


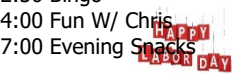


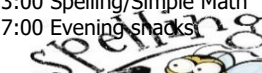



LONG TERM CARE

Merry Heart Nursing Home
200 Main Street
Succasunna, NJ 07876
Third Fl. CALENDAR

SEPTEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Activity Calendar is Subject To Change & Subject to Covid Precautions Please observe social distancing!	Hairdresser 9am 1 9:00 Meet & Greet/Morning News 11:00 Music In Motion 1:30 Restorative Fun 2:00 Bingo 3:30 Relaxing Music 7:00 Evening Snacks	2 9:00 Meet & Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Exercises 1:00 Group Table Games 2:00 Enjoying NJ Tomato Sandwich 3:00 Relaxing Show 7:00 Evening Snacks	3 9:00 Meet & Greet 10:30 Morning Stretching 11:00 Nail Flair With Music 1:30 Restorative Fun 1:00 Group Table Games 1:00 1:1 Visits 2:00 Bingo 2:00 Nail Flair & Relaxing Music 7:00 Evening Snacks
4 9:00 Meet & Greet 10:30 Morning Exercise 11:00 Catholic Mass 2:00 Virtual Catholic Mass 3:00 Make a Word 7:00 Evening snacks 	Labor Day 5 9:00 Meet & Greet/Reality Orientation 10:45 Moving Monday 12:30 Labor Day BBQ 2:00 Virtual Catholic Mass 2:30 Bingo 4:00 Fun W/ Chris 7:00 Evening Snacks 	6 9:00 Meet & Greet 11:00 Tune Up Tuesday 1:30 Restorative Fun 2:00 Albert, the Violinist, Plays Int'l Music 3:00 ABC Games 7:00 Evening Snacks 	7 9:00 Meet & Greet/Morning Discussions 11:00 B & B Dogs 1:30 Restorative Fun 2:00 Worship w/ Pastor Fred 2:30 Name That Tune 4:00 Fun W/ Christ 7:00 Evening Snacks	Hairdresser 9 am 8 9:00 Meet & Greet/Morning Announcements 11:00 Music In Motion 1:00 Group Puzzles 2:00 Bingo 3:00 Trivia 7:00 Evening Snacks	9 9:00 Meet & Greet/Morning Mass 10:00 Worship W/ Chaplain Sue 11:00 Friday Exercises 1:00 Group Puzzles 2:00 Bingo Store 3:30 Trivial Trivia	10 9:00 Meet & Greet 10:30 Morning Stretching 11:00 Trivia 1:30 Restorative Fun 1:00 1:1 Visits 2:00 Bingo 2:00 Nail Flair & Relaxing Music 7:00 Evening Snacks
Grandparents Day 11 9:00 Meet & Greet 10:30 Morning Exercise 11:00 Catholic Mass 1:30 Restorative Fun 2:00 Virtual Sunday Mass 3:00 Word Games 7:00 Evening Snacks National Assisted Living Week 11 to 17, 2022	12 9:00 Meet & Greet/Reality Orientation 10:45 Moving Monday 2:00 Catholic Mass & Communion Service 2:30 Bingo 4:00 Fun W/ Christ 7:00 Evening Snacks 	13 9:00 Schedules for the Day 11:00 Tune Up Tuesday 1:30 Restorative Fun 2:00 Worship with Pastor Dan BCI 2:30 Saying Rosary 3:00 Parachute Game 7:00 Evening Snacks	14 9:00 Meet & Greet; Morning Discussions 11:00 Exercises 1:30 Restorative Fun 2:00 Bingo Store 3:00 Noodle Balloon 4:00 Fun W/ Christ 7:00 Evening Snacks	Hairdresser 9 am 15 9:00 Meet & Greet/Morning News 11:00 Music In Motion 1:30 Restorative Fun 2:00 Bingo 3:00 Relaxing Music 7:00 Evening Snacks	16 9:00 Meet & Greet/Morning Mass 10:00 Worship W/ Chaplain Sue 11:00 Friday Exercise 1:00 Group Puzzles 2:00 Dance To The Music 3:00 Musicals 7:00 Evening Snacks	17 9:00 Meet & Greet 10:30 Exercises 11:00 Nail Flair W/ Music 1:30 Restorative Fun 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks
18 9:00 Meet & Greet 10:30 Table Games 11:00 Catholic Mass 2:00 Virtual Sunday Mass 3:00 Make a Word 7:00 Evening Snacks	19 9:00 Meet & Greet/Reality Orientation 10:45 Moving Monday 2:00 Catholic Mass & Communion Service; Blessings of Centenarians 2:30 Bingo 4:00 Fun W/ Chris 7:00 Evening Snacks	20 9:00 Meet & Greet, Schedules For the Day 11:00 Tune Up Tuesday 1:30 Restorative Fun 2:00 Rosary/Divine Mercy 2:30 Hangman 3:30 Opposite Words 7:00 Evening Snacks	21 9:00 Meet & Greet/Morning Hellos 11:00 B & B dogs 1:30 Restorative Fun 2:00 Harp Worship 3:00 Build On Word 4:00 Fun W/ Chris 7:00 Evening Snacks	Hairdresser 9am 22 9:00 Meet & Greet/Morning Announcements 11:00 Music In Motion 2:00 Bingo 7:00 Evening Snacks Autumn Begins	Fall Foliage Day 23 9:00 Meet & Greet/Morning Mass 10:00 Worship W/ Chaplain Sue 11:00 Friday Exercises 1:00 Relaxing Shows 2:00 Cooking Demo 4:00 Trivia 7:00 Evening Snacks	24 9:00 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks
Rosh Hashanah 25 9:00 Meet & Greet 10:30 Morning Exercise 11:00 Catholic Mass 1:30 Restorative Fun 2:00 Worship W/ Pastor Leo Hillside Lutheran 3:00 Spelling/Simple Math 7:00 Evening Snacks 	26 9:00 Meet & Greet/Reality Orientation 10:45 Moving Monday 2:00 Catholic Mass & Communion Service 2:30 Bingo 4:00 Fun W/ Chris 7:00 Evening Snacks	27 9:00 Meet & Greet/Schedule For the Day 11:00 Tune Up Tuesday 2:00 Rosary/Divine Mercy 2:30 Balloon Games 4:00 Relaxing Music 7:00 Evening Snacks	28 9:00 Meet & Greet/Morning Discussions 11:00 Exercises 1:30 Restorative Fun 2:00 Manicure, Hand Massages, Make Up 4:00 Fun W/ Chris 7:00 Evening Snacks	Hairdresser 9am 29 9:00 Meet & Greet/Morning Announcements 11:00 Music In Motion 2:00 Getting Ready! 3:00 Birthday Party for August w/ DJ Bernie 7:00 Evening Snacks 	30 9:00 Meet & Greet/Morning Mass 10:00 Worship W/ Chaplain Sue 11:00 Friday Exercises 1:00 Songs of Yesteryears 2:00 Resident Council 3:00 Trivia 7:00 Evening Snacks	Video Calls Can Be Scheduled through MH Website Snacks at 10. 2 and 7 pm 