

LONG TERM CARE

Merry Heart Nursing Home
200 Main Street
Succasunna, NJ 07876
Third Fl. CALENDAR

FEBRUARY 2022

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Kung Hei Fat Choi 1 9:00 Meet & Greet/Schedule For the Day 11:00 Tune Up Tuesday 2:00 Rosary/Divine Mercy 2:30 Kung Hei Fat Choi Celebration & Learning How to Use Chopsticks 7:00 Evening Snacks Chinese New Year Begins	Groundhog Day 2 9:00 Meet & Greet 10:00 Stretching 1:30 Restorative Fun 2:00 Worship 2:30 Make a Word – Happy Groundhog Day 3:30 Opposite Words 7:00 Evening Snacks	3 9:00 Meet & Greet/Morning Announcements 11:00 Music In Motion 1:30 Restorative Fun 2:00 Bingo 3:30 Game Shows 7:00 Evening Snacks	Winter Olympics 4 9:00 Meet & Greet/Morning News/Morning Music 11:00 Friday Exercises 1:30 Restorative Fun 2:00 Hangman - Something Red 6:30 Olympics Opening Ceremony – Ch. 4 7:00 Evening Snacks Wear Red Day	5 9:00 Meet & Greet 10:30 Morning Stretching 11:00 Trivia 1:30 Restorative Fun 1:00 1:1 Visits 2:00 Bingo 2:00 Nail Flair & Relaxing Music 7:00 Evening Snacks
6 9:00 Meet & Greet 10:30 Morning Exercise 11:00 Nail Flair w/ Music 1:30 Restorative Fun 2:00 Virtual Catholic Mass 3:00 Complete the Phrase 7:00	7 9:00 Meet & Greet/Reality Orientation 10:45 Moving Monday 2:00 Catholic Mass 2:30 Bingo 7:00 Evening Snacks 	Potato Lovers Day 8 9:00 Meet & Greet/Schedules for the Day 11:00 Tune Up Tuesday 1:30 Restorative Fun 2:00 Rosary/Divine Mercy 2:30 Favorite French Fries 3:30 Relaxing Music of Yesteryears 7:00 Evening Snacks	9 9:00 Meet & Greet/Morning Discussions 11:00 Exercises 1:30 Restorative Fun 2:00 Worship 2:30 Hangman-Olympic Games 7:00 Evening Snacks	10 9:00 Meet & Greet/Morning Announcements 11:00 Music In Motion 1:30 Restorative Fun 2:00 Bingo Store 3:00 Bingo Games 7:00 Evening Snacks	11 9:00 Meet & Greet/Morning News/Morning Music 11:00 Friday Exercises 1:30 Restorative Fun 2:00 Dance To The Music 3:30 Trivial Trivia 7:00 Evening Snacks	12 9:00 Meet & Greet 10:30 Morning Stretching 11:00 Trivia 1:30 Restorative Fun 1:00 1:1 Visits 2:00 Bingo 2:00 Nail Flair & Relaxing Music 7:00 Evening Snacks
Super Bowl Sunday 13 9:00 Meet & Greet 10:30 Morning Exercise 11:00 Nail Flair w/ Music 1:30 Restorative Fun 2:00 Virtual Sunday Mass 3:00 Word Games 6:30 Super Bowl LVI 4 7:00 Evening Snacks 	Valentine's Day 14 9:00 Meet & Greet/Greatest Loves 10:45 Moving Monday 1:30 Restorative Fun 2:00 Valentine's Party W/ John Diaz 3:30 Catholic Mass 7:00 Evening Snacks	15 9:00 Schedules for the Day 11:00 Tune Up Tuesday 1:30 Restorative Fun 2:00 Rosary/Divine Mercy 2:30 Build a Word -Happy Valentine's Day 3:30 Trivial Trivia 7:00 Evening Snacks	16 9:00 Meet & Greet/Yom Kippur Discussion 10:00 Stretching 2:00 Worship 2:30 Hangman - Valentine's Words/ Duo Names 7:00 Evening Snacks	17 9:00 Meet & Greet/Morning News 11:00 Music In Motion 1:30 Restorative Fun 2:00 Bingo 3:30 Game Shows 7:00 Evening Snacks	18 9:00 Meet & Greet/Morning News 11:00 Friday Exercises 1:30 Restorative Fun 2:00 Karaoke Sing Along 3:30 Relaxing Game Shows 7:00 Evening Snacks	19 9:00 Meet & Greet 10:30 Exercises 11:00 Storytelling Day 1:30 Restorative Fun 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks
20 9:00 Meet & Greet 10:30 Table Games 11:00 Nail Flair/ Makeover 2:00 Virtual Sunday Mass 3:00 Hangman – US Presidents 7:00 Evening Snacks	President's Day 21 9:00 Meet & Greet/US Presidents 10:45 Moving Monday 1:30 Restorative Fun 2:00 Catholic Mass 2:30 Bingo 7:00 Evening Snacks	First Ladies Day 22 9:00 Meet & Greet/Schedule For the Day 11:00 Tune Up Tuesday 1:30 Restorative Fun 2:00 Rosary/Divine Mercy 2:30 Famous First Ladies 3:30 Opposite Words 7:00 Evening Snacks	23 9:00 Meet & Greet/Morning Announcements 10:45 Yogacise 1:30 Restorative Fun 2:00 Worship 2:30 Categories Game 7:00 Evening Snacks	24 9:00 Meet & Greet/Morning Announcements 11:00 Music In Motion 1:30 Restorative Fun 2:00 Makeovers 3:00 Party W/ DJ Bernie 7:00 Evening Snacks	25 9:00 Meet & Greet/Morning News/Morning Music 11:00 Friday Exercises 1:30 Restorative Fun 2:00 Resident Council 3:00 Trivia 7:00 Evening Snacks	226 9:00 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks
27 9:00 Meet & Greet 10:30 Morning Exercise 11:00 Nail Flair w/ Music 1:30 Restorative Fun 2:00 Virtual Sunday Mass 3:00 Spelling and Simple Math 7:00 Evening Snacks 	28 9:00 Meet & Greet/Reality Orientation 10:45 Moving Monday 1:30 Restorative Fun 2:00 Catholic Mass 2:30 Bingo 7:00 Evening Snacks 			GROUNDHOG DAY February 2nd 	Visitations/Video Calls Can Be Scheduled through MH Website Snacks at 10. 2 and 7 pm 	Activity Calendar is Subject To Change & Subject to Covid Precautions Please observe social distancing!