

LONG TERM CARE

Merry Heart Nursing Home
200 Main Street
Succasunna, NJ 07876
Third Flr. CALENDAR

SEPTEMBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <u>Barber 9:00am</u> 9:30 Meet & Greet 10:15 Tune up Tuesday 11:00 Meditation Time 1:30 B & B Dogs  2:00 Hangman 3:00 Seasonal Coloring 7:00 Evening Snacks	2 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 1:00 Trivia 2:00 Guess the Animal 3:00 Concentration Games	3 <u>Hairdresser 9am</u> 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Restorative Fun  2:00 Music w/ Alexander & Reema 3:00 Snack Time 3:30 Trivia	4 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Word Games 3:00 Trivia 4:00 Snack Time	5 9:30 Meet & Greet 10:30 Exercises 11:00 Nail Flair W/ Music 1:30 Restorative Fun 2:00 Bingo 3:15 Coloring Fun! 7:00 Evening Snacks-
	6 9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Build A Word 3:00 Balloon Games	7 9:30 Meet & Greet 10:15 Pilates Exercises 11:00 Meditation Time 1:15 Tabletop Games 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor	8 9:30 Meet & Greet 10:15 Tune up Tuesday 11:00 Meditation Time 1:30 Sing Along 2:00 Hangman 3:00 Guess the Word 7:00 Evening Snacks	9 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 1:00 Red Trivia 2:00 Guess the Animal 3:00 Concentration Games	10 <u>Hairdresser 9am</u> 9:30 Meet & Greet 10:15 Zumba 11:00 Meditation Time 1:00 Restorative Fun 2:00 Bingo 3:00 Snack Time 3:30 Trivia	11 9:30 Meet and Greet 10:00 Sing Along 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Word Games 3:00 Trivia 4:00 Hangman
13 <u>NATIONAL GRANDPARENTS' DAY</u> 9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV  1:30 Restorative Fun 2:00 Hangman 3:00 Balloon Games	14 9:30 Meet & Greet 10:15 Morning Exercises 11:00 Meditation Time 1:15 Tabletop Games 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo	15 9:30 Meet & Greet 10:15 Tune up Tuesday 11:00 Meditation Time 1:30 B & B Dogs  2:00 Hangman 3:00 Seasonal Coloring 7:00 Evening Snacks	16 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 1:00 Trivia 2:00 Let's Play Poker  3:00 Concentration Games	17 <u>Hairdresser 9am</u> 9:30 Meet & Greet 10:15 Zumba Dance  11:00 Meditation Time 1:00 Bingo 2:00 Birthday Party w/ DJ Bernie	18 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Women's Club 3:00 Trivia 4:00 Snack Time	19 <u>SUCKASUNNY DAY</u> 9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks
20 9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Build A Word 3:00 Balloon Games	21 9:30 Meet & Greet 10:15 Pilates Exercises 11:00 Meditation Time 1:15 Sing Along 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo	22 9:30 Meet & Greet 10:15 Tune up Tuesday 11:00 Meditation Time 1:30 Sing Along 2:00 Hangman 3:00 Guess the Word 7:00 Evening Snacks	23 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 11:45 Sing Along  1:00 Trivia 2:00 Painting Class 3:00 Concentration Game	24 <u>Hairdresser 9am</u> 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Restorative Fun 2:00 Bingo 3:00 Snack Time 3:30 Trivia	25 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Resident Council 2:30 Men's Club 3:00 Trivia 4:00 Snack Time	26 9:30 Meet & Greet 10:30 Exercises 11:00 Nail Flair W/ Music 1:30 Restorative Fun 2:00 Bingo 3:15 Coloring Fun! 7:00 Evening Snacks-
27 9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Hangman 3:00 Balloon Games	28 9:30 Meet & Greet 10:15 Morning Exercises 11:00 Meditation Time 1:15 Tabletop Games 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo	29 9:30 Meet & Greet 10:15 Tune up Tuesday 11:00 Meditation Time 1:30 Sing Along 2:00 Hangman 3:00 Guess the Word 7:00 Evening Snacks	30 9:30 Meet & Greet 10:00 Music w/ Albert Mulad  11:00 Morning Stretch 1:00 Trivia 2:00 Guess the Animal 3:00 Concentration Games	Activity Calendar is Subject to Change & Subject to Covid 19 Precautions	 'TIS THE SEASON	