

LONG TERM CARE

Merry Heart Nursing Home

200 Main Street

Succasunna, NJ 07876

Third Flr. CALENDAR

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Activity Calendar is Subject to Change & Subject to Covid 19 Precautions!	1 9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks
2 9:30 Meet & Greet 10:30 Morning Exercise 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Build A Word 3:00 Balloon Toss	3 9:30 Meet & Greet 10:15 Yoga Exercise 11:00 Meditation Time 1:15 Sing Along 2:00 Catholic Mass/ Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo	4 9:30 Meet & Greet 10:15 Tune Up Tuesday 11:00 Meditation Time 1:30 B & B Dogs 2:00 Music w/ Christine 3:00 Guess the Word 7:00 Evening Snacks 	5 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 11:45 Sing Along 1:00 American Trivia 2:00 Hangman 3:00 Tabletop Game 7:00 Activities w/ Kim	6 Hairdresser 9am 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Restorative Fun 2:00 Bingo 3:30 YouTube Fun 7:00 Activities w/ Kim 	7 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Turkey Craft 4:00 Hangman 6:00 Activities with Kim	8 9:30 Meet & Greet 10:30 Exercises 11:00 Nail Flair W/ Music 1:30 Restorative Fun 2:00 Bingo 4:15 Coloring Fun! 7:00 Evening Snacks
9 9:30 Meet & Greet 10:30 Table Games/Exercises 11:15 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Hangman 3:00 Balloon Games	10 9:30 Meet & Greet 10:15 Morning Exercises 11:00 Meditation Time 1:15 Tabletop Games 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo	Veterans Day 11 9:30 Meet & Greet 10:15 Tune up Tuesday 11:00 Meditation Time 1:30 Patriotic Songs Veterans Day Service 2:00 3:00 Seasonal Coloring 7:00 Evening Snacks 	12 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 1:00 Tabletop Games 2:00 Hangman 3:00 Worship with Helen 3:00 Concentration Game 7:00 Activities w/ Kim	13 Hairdresser 9am 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Group Puzzles 2:00 Bingo 3:30 Trivia 7:00 Activities w/ Kim	Barber 9am 14 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:15 Cooking w/ Danielle 2:00 Men's Club 3:00 Snack Time 6:00 Activities with Kim	15 9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks
16 9:30 Meet & Greet 10:30 Table Games/Exercises 11:00 Music w/ Albert Mulad 1:30 Restorative Fun 2:00 Build A Word 3:00 Balloon Games	17 9:30 Meet & Greet 10:15 Pilates Exercises 11:00 Meditation Time 1:15 Sing Along 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo	18 9:30 Meet & Greet 10:15 Tune Up Tuesday 11:00 Meditation Time 1:30 B & B Dogs 2:00 Music w/ Alexander & Reema 3:00 Guess the Word 7:00 Evening Snacks 	19 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 11:45 Sing Along 1:00 Tabletop Games 2:00 Hangman 3:00 Independent Activity 7:00 Activities w/ Kim	20 Hairdresser 9am 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 1:00 Group Puzzles 2:00 Bingo 3:00 DJ Bernie 7:00 Activities w/ Kim 	21 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Cooking w/ Danielle 3:00 Hangman 6:00 Activities with Kim	22 9:30 Meet & Greet 10:30 Exercises 11:00 Nail Flair W/ Music 1:30 Restorative Fun 2:00 Bingo 3:15 Coloring Fun! 7:00 Evening Snacks-
23/30 9:30 Meet & Greet 10:30 Table Games/Exercises 11:30 Catholic Mass on the TV 1:30 Restorative Fun 2:00 Build A Word 3:00 Balloon Games	24 9:30 Meet & Greet 10:15 Morning Exercises 11:00 Meditation Time 1:15 Tabletop Games 2:00 Catholic Mass/Communion 2:30 Bingo 4:00 Worship w/ Pastor Leo	25 9:30 Meet & Greet 10:15 Tune Up Tuesday 11:00 Meditation Time 1:30 Thanksgiving Trivia 2:00 Movie Matinee 3:00 Guess the Word 7:00 Evening Snacks	26 9:30 Meet & Greet 10:15 Rosary Wednesday 11:00 Morning Stretch 1:00 Tabletop Games 2:00 BINGO STORE 3:00 Worship with Helen 3:00 Concentration Game 7:00 Activities w/ Kim	27 Thanksgiving Day 9:30 Meet & Greet 10:15 Zumba Dance 11:00 Meditation Time 12:00 Thanksgiving Lunch  2:00 Bingo 3:00 Trivia 6:00 Activities w/ Kim	28 9:30 Meet and Greet 10:00 Worship w/ Chaplain Sue 11:00 Friday Fitness 1:00 Relaxation Time 2:00 Resident Council 4:00 Hangman 6:00 Activities with Kim	29 9:30 Meet & Greet 10:30 Morning Exercises 11:00 Finishing Lines 1:30 Restorative Fun 2:00 Bingo 3:15 Nail Flair & Music 7:00 Evening Snacks