## **MHS MEMORY LANE**

## Merry Heart Nursing Home 200 Route 10 West Succasunna, NJ 07876

## First Flr. CALENDAR

## **JULY 2020**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Independence Day & Control these who serve	happy birthday,	Activity Calendar is Subject to Change & Subject to Covid 19 Precautions. Snacks & Hydration at 10 AM, 3 PM and 7 PM	1 9:00 Meet & Greet 9:30 Daily News 10:30 Fitness Exercise 2:00 Let's Sing Oldies! 2:30 Baking Time 3:30 Math & Spelling PLEASE OBSERVE SOCIAL DISTANCING AT ALL TIMES!	2 9:00 Meet & Greet/Makeover 9:30 Morning Orientation 10:30 Music In Motion 2:00 Dear Abby 3:30 Relaxing Music	3 9:00 Meet & Greet/Table GAmes 10:30 Toss Ball Fun 2:00 Picture Identification 3:30 Simple Trivia	Independence Day 4 9:30 Meet & Greet6 10:30 What's Happening? 11:00 Stretching to Music 12:30 July 4 <sup>th</sup> Barbeque Lunch 2:00 July 4 <sup>th</sup> Patriotic Music 3:30 Nail Flair/Hand Massages
5 9:00 Meet & Greet 10:30 Morning Chair Exercise 11:00 Nail Flair 2:00 Inspirational Stories 3:00 Balloon Toss & music 3:30 Hangman WASH YOUR HANDS	6 9:00 Meet & Greet 9:30 Today's News 10:30 Moving Monday 1:30 Hand Massages 2:00 Let's Play Ball! 2:30 Let Us Sing! 3:45 Sayings & Belief	7 9:00 Meet & Greet 9:30 Reality Orientation 10:30 Tune Up Tuesday 11:00 Memory Games 2:00 Let's Do Arts! 2:30 Rosary /Divine Mercy 3:30 Relaxing Music	8 9:00 Meet & Greet 9:30 Daily News 10:30 Fitness Exercise 2:00 Sing Along! 2:30 Baking Time 3:30 Math & Spelling	9 9:00 Meet & Greet/Nail Flair 9:30 Morning Orientation 10:30 Music In Motion 1:00 Music Relaxation 2:00 Story for Everyone 3:30 Karaoke Sing Along	10 9:00 Meet & Greet/Table GAmes 10:30 Friday Exercises 12:30 Barbeque Lunch 2:00 Nail Flair/Hand Massages 3:30 Simple Trivia	11 9:30 Meet & Greet 11:00 Saturday Balloon Game 2:00 Relaxing Movie 3:30 Nail Flair/Hand Massages
12 9:00 Meet & Greet 10:30 Morning Chair Exercise 11:00 Nail Flair W/ Music 2:00 Devotions 3:00 Balloon Toss & music 3:30 Hangman	13 9:00 Meet & Greet 9:30 Today's News 10:30 Moving Monday 1:30 Hand Massage 2:00 Simple Trivia 2:30 Balloon Volley 3:45 Trivia	14 9:00 Meet & Greet 9:30 Reality Orientation 10:30 Tune Up Tuesday 2:00 Let's Do Art! 2;30 Rosary/Divine Mercy 3:30 Concentration Games	15 9:00 Meet & Greet 9:30 Daily News 10:30 Fitness Exercise 2:00 Ball Game 2:30 Baking Time 3:30 Story Telling Time	16 9:00 Meet & Greet/Makeover 9:30 Morning Orientation 10:30 Music In Motion 1:00 Music Relaxation 2:00 Favorite Stories 2:30 Favorite Old Songs 3:30 Ball Toss	17 9:00 Meet & Greet/Table Games 10:30 Toss Ball Fun 12:30 Barbeque Lunch 2:00 Story Telling 3:30 Simple Trivia	18 9:30 Meet & Greet 11:00 Saturday Exercise 2:00 Bingo 3 2:00 Relaxing Movie 3:30 Nail Flair/Hand Massages
19 9:00 Meet & Greet 10:30 Morning Chair Exercise 11:00 Nail Flair W/ Music 2:00 Inspirational Stories 3:00 Balloon Toss & music 3:30 Hangman	9:00 Meet & Greet 20 9:30 Today's News 10:30 Moving Monday 1:30 Hand Massages 2:00 Reading Story! 2:30 Balloon Volley 3:45 Story Telling	21 9:00 Meet & Greet 9:30 This Day In History 10:30 Tune Up Tuesday 2:00 Let's Do Arts! 2:30 Rosary/Divine Mercy 3:45 Categories Game	22 9:00 Meet & Greet 9:30 Daily News 10:30 Stretching 2:00 Rhymes 2:30 Baking Time 3:30 Flash Cards	23 9:00 Meet & Greet/Nail flair 9:30 Morning Orientation 10:30 Music In Motion 1:00 Relaxing Songs 2:00 Story Telling 3:30 Oldies Songs	24 9:00 Meet & Greet 10:30 Friday Exercises 12:30 Barbeque Lunch 2:00 Story Telling 3:30 Simple Trivia 4:00 Hand Manicure	25 9:30 Meet & Greet 11:00 Balloon Tennis 2:00 Relaxing Movie 3:30 Nail Flair/Hand Massages
26 9:00 Meet & Greet 10:30 Morning Chair Exercise 11:00 Nail Flair W/ Music 2:00 Devotions 3:00 Balloon Toss & music 3:30 Basic Math & Spelling Bee	27 9:00 Meet & Greet 9:30 Today's News 10:30 Moving Monday 1:30 Hand Massage 2:00 Finishing Phrases! 2:30 Balloon Volley 3:45 Famous Stories	28 9:00 Meet & Greet 9:30 This Day in History 10:30 Tune Up Tuesday 11:00 Concentration Game 2:00 Let's Do Arts! 2:30 Rosary & Divine Mercy 3:45 Picture ID	29 9:00 Meet & Greet 9:30 Daily News 10:30 Fitness Exercise 2:00 Let's Sing Oldies! 2:30 Baking Time 3:30 Math & Spelling	30 9:00 Meet & Greet/Makeover 9:30 Morning Orientation 10:30 Music In Motion 1:00 1:1 interaction 2:00 Story for Everyone 3:30 Karaoke Sing Along	31 9:00 Meet & Greet/Table Games 10:30 Toss Ball Fun 12:30 Barbeque Lunch 2:00 Story Telling 3:30 Simple Trivia	Video Calls/ Facetime or Zoom Family Meetings Can Be Scheduled through the Activity Director/Staff or through Merry Heart Website