

LONG TERM CARE

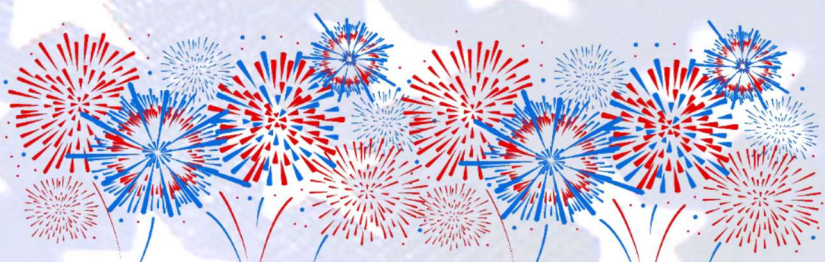
Merry Heart Nursing Home

200 Main Street

Succasunna, NJ 07876

Third Flr. CALENDAR

JULY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 11:45 Sing Along 1:30 Worship w/ Pastor Fred 2:00 Summer Trivia 3:00 Tabletop Games 7:00 Activities w/ Kim	2 Hairdresser 9am 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Restorative Fun 2:00 Music w/ Alexander & Reema 3:00 Snack Time 3:30 Trivia 7:00 Activities w/ Kim	3 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Coloring 3:00 Trivia 4:00 Snack Time 6:00 Activities with Kim	4 Independence Day 9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 12:00 BBQ LUNCH 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks 
5 9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Build A Word 3:00 Balloon Games	6 9:30 Meet & Greet 10:15 Pilates Exercises 11:00 Meditation Time 1:15 Tabletop Games 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor	7 Barber 1:00pm 9:30 Meet & Greet 10:15 Tune up Tuesday 11:00 Meditation Time 1:30 B & B Dogs 2:00 Hangman 3:00 Seasonal Coloring 7:00 Evening Snacks 	8 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 1:00 Red Trivia 2:00 Guess the Animal 3:00 Concentration Games 7:00 Activities w/ Kim	9 Hairdresser 9am 9:30 Meet & Greet 10:15 Zumba 11:00 Meditation Time 1:00 Restorative Fun 2:00 FIFA PARTY 3:00 Snack Time 3:30 Trivia 7:00 Activities w/ Kim	10 9:30 Meet and Greet 10:00 Sing Along 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Coloring 3:00 Trivia 4:00 Hangman 6:00 Activities with Kim	11 9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Spring Social 7:00 Evening Snacks
12 9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Hangman 3:00 Balloon Games	13 9:30 Meet & Greet 10:15 Morning Exercises 11:00 Meditation Time 1:15 Tabletop Games 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo	14 9:30 Meet & Greet 10:15 Tune up Tuesday 11:00 Meditation Time 1:30 Sing Along 2:00 Hangman 3:00 Guess the Word 7:00 Evening Snacks	15 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 1:00 Trivia 2:00 Guess the Animal 3:00 Concentration Games 7:00 Activities w/ Kim	16 Hairdresser 9am 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Bingo 2:00 Birthday Party w/ DJ Bernie 7:00 Activities w/ Kim	17 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Women's Club 3:00 Trivia 4:00 Snack Time 6:00 Activities with Kim	18 9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks
19 9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Build A Word 3:00 Balloon Games	20 9:30 Meet & Greet 10:15 Pilates Exercises 11:00 Meditation Time 1:15 Sing Along 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo	21 9:30 Meet & Greet 10:15 Tune up Tuesday 11:00 Meditation Time 1:30 B & B Dogs 2:00 Hangman 3:00 Seasonal Coloring 7:00 Evening Snacks 	22 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 11:45 Sing Along 1:00 Trivia 2:00 Guess the Animal 3:00 Concentration Game 7:00 Activities w/ Kim	23 Hairdresser 9am 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Restorative Fun 2:00 Bingo 3:00 Snack Time 3:30 Trivia 7:00 Activities w/ Kim	24 9:30 Meet and Greet 10:00 Sing Along 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Men's Club 2:00 Resident Council 3:00 Hangman 6:00 Activities with Kim	25 9:30 Meet & Greet 10:30 Exercises 11:00 Nail Flair W/ Music 1:30 Restorative Fun 2:00 Bingo 3:15 Coloring Fun! 7:00 Evening Snacks-
26 9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Hangman 3:00 Balloon Games	27 9:30 Meet & Greet 10:15 Morning Exercises 11:00 Meditation Time 1:15 Tabletop Games 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo	28 9:30 Meet & Greet 10:15 Tune up Tuesday 11:00 Meditation Time 1:30 Sing Along 2:00 Hangman 3:00 Guess the Word 7:00 Evening Snacks	29 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 1:00 Trivia 2:00 Guess the Animal 3:00 Concentration Games 7:00 Activities w/ Kim	30 Hairdresser 9am 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Restorative Fun 2:00 Bingo 3:00 Snack Time 3:30 Trivia 7:00 Activities w/ Kim	31 9:30 Meet and Greet 10:00 Music w/ Albert Mulad 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Coloring 3:00 Trivia 4:00 Snack Time 6:00 Activities with Kim	Activity Calendar is Subject to Change & Subject to Covid 19 Precautions!