

MHS MEMORY LANE

Merry Heart Nursing Home
200 Route 10 West
Succasunna, NJ 07876
First Flr. CALENDAR

JANUARY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			9:30 Radiant Café 10:15 Rhythm Band 11:15 Independent Activity 1:45 Balloon Volleyball 2:30 Guess What Game 4:30 Music Fun 6:00 Instrumental	9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 1:45 Arts and Crafts 2:30 Hand Massage 4:30 Music Appreciation 6:00 Sitcoms	9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Let's Fold Clothes 2:30 Snowflake Craft 4:30 Music Appreciation 6:30 Game Shows	9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
5	6	7	Barber 9:00 8	9	10	11
9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-50's 11:15 Independent Activity 1:30 Sing Along 2:00 Mass/Bingo MDR 2:45 Meditation 4:30 Monday Matinee	9:30 Radiant Café 10:15 Ball Toss 10:45 Sing Along-60'S 1:00 Relaxation Time 1:30 B & B Dogs 1:45 Sing Along 2:30 Block Building 3:00 Let's Color 6:00 Sitcoms 	9:30 Radiant Café 10:15 What Am I Trivia 10:45 Sing Along-60's 11:15 Independent Activity 1:45 Balloon Volleyball 2:30 Guess What Game 4:30 Music Appreciation 6:00 Instrumental	Hairstresser 9am 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 1:45 Making Snowmen 2:30 Hand Massage 4:30 Music Appreciation 6:00 Sitcoms	9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Let's Fold Clothes 2:00 Music w/ the Gypsy Sisters 4:30 Music Appreciation 6:30 Game Shows	9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
12	13	14	15	16	PAJAMA DAY 17	18
9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-Oldies 11:15 Independent Activity 1:30 Help Fold Clothes 2:00 Mass/Bingo MDR 2:45 Reminiscing 4:30 Monday Matinee	9:30 Radiant Café 10:15 Hand Exercise 10:45 Ball Toss 11:15 Independent Activity 1:00 Relaxation Time 1:45 Winter Craft 2:30 Let's Color 4:30 Music Appreciation 6:00 Sitcoms	9:30 Radiant Café 10:15 Rhythm Band 11:15 Independent Activity 1:45 Balloon Volleyball 2:30 Guess What Game 4:30 Music Fun 6:00 Instrumental	Hairstresser 9am 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 1:45 Winter Cookies 2:30 Hand Massage 4:30 Music Fun	9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Let's Fold Clothes 2:00 Music w/ Christene  6:30 Game Shows	9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
19	20	21	22	23	24	25
9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-50's 11:15 Independent Activity 1:30 Sing Along 2:00 Mass/Bingo MDR 2:45 Meditation 4:30 Monday Matinee	9:30 Radiant Café 10:15 Ball Toss 10:45 Sing Along-60'S 1:00 Relaxation Time 1:30 B & B Dogs 1:45 Sing Along 2:30 Block Building 3:00 Let's Color 6:00 Sitcoms 	9:30 Radiant Café 10:15 Rhythm Band 10:45 Sing Along-70's 11:15 Independent Activity 1:45 Movie Matinee 4:30 Music Fun 6:00 Instrumental	Hairstresser 9am 9:30 Radiant Café 10:15 Thursday Exercises 11:15 Independent Activity 1:00 Music Relaxation Birthday Celebrations w/ DJ Bernie  3:00	9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Let's Fold Clothes 2:30 Creative Art 4:30 Music Appreciation 6:30 Game Shows	9:30 Radiant Café 10:15 Move w/ Me 10:45 Rhymes 11:15 Independent Activity 1:45 Hand Massages 2:30 Table Puzzles 4:30 Music Appreciation
26	27	28	29	30	31	
9:30 Radiant Café 10:15 Morning Stretch 11:15 Catholic Mass 1:45 Nail Flair w/ Music 2:30 Balloon Toss & Music 3:30 Music Appreciation 6:00 Relaxing Musical	9:30 Radiant Café 10:00 Dance with Me 10:45 Sing Along-Oldies 11:15 Independent Activity 1:30 Help Fold Clothes 2:00 Mass/Bingo MDR 2:45 Reminiscing 4:30 Monday Matinee	9:30 Radiant Café 10:15 Hand Exercise 10:45 Ball Toss 11:15 Independent Activity 1:00 Relaxation Time 2:30 Warm Cookies 4:30 Music Appreciation	9:30 Radiant Café 10:15 Rhythm Band 11:15 Independent Activity 1:45 Balloon Volleyball 2:30 Guess What Game 4:30 Music Fun 6:00 Instrumental	Hairstresser 9am 9:30 Radiant Café 10:15 Chair Exercise 11:15 Independent Activity 1:45 Arts and Crafts 2:30 Hand Massage 4:30 Music Fun	9:30 Radiant Café 10:15 Breathing Exercises 10:45 Therapy Music 11:15 Independent Activity 1:45 Let's Fold Clothes 2:30 Creative Art 4:30 Music Appreciation 6:30 Game Shows	Activity Calendar is Subject to Change & Subject to Covid 19 Precautions!