morning Stretch 10:30 Dice Roll Challenge 12:50 Blackjack 1:00 Yahtzee 2:15 Bingo! 3:30 Happy Hour	22 <u>Hairdresser 8am</u> 10:00 Sit & Be Fit 10:45 Word Games 1:00 Travelogue 2:15 Bingo! 3:45 Catholic Mass	23 10:00 Sit & Be Fit 10:45 Story Time 12:50 Blackjack 1:15 Yahtzee/ Bananagrams 2:15 Bingo! 3:30 Family Feud	24 10:00 Music in motion 10:45 Casino fun in Bistro <u>TGIF Ed Clark at the Piano L</u> 1:00 2:15 Bingo! 3:30 Poker/ Banana Gram	25 10:00 Exercise 10:45 Word Games 12:50 Blackjack 1:00 Name That Show 2:15 Bingo! 3:30 Poker-Game Room
26 10:30 Catholic Mass 12:00 Wine and Dine 1:00 Bingo! 2:00 Movie Matinee 3:30 Tabletop Talk	27 10:00 Yoga-Chi 10:45 Concentration Games 1:15 Seasonal Coloring 2:15 Bingo! 3:30 Trivia 4:00 Nail Flair	28 10:00 Morning Stretch 11:00 Resident Council 12:50 Blackjack 2:15 Bingo! 3:30 Happy Hour	29 <u>Hairdresser 8am</u> 10:00 Sit & Be Fit 10:45 Word Games 1:00 Travelogue 2:15 Bingo! 3:45 Catholic Mass	30 10:00 Sit & Be Fit 10:45 Story Time 12:50 Blackjack 1:15 Yahtzee/ Bananagrams 2:15 Bingo! 3:30 Family Feud	31 10:00 Music in Motion 10:45 PRIZE STORE <u>TGIF Ed Clark at the Piano L</u> 1:00  2:15 Bingo! 3:30 Poker/ Bunco	Video Calls can be scheduled through the MH Website Activity Calendar is Subject to Change.