

LONG TERM CARE

Merry Heart Nursing Home
200 Main Street
Succasunna, NJ 07876
Third Fl. CALENDAR

DECEMBER 2021

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Activity Calendar is Subject To Change & Subject to Covid Precautions Please observe social distancing!	1 9:00 Meet & Greet/Yom Kippur Discussion 10:00 Stretching 1:30 Restorative Fun 2:00 Worship 2:30 Hangman-Christmas Words 7:00 Evening Snacks	2 9:00 Meet & Greet/Morning Announcements 11:00 Music In Motion 1:30 Restorative Fun 2:00 Bingo Store 2:30 Bingo 7:00 Evening Snacks	3 9:00 Meet & Greet/Morning News/Morning Music 11:00 Friday Exercises 1:30 Restorative Fun 2:00 Dance To The Music 3:30 Ice Cream Social 7:00 Evening Snacks	4 9:00 Meet & Greet 10:30 Morning Stretching 11:00 Trivia 1:30 Restorative Fun 1:00 1:1 Visits 2:00 Bingo 2:00 Nail Flair & Relaxing Music 7:00 Evening Snacks
Christmas Tree Week 5 9:00 Meet & Greet 10:30 Morning Exercise 11:00 Nail Flair w/ Music 1:30 Restorative Fun 2:00 Virtual Catholic Mass 3:00 Complete the Phrase 7:00 Evening snacks 	6 9:00 Meet & Greet/Reality Orientation 10:45 Moving Monday 2:00 Catholic Mass 2:30 Bingo 7:00 Evening Snacks 	7 9:00 Meet & Greet/Schedules for the Day 11:00 Tune Up Tuesday 1:30 Restorative Fun 2:00 Rosary/Divine Mercy 2:30 Christmas Carols 3:30 Relaxing Music of Yesteryears 7:00 Evening Snacks	8 9:00 Meet & Greet/Morning Discussions 11:00 Exercises 1:30 Restorative Fun 2:00 Worship 2:30 Trivia Time w/Linda! 7:00 Evening Snacks	9 9:00 Meet & Greet/Morning Announcements 11:00 Music In Motion 1:30 Restorative Fun 2:45 Bingo 7:00 Evening Snacks	Gingerbread House 10 9:00 Meet & Greet/Morning News/Morning Music 11:00 Friday Exercises 1:30 Restorative Fun 2:00 Making Gingerbread House 3:30 Trivial Trivia 7:00 Evening Snacks 	Paint Your Nail Day 11 9:00 Meet & Greet 10:30 Morning Stretching 11:00 Trivia 1:30 Restorative Fun 1:00 1:1 Visits 2:00 Bingo 2:00 Nail Flair & Relaxing Music 7:00 Evening Snacks
12 9:00 Meet & Greet 10:30 Morning Exercise 11:00 Nail Flair w/ Music 1:30 Restorative Fun 2:00 Virtual Sunday Mass 3:00 Word Games 7:00 Evening Snacks	13 9:00 Meet & Greet/Columbus Day 10:45 Moving Monday 1:30 Restorative Fun 2:00 Catholic Mass 2:30 Bingo 7:00 Evening Snacks	Mac & Cheese Day 14 9:00 Schedules for the Day 11:00 Tune Up Tuesday 1:30 Restorative Fun 2:00 Rosary/ Divine Mercy 2:30 Creamy Mac & Cheese 3:30 Trivial Trivia 7:00 Evening Snacks	Winter Wonderland Wed 15 9:00 Meet & Greet/Yom Kippur Discussion 10:00 Stretching 1:30 Restorative Fun 2:00 Worship 2:30 Build A Word "Winter Wonderland" 7:00 Evening Snacks	16 9:00 Meet & Greet/Morning Announcements 11:00 Music In Motion 1:30 Restorative Fun 2:00 Bingo/Bingo Store 3:30 Game Shows 7:00 Evening Snacks	Ugly Sweater Day 17 9:00 Meet & Greet/Morning News 11:00 Friday Exercises 1:30 Restorative Fun 2:00 Christmas Karaoke 3:30 Ice Cream Time! 7:00 Evening Snacks Wear Your Ugly Sweater!	18 9:00 Meet & Greet 10:30 Exercises 11:00 Storytelling Day 1:30 Restorative Fun 2:00 Art Of Dance Live Streaming 3:15 Nail Flair & Music 7:00 Evening Snacks
19 9:00 Meet & Greet 10:30 Table Games 11:00 Nail Flair/ Makeover 2:00 Virtual Sunday Mass 3:00 Spelling Bee & Match 	20 9:00 Meet & Greet/Reality Orientation 10:45 Moving Monday 1:30 Restorative Fun 2:00 Catholic Mass 2:30 Bingo 7:00 Evening Snacks	Winter Begins 21 9:00 Meet & Greet/Schedule For the Day 11:00 Tune Up Tuesday 1:30 Restorative Fun 2:00 Rosary/Divine Mercy 2:30 Hangman Winter Words 3:30 Opposite Words 7:00 Evening Snacks	22 9:00 Meet & Greet/Morning Announcements 10:45 Yogacise 1:30 Restorative Fun 3:00 Christmas Carols 7:00 Evening Snacks	23 9:00 Meet & Greet/Morning Announcements 11:00 Music In Motion 1:30 Restorative Fun 2:00 Christmas Giftgiving 3:00 Bingo 7:00 Evening Snacks	Christmas Eve 24 9:00 Meet & Greet/Morning News/Morning Music 11:00 Friday Exercises 1:30 Christmas Makeover 3:00 Christmas Party W/ DJ Bernie 7:00 Evening Snacks 	Merry Christmas! 25 9:00 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 12:30 Christmas Lunch 1:30 Restorative Fun 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks
26 9:00 Meet & Greet 10:30 Morning Exercise 11:00 Nail Flair w/ Music 1:30 Restorative Fun 2:00 Virtual Sunday Mass 3:00 Trivia Game 7:00 Evening snacks 	27 9:00 Meet & Greet/Reality Orientation 10:45 Moving Monday 1:30 Restorative Fun 2:00 Catholic Mass 2:30 Bingo 7:00 Evening Snacks 	28 9:00 Schedules for the Day/Meet & Greet 11:00 Tune Up Tuesday 1:30 Restorative Fun 2:00 Rosary/ Divine Mercy 2:30 Hangman- New Year's Word 3:30 Trivial Trivia 7:00 Evening Snacks	29 9:00 Meet & Greet 10:00 Stretching 1:30 Restorative Fun 2:00 Worship 2:30 Build A Word "Happy New Year" 7:00 Evening Snacks 	30 9:00 Meet & Greet/Morning Announcements 11:00 Music In Motion 1:30 Restorative Fun 2:00 New Year's Fun with Gessie & Ronnie 3:30 Brainbusters 7:00 Evening Sancks	New Year's Eve 31 9:00 Meet & Greet/Morning News/Morning Music 11:00 Friday Exercises 1:30 Restorative Fun 2:00 Dance To The Music 3:30 Ice Cream Social 7:00 Evening Snacks 	Family Visitations/Video Calls Can Be Scheduled through MH Website Snacks at 10, 2 AND 7 