

# LONG TERM CARE

Merry Heart Nursing Home  
200 Main Street  
Succasunna, NJ 07876  
Third Flr. CALENDAR

# OCTOBER 2021

|   | Monday  | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday   |
|---|---|--|--|---|--|--|
|   | <b>Happy Columbus Day</b><br>  | <b>Oktoberfest</b><br>  | <b>Family Visitations/Video Calls Can Be Scheduled through MH Website Snacks at 10,3,7</b><br>   | Activity Calendar is Subject To Change & Subject to Covid Precautions<br><b>Please observe social distancing!</b>   | <b>World Smile Day 1</b><br>9:00 Meet & Greet/Morning News/Morning Music<br>11:00 Friday Exercises<br>1:30 Restorative Fun<br>2:00 Smile! You're on Candid Camera Party!<br>3:30 Ice Cream Social<br>       | 9:00 Meet & Greet<br>10:30 Morning Stretching<br>11:00 Trivia<br>1:30 Restorative Fun<br>1:00 1:1 Visits<br>2:00 Bingo<br>2:00 Nail Flair & Relaxing Music   |
| <b>3</b><br>9:00 Meet & Greet<br>10:30 Morning Exercise<br>11:00 Nail Flair w/ Music<br>1:30 Restorative Fun<br>2:00 Virtual Catholic Mass<br>3:00 Complete the Phrase  | <b>4</b><br>9:00 Meet & Greet/Reality Orientation<br>10:45 Moving Monday<br>2:00 Live Catholic Mass<br>2:30 Bingo<br>                                | <b>5</b><br>9:00 Meet & Greet/Schedules for the Day<br>11:00 Tune Up Tuesday<br>1:30 Restorative Fun<br>2:00 Rosary/Divine Mercy<br>2:30 Bocce Ball<br>3:30 Relaxing Music of Yesteryears  | <b>6</b><br>9:00 Meet & Greet/Morning Discussions -Back To School Memories<br>11:00 Exercises<br>1:30 Restorative Fun<br>2:00 Worship<br>2:30 Balloon Games  | <b>7</b><br>9:00 Meet & Greet/Morning Announcements<br>11:00 Music In Motion<br>1:30 Restorative Fun<br>2:00 Bingo<br>3:30 Trivia   | <b>8</b><br>9:00 Meet & Greet/Morning News/Morning Music<br>11:00 Friday Exercises<br>1:30 Restorative Fun<br>2:00 Karaoke Social<br>3:30 Trivial Trivia   | <b>9</b><br>9:00 Meet & Greet<br>10:30 Morning Exercise<br>11:00 Trivia<br>1:00 1:1 Visits<br>2:00 Bingo<br>3:15 Nail Flair & Relaxing Music   |
| <b>10</b><br>9:00 Meet & Greet<br>10:30 Morning Exercise<br>11:00 Nail Flair w/ Music<br>1:30 Restorative Fun<br>2:00 Virtual Sunday Mass<br>3:00 Word Games  | <b>Columbus Day 11</b><br>9:00 Meet & Greet/Columbus Day<br>10:45 Moving Monday<br>1:30 Restorative Fun<br>2:00 Live Catholic Mass<br>2:30 Bingo<br> | <b>12</b><br>9:00 Schedules for the Day<br>11:00 Tune Up Tuesday<br>1:30 Restorative Fun<br>2:00 Rosary/Divine Mercy<br>2:30 Hangman<br>3:30 Trivial Trivia  | <b>13</b><br>9:00 Meet & Greet/Yom Kippur Discussion<br>10:00 Stretching<br>1:30 Restorative Fun<br>2:00 Worship<br>2:30 Word Game Day   | <b>Oktoberfest 14</b><br>9:00 Meet & Greet/Morning Announcements<br>11:00 Music In Motion<br>1:30 Restorative Fun<br>2:00 Make Over Time!<br><b>3:00 Gerry &amp; Ronnie Duo</b><br>3:30 Game Shows  | <b>Boss's Day 15</b><br>9:00 Meet & Greet/Morning News/Constitution Discussion<br>11:00 Friday Exercises<br>1:30 Restorative Fun<br>2:00 Dance To the Music<br>3:30 Ice Cream Time!  | <b>16</b><br>9:00 Meet & Greet<br>10:30 Exercises<br>11:00 Storytelling Day<br>1:30 Restorative Fun<br>2:00 Bingo<br>1:00 1:1 Visits<br>3:15 Nail Flair & Music  |
| <b>17</b><br>9:00 Meet & Greet<br>10:30 Table Games<br>11:00 Nail Flair/ Makeover<br>2:00 Virtual Sunday Mass<br>3:00 Spelling Bee & Match<br>  | <b>18</b><br>9:00 Meet & Greet/Reality Orientation<br>10:45 Moving Monday<br>1:30 Restorative Fun<br>2:00 Live Catholic Mass<br>2:30 Bingo  | <b>A Chili Day 19</b><br>9:00 Meet & Greet/Schedule For the Day<br>11:00 Tune Up Tuesday<br>1:30 Restorative Fun<br>2:00 Rosary/Divine Mercy<br><b>2:30 Making Chili</b><br>3:30 Opposite Words  | <b>20</b><br>9:00 Meet & Greet/Morning Announcements<br>10:45 Yogacise<br>1:30 Restorative Fun<br>2:00 Worship<br>2:30 Balloon and Noodles   | <b>21</b><br>9:00 Meet & Greet/Morning Announcements<br>11:00 Music In Motion<br>1:30 Restorative fun<br>2:00 Bingo<br>3:00 Bingo Store   | <b>22</b><br>9:00 Meet & Greet/Morning News/Morning Music<br>11:00 Friday Exercises<br>1:30 Restorative Fun<br><b>2:00 Resident Council Meeting</b><br>3:00 Fall Foliage Party   | <b>23</b><br>9:00 Meet & Greet<br>10:30 Morning Exercises<br>11:00 Finishing Lines<br>1:00 1:1 Visits<br>1:30 Restorative Fun<br>2:00 Bingo<br>3:15 Nail Flair & Music   |
| <b>24</b><br>9:00 Meet & Greet<br>10:30 Morning Exercise<br>11:00 Nail Flair w/ Music<br>1:30 Restorative Fun<br>2:00 Virtual Sunday Mass<br>3:00 Trivia Game<br><b>Happy Halloween</b><br> | <b>25</b><br>9:00 Meet & Greet/Reality Orientation<br>10:45 Moving Monday<br>1:30 Restorative Fun<br>2:00 Live Catholic Mass<br>2:30 Bingo<br>     | <b>Nat'l Pumpkin Day 26</b><br>9:00 Meet & Greet/Schedules For The Day<br>11:00 Tune Up Tuesday<br>1:30 Restorative Fun<br>2:00 Rosary & Divine Mercy<br><b>2:30 Carving Pumpkin</b><br><br>World Series Begins | <b>27</b><br>9:00 Meet & Greet<br>10:00 Stretching<br>1:30 Restorative Fun<br>2:00 Worship<br><b>2:30 Teddy Bear Game</b><br>3:30 Trivia<br><b>Happy Teddy Bear Day!</b><br> | <b>Candy Corn Day 28</b><br>9:00 Meet & Greet/Morning Announcements<br>11:00 Music In Motion<br>1:30 Restorative Fun<br>2:00 Bingo<br>3:30 Winner of Candy Corn Guessing Contest<br> | <b>Halloween Party 29</b><br>9:00 Meet & Greet/Morning News/Morning Music<br>11:00 Friday Exercises<br>1:30 Restorative Fun<br>2:00 Dressing Up for Party<br><b>3:00 Halloween Party W/ DJ Bernie</b><br> | <b>30</b><br>9:00 Meet & Greet<br>10:30 Morning Stretching<br>11:00 Trivia<br>1:30 Restorative Fun<br>1:00 1:1 Visits<br>2:00 Bingo<br>2:00 Nail Flair & Relaxing Music<br> |